



Healthy Schools



INVESTOR IN PEOPLE

## Richard Lander School

Higher Besore Road, Truro, Cornwall TR3 6LT  
Tel 01872 273750 Fax 01872 264372  
+24hrs Absence Line 01872 273772  
enquiries@richardlander.cornwall.sch.uk

Headteacher – Steve Mulcahy BA (Hons)

Wednesday 9th June, 2010

Dear Parent/Carer,

I am writing to inform you that our annual Sports Day will be take place on **Tuesday 29<sup>th</sup> June - 9am to 1pm**. The event will be held on our school fields. During this time, students will compete in a wide range of athletic events and although the majority of the competitions will be individual, students will be representing and scoring points for their learning community. When all the events have finished, the results for each year group will be tallied and a trophy will be awarded to the winning community.

We are obviously hoping for good weather, but in the event that weather conditions make some events dangerous, sports day will be rearranged for Wednesday 30<sup>th</sup> June.

To help us celebrate this event and the talents of our students, we would like to invite parents and family members to come and support their children and their respective learning community. We hope that this will be a fantastic event and one which reflects the quality and ethos of school sport at our school.

We understand that spectators may not be able to stay for the whole morning, so I have attached an itinerary of events so that you can identify when your child is likely to be competing. Please be aware that these are only approximate timings and that they may vary slightly.

We are hoping that around 350 students will compete in Sports Day but this is a whole school event. Those students not competing will watch the events and cheer on their peers and their community. As I am sure you can appreciate four hours outside is a long time and because of this we would ask that all students come prepared for the day. **Therefore if the weather is likely to be cold then students should bring a coat or warm jumper, alternatively, if the weather is hot and sunny then we would encourage students to bring a sensible hat and apply sun cream throughout the day.**

In addition to the actual sports day we will be holding heats/trials during the three weeks leading up to sports day. This will allow a large number of students the opportunity to take part in their favourite events with the best two from each community qualifying for sports day.

So far this year learning community sport has been brilliant with students embracing the competitive but fair nature of sport. (This year only 10 points separates 3 communities) For this reason we are confident that this will be an outstanding event and give our students the chance to show off their sporting talents.

We hope to see you on the 29<sup>th</sup> and if you have any questions about our sports day, please contact me on the above number.

Thank you for your continued support of PE and school sport at Richard Lander School.

Yours sincerely

Mr N. Stoddard  
PE Team Leader

*A Technology College Serving the Community*





**SPORTS DAY 2010  
PROGRAMME OF EVENTS**

Track Events			Field Events		
<u>Time</u>	<u>Event</u>	<u>Year Group</u>	<u>Time</u>	<u>Event</u>	<u>Year Group</u>
9.00 am	1500m	Year 9 Girls	8.45 am	Long Jump	Year 9 Boys
		Year 9 Boys		Triple Jump	Year 10 Boys
		Year 10 Girls		High Jump	Year 9 Girls
		Year 10 Boys		Shot	Year 9 Boys
9.30 am	100m	Year 7 Girls	9.10 am	Discus	Year 10 Girls
		Year 7 Boys		Javelin	Year 10 Boys
		Year 8 Girls		Long Jump	Year 10 Girls
		Year 8 Boys		Triple Jump	Year 9 Boys
		Year 9 Girls		Shot	Year 9 Girls
		Year 9 Boys		High Jump	Year 9 Boys
		Year 10 Girls		Javelin	Year 10 Girls
		Year 10 Boys		Discus	Year 10 Boys
10.00 am	400m	Year 7 Boys	9.40 am	Long Jump	Year 8 Boys
		Year 8 Boys		Triple Jump	Year 7 Boys
		Year 9 Boys		High Jump	Year 10 Boys
		Year 10 Boys		Shot	Year 7 Girls
10.20 am	1500m	Year 7 Girls	10.05 am	Discus	Year 9 Girls
		Year 7 Boys		Javelin	Year 9 Boys
		Year 8 Girls		Long Jump	Year 10 Boys
		Year 8 Boys		Triple Jump	Year 8 Boys
10.50 am	200m	Year 7 Girls	10.35	High Jump	Year 10 Girls
		Year 7 Boys		Shot	Year 10 Girls
		Year 8 Girls		Discus	Year 7 Boys
		Year 8 Boys		Javelin	Year 7 Girls
		Year 9 Girls	11.00	Long Jump	Year 8 Girls
		Year 9 Boys		Long Jump	Year 9 Girls
		Year 10 Girls		Shot	Year 7 Boys
		Year 10 Boys		Discus	Year 8 Girls
11.30 pm	800m	Year 7 Girls	11.25	Javelin	Year 7 Boys
		Year 7 Boys		Long Jump	Year 7 Girls
		Year 8 Girls		Shot	Year 8 Girls
		Year 8 Boys		Discus	Year 8 Boys
		Year 9 Girls	11.55	Javelin	Year 8 Girls
		Year 9 Boys		Long Jump	Year 7 Boys
		Year 10 Girls		Shot	Year 8 Boys
		Year 10 Boys		Discus	Year 7 Girls
12.15 pm	4x100m	Year 7 Girls	11.55	Javelin	Year 8 Boys
		Year 7 Boys		Shot	Year 10 Boys
		Year 8 Girls		Discus	Year 9 Boys
		Year 8 Boys		Javelin	Year 9 Girls
		Year 9 Girls			
		Year 9 Boys			
		Year 10 Girls			
		Year 10 Boys			
1.00 pm	PRESENTATION OF TROPHIES				