

PASTA SALAD

Ingredients

100g pasta

Selection of ingredients from planning.



Method

- 1 Boil water for pasta with a little salt and oil.
- 2 Chop all vegetables.
- 3 Chop meat.
- 4 Prepare any other ingredients.
- 5 Add pasta to boiling water and cook for 12 – 15 minutes.
- 6 If meat is raw then cook by frying in a little oil.
- 7 Drain pasta in a colander.
- 8 Leave to cool or place in cold water and drain again.
- 9 Mix all ingredients together well and put into a container and put in the fridge