



# RICHARD LANDER SCHOOL BULLETIN

## 14TH FEBRUARY 2020

### Dates for your diary

#### FEBRUARY

**Monday 17th—Friday 21st February**  
HALF TERM BREAK

**Tuesday 25th — Friday 28th**  
Iceland Trip

**Wednesday 26th**  
Governors Meeting— Policy

**Thursday 27th**  
PE Fixture - Yrs 7, 8 and 9 Hockey—  
Truro School

Songfest Rehearsal at Princess  
Pavillions  
Clothed Life Drawing Workshop at  
Truro School

**Friday 28th**  
PE Fixture - Year 8 Netball  
Tournament—Penair  
**Saturday 29th & Sunday 1st March**  
Ten Tors Camping Weekend  
Believer, Dartmoor

#### MARCH

**Monday 2nd - Friday 6th**  
School Council Week

**Tuesday 3rd**  
PE Fixture - Year 8 State Schools  
Netball Tournament

Theatre trip to see An Inspector  
Calls in Plymouth

**Wednesday 4th**  
PE Fixture - Cross Country—  
Treviglas

**Thursday 5th**  
World Book Day

**Friday 6th**  
PE Fixture - Year 7 Netball  
Tournament—Newquay

Year 7 Take your Child to Work /  
Meet the Employer

Year 5/6 Handball Tournament  
Sea Cadet Marine Engineering  
Pathway Workshops

**Monday 9th / Tuesday 10th**  
Carrick Dance Senior and Advanced  
Groups—Twilight Workshop at RLS

**Tuesday 10th**  
Year 7 Cornwall Wildlife Trust

Marine Talk  
PE Fixture - Year 7 Hockey Festival—  
Penair & Truro School

**Wednesday 11th**  
Governors Meeting—Finance and  
General Purposes

**Thursday 12th / Friday 13th**  
National Gymnastics Competition—  
Stoke

Carrick Dance Junior Boys and  
Girls—Day workshop at LA Studios

**Thursday 12th**  
Sing Up! Concert at Princess  
Pavillions

Surfers Against Sewage talk.  
PE Fixture - Yrs 7, 8 and 9 Hockey—  
RLS

**Friday 13th**  
Pi Day Eve  
RLS Science Fair

KS1 Multi Skills Festival  
**Saturday 14th & Sunday 15th**  
Ten Tors Camping Weekend  
Dartmeet, Dartmoor

**Monday 16th - Friday 20th**  
Paris Trip

**Monday 16th - Friday 27th**  
Year 7 Progress Reviews

**Monday 16th - Saturday 21st**  
Cornwall Music Festival

**Tuesday 17th**  
14:30 Carrick Dance Performance  
Matinee at Bell Theatre—Brannel  
School

18:00 Carrick Dance Performance  
Evening Performance at Bell  
Theatre—Brannel School

**Thursday 19th**  
PE Fixture - Yrs 7, 8 and 9 Hockey  
RLS

**Friday 20th**  
Yrs 4/5/6 Girls Football Tournament  
**Monday 23rd**

Cornwall Schools Gymnastics at  
Camborne CSIA  
Munich Trip - Parent Information  
Evening

**Wednesday 25th**  
PE Fixture - U15 KO Hockey Final—  
RLS

Governors Meeting— FGB Termly.

**Thursday 26th**  
PE Fixture - Year 7, 8 and 9  
Hockey—RLS

Visit to National Museum of  
Computing—Bletchley Park  
Tempest Year 11 photos

**Friday 27th/Saturday 28th**  
Year 11 trip to Alton Towers  
**Friday 27th**

Year 10 & Year 12 Humanities, Social  
Science and Business Conference at  
University of Exeter - Penryn  
Campus

Year 11 PPE2 Results Day  
**Saturday 28th & Sunday 29th**  
Ten Tors Camping Weekend,  
Dartmoor Scout Hut

**Monday 30th March —Monday  
13th April**  
EASTER BREAK  
**Tuesday 31st March —Sunday 4th  
April**  
Football Trip to Barcelona

#### APRIL

**Tuesday 14th - Friday 18th May**  
GCSE MFL Speaking Exams

**Tuesday 14th - Friday 24th**  
Year 8 Progress Reviews

**Thursday 16th**  
Surfers Against Sewage Talk

**Monday 20th - Friday 24th**  
English Week

**Tuesday 21st - Tuesday 28th**  
GCSE Art and Photography Exams

**Thursday 23rd**  
Year 7 Parents Evening

**Friday 24th**  
Lander4Uganda Easter Sleepover

**Saturday 25th & Sunday 26th**  
Ten Tors Camping Weekend  
Believer, Dartmoor

**Wednesday 29th—Monday 11th  
May**

GCSE Art and Photography  
Exhibition—School Hall

**Wednesday 29th**  
Kernow Youth Book Awards—Eden  
Project

Governors Meeting—FGB



**LEARNING ABOUT HISTOPATHOLOGY**

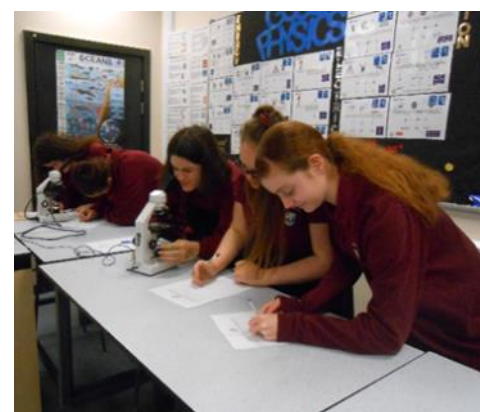
**O**n the 21st January Dr Garvican, a histopathologist, came into school to tell us all about his job and career pathway.

He showed us how slides from cancer biopsies are made and how to tell if a sample is cancerous or not. We had an opportunity to look at some of the slides that he brought with him and then tried to make our diagnoses using a quiz which he had prepared.

This was a really informative afternoon, and you never know, we might just have had the next histopathologist in the lab.

**Ms R Hall  
Science Teacher**

*Histopathologists are doctors who diagnose and study disease using expert medical interpretation of cells and tissue samples. The specialty determines the cause of death by performing autopsies and is integral to cancer management through staging and grading of tumours*



**If you have been taking part in Ms Stretch's classes to learn the 1 Billion Rising Soidarity dance, we hope to see you in Truro tonight for the mass action to end violence against women!**

**1 BILLION RISING  
REVOLUTION 2020  
SOLIDARITY**

One Billion Rising is the biggest mass action to end violence against women (cisgender, transgender, and those who hold fluid identities that are subject to gender-based violence) in human history. The campaign, which launched on Valentine's Day 2012, began as a call to action based on the staggering statistic that 1 in 3 women on the planet will be beaten or raped during her lifetime.

Learn the dance moves to support the 1 Billion Rising flash mob event on 14th February 2020, in Truro!  
Lunchtime classes in the RLS Dance Studio with Ms Stretch on 5th & 12th February 1:15 - 1:55pm.  
It's a simple sequence, all are very welcome!



**CARRICKDANCEPROJECT2020  
UNITY THROUGH DANCE**

THE BELL THEATRE, BRANNEL SCHOOL  
TUESDAY 17TH MARCH 2020  
MATINEE 2.30 TILL 4.30 PM  
EVENING 6.30 TILL 8.45 PM



**TICKETS AVAILABLE FROM EVENTBRITE**



## WOMEN IN LEADERSHIP CONFERENCE 2020

On Wednesday 12th February, Richard Lander School staff hosted a Women in Leadership conference for female students from RLS, Penair, Penrice, Pool Academy, Roseland Academy, Newquay Tretherras and Humphry Davy. Working towards International Women's Day on 8th March, this event was aimed at supporting young women to believe in their own ability to lead and influence others.

With only 7% of FTSE 100 companies having a female chief executive officer at the helm of their organisation and recent research from the World Economic Forum showing that, at the current rate of progress, it will take another 108 years to reach gender parity, this event was much needed to inspire female students. Research by Morgan Stanley has shown that more gender diversity, particularly in corporate settings, can translate to increased productivity, great innovation, better decision making and high employee retention and satisfaction—in other words, strong women leaders are great for everyone!

The day started with a presentation from Lesley Feinberg, Senior Vice President at Pall Corporation, the world's largest filtration, separations and purifications company. Lesley tackled female stereotyping face-on with her confident and relaxed reaction to technical hitches 'when things go wrong, we don't panic' and her message that it is fine to be 'bossy.' Lesley went on to introduce her own sources of inspiration which included Audrey Hepburn and Dolly Parton as, perhaps, less obvious choices.

Students then took part in a carousel of activities; there was an opportunity to 'speed-date' 13 women who are currently employed in leadership roles in Cornwall in a wide variety of settings, from Systematic Anti-Cancer Therapy to liaison for Spaceport Cornwall. As well as finding out more about these working roles, students asked about journeys to leadership and work-life balance. There were also 5 workshops to take part in; communication



with confidence & developing influence, managing relationships & building rapport, impostor syndrome, embracing change & facing up to failure, developing resilience & strengthening wellbeing. Activities included Silent Chinese Whispers, a questionnaire to find out if you suffered from 'impostor syndrome' - nearly everyone did, finding positives and negatives at times of change and a challenge to build a tower from spaghetti and marshmallows.

After lunch, students were treated to a yoga session with Ms Stretch and finished the day with Mrs Madeley's team challenge; a fiendish combination of riddles, Dingbats and lateral thinking questions. With Ferrero Rocher at stake, and a room full of empowered students, the atmosphere was one of healthy competition!

All the students we spoke to said the day had been really useful to them and that they had really enjoyed talking to the guests and connecting with young women from other schools.

The world needs strong female leaders, and we can be sure that, in Cornwall, there are plenty in the pipeline!





### COMBINED TRURO SCHOOLS ART PROJECT



In the Art department, we have been working on the annual combined Truro Schools Art project with Year 9.

The theme for this year was 'bringing the outside inside' and we focused on looking at housing in other parts of the world with an emphasis on shanty housing. Students learnt about the social conditions that many people face in other parts of the world and were able to use their creative skills to design and create pieces of art inspired by this. Some students made shanty houses and some created house fronts as well as other pieces. All students were able to use a fantastic range of materials and much of the work produced, went on to be selected to be displayed in the cathedral, as part of the annual exhibition for the project. The work looks fantastic; exhibited in one of the cathedral alcoves.

The private view on Tuesday 11<sup>th</sup> February also showcased the wonderful work that students from other local schools have produced and, during the evening, awards were given for high commended artwork for each participating school. Huge congratulations to Rebecca Pearson for being selected as Richard Lander School's overall winner!

*The exhibition remains open to the public until the 23<sup>rd</sup> April and is well worth a visit.*

**Mrs N Dalby**  
**Head of Art**

**Combined Truro Schools Art Project**  
**Bringing the Outside Inside**

**Truro Cathedral**

**An exhibition of original artwork by students aged 12 and 14 from schools in the Truro Area**

Tuesday 11th - Sunday 23rd Feb 2020  
**@ Truro Cathedral**





## THE ONLY WAY IS ETHICS

**G**CSE RE students enjoyed attending ‘The Only Way is Ethics’ at Truro School this week. Discussion centred around a wide range of view points about diverse ethical issues including crime and punishment, war, religion, animal experimentation, veganism and climate crisis. There was a panel of representatives from different religions—a prison chaplain, a Catholic priest, a practising Muslim and a practising Buddhist. There was also a judge and 2 police officers. It was really interesting to hear the opinions and life experiences of these delegates and there was much discussion and lively debate amongst our students on the bus back to school too. Thank you Truro School for inviting us!



## EX-LANDER STUDENT HEADING FOR STARDOM!

**Sports Team**—You’ve probably heard them on Radio 1 and Radio 6; they’ve been on the A & B playlists for both stations this year. They are tipped by VEVO, the Guardian newspaper and the music press as the British band to watch in 2020.. They are playing at Boardmasters festival this summer, they just finished a sell out tour and their debut album is on the way.. but did you know one of the band is an ex-Lander student?!

Come back and see us some time please... lead guitarist Henry! We are very excited to have you as alumni!

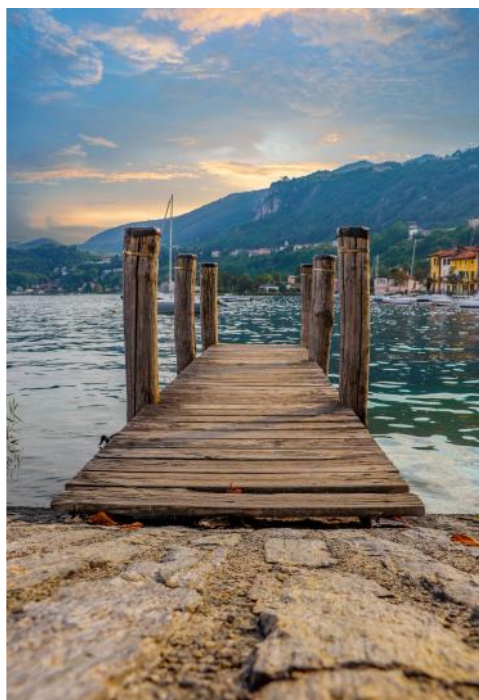
(NB: Some of their live performance stunts are rather dangerous. Don’t try them out please students!)

<https://youtu.be/2sZgiDEmYUI>

## ECO-SCHOOLS STUDENTS PLANT A FEDGE

Eco-Schools students planted the first half of a living willow fedge around the school garden last week. A fedge is combination of a fence and a hedge. Willow was chosen as it is a native species, fast growing, absorbs CO2, provides a habitat for birds and also because it is supposed to be fairly forgiving of less-than-ideal growing conditions. Unfortunately the inclement weather put pay to our plans to plant the second half of the fedge this week but hopefully after half term we will be able to complete the task.





## YOUNG PHOTOGRAPHER 2020

**W**ell done to all the students who entered The Rotary Young Photographer competition this year. The theme was ‘through my eyes.’ There were some excellent entries, with the judges commenting on the particular high standard this year. We are delighted that ex-student, Joe, won

first place in the senior category with his challenging, social media influenced images and George, Year 10, came third with his beautiful photographs from different perspectives.

#rotaryyoungphotographer

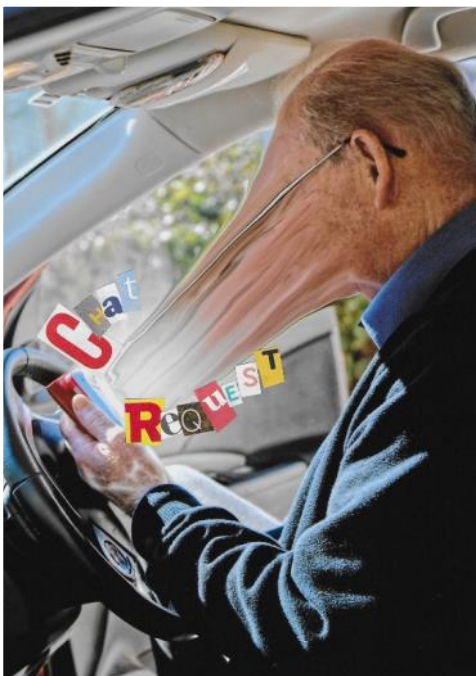
There were many other lovely photographs entered into the competition by Richard Lander School students at both senior and intermediate levels.



Task

To produce a portfolio of three photographs based upon the theme, ‘through my eyes’ in colour or black and white on photographic paper. Miss Wright will happily print on the school photo printer. Just email 3 high resolution jpegs to [swright@richardlander.cornwall.sch.uk](mailto:swright@richardlander.cornwall.sch.uk)

Mobile Phones may be used. Any photos which include recognisable children must include written consent from their parents. In addition, each entrant should provide a brief sentence of what each photograph represents in relation to the theme and fill out an entry form - available from DT Base or Creative Arts Base





WELL DONE TO THE U15 GIRLS HOCKEY TEAM, WHO CAME RUNNERS UP IN THEIR COUNTY AREA TOURNAMENT AND WILL NOW PLAY IN THE COUNTY PLATE FINAL ON 25TH MARCH AT RLS!

They beat MOUNTS BAY 2-0 (two cracking goals by Betsy Robertson and several amazing saves by Jess Buxton) TRURO HIGH 1-0 (scored by Aisling Cook in her first hockey

tournament) and narrowly lost to PENRYN 1-0. It was a fantastic team performance with captain Willow Jeffery leading by example as always.

**SQUAD:**

- JESS BUXTON (GK)
- WILLOW JEFFERY ©
- GRACIE BELCHER
- BETSY ROBERTSON
- MAISY LUKE

- ELLA FINLAY
- MORWENNA TONKIN
- MOLLY DOYLE-LAY
- ZELAH BRADLEY
- JESS LAWS
- LIZZY HARVERSON
- AISLING COOK
- ROMY RUNDLE

*Well done to all.  
Miss Cain*



**EQUESTRIAN TEAM SUCCESS!**

**O**n Sunday 2nd February we had a team of students enter the National Schools Equestrian Association competition at Pontispool. The team came 4th out of 14 national teams – an amazing accomplishment! The team included Abi and Emma Stuart, Tabby McKiernan and Tegen Evans. Many thanks to parents also, for transporting students and horses and staying overnight.





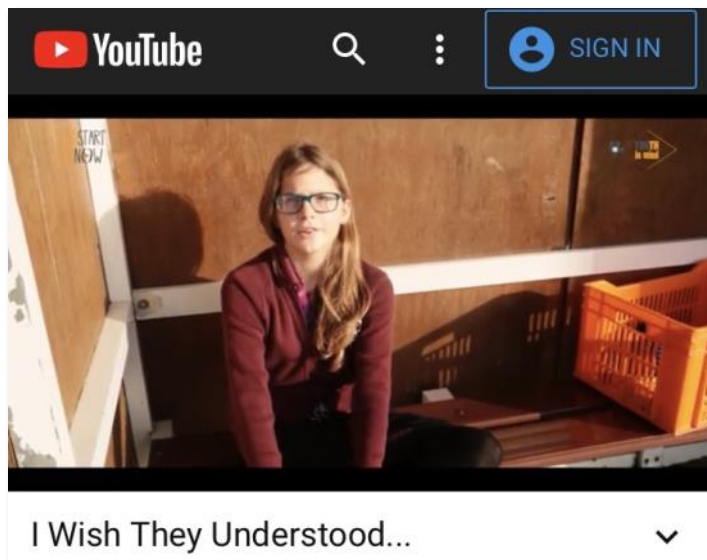
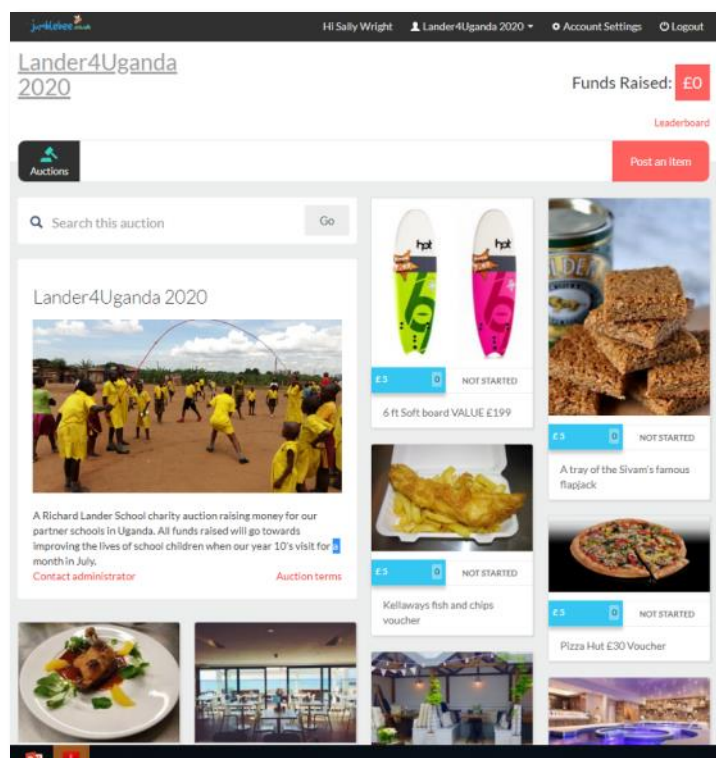
## LANDER4UGANDA ONLINE AUCTION IS NOW LIVE!

The JumbleBee L4U2020 Online Auction opened on Monday and will end at the end of this month. This is fabulous opportunity for you to grab a bargain whilst supporting our/your favourite cause—Lander4Uganda! The prizes this year are better than ever, and there are more being added every day.

Head on over to <https://www.jumblebee.co.uk/lander4uganda2020> to bag yourself a bargain!

Thank you to everyone who has donated a prize:

Lappa Valley, Sabzi Deli, The Rising Sun Truro, Clare's Cottage Artisan Bread and Cakes, Truro Bowl, The Great Estate festival, Kellaways Fish & Chips, Porthtowan Blue Bar, Enhance Your Glow, St Agnes Hotel, Rowe's Bakery, Aveda, Chapel Porth Beach Café, The Alverton, Elite Hair Salon, Finisterre, Philleigh Way, Fal River Cornwall, St Michael's Resort, Taylor Cole Hair, The Unicorn Porthtowan, Uneeka, Pizza Hut, Tregothnan, Kathmandu Palace, Cornish Food Box, Merlin Cinema, Piran Surf, Chiquito, Emily's Café, Exeter Chiefs, Trevaskis Farm, Gylly Beach Café, 108 Coffee House, Eden Project, Prima Bakeries, Spires Restaurant and all of our lovely staff who have donated tuition!



## RLS YOUTUBE STARS WITH HEAD START KERNOW AND PIRATE FM!

Students from Richard Lander School have been involved with #headstartkernow in making a film about the things they wish other people understood.

This powerful and eye opening film has now been uploaded to YouTube. Well done to all involved; there is so much for us all to learn from watching this. #youthinmind

<https://youtu.be/5QDw68Swggo>

**RLS HEALTH MATTERS CHALLENGE**

Can you jog a mile without stopping?  
Can you drink a litre of fresh, cold water every day of the



RLS Health Matters



**Armed Forces Families**

Liaison/Contact member of staff  
Mr T Brooker.  
Students — room 206 or Humanities office any break or lunchtime .  
Parents/Guardians email -  
[tbrooker@richardlander.cornwall.sch.uk](mailto:tbrooker@richardlander.cornwall.sch.uk)



## Year 11 English Revision Programme

**Language Paper 1** **Language Paper 2** **Literature Paper 1** **Literature Paper 2**

The masterclass revision sessions are for students in P1/P2/Q1/Q2 and will be held in the staffroom.

Time and date	Time and date	Topic	Room	Masterclass
Tuesday 25 <sup>th</sup> February 3.30pm-4.30pm	Wednesday 26 <sup>th</sup> February 1.10pm-1.55pm <b>PPE WK1</b>	Language P2 Question 4	005 VWh	
Tuesday 3 <sup>rd</sup> March 3.30pm-4.30pm	Wednesday 4 <sup>th</sup> March 1.10pm-1.55pm <b>PPE WK2</b>	Literature P1 Sign of 4/Xmas Carol	103/AHu 102/HTh	Sign of Four VWh
Tuesday 10 <sup>th</sup> March 3.30pm-4.30pm	Wednesday 11 <sup>th</sup> March 1.10pm-1.55pm	Language P1 Planning & writing: narrative	103 AHu	
Tuesday 17 <sup>th</sup> March 3.30pm-4.30pm	Wednesday 18 <sup>th</sup> March 1.10pm-1.55pm	Language P2 Planning & writing: article/essay/leaflet	102 CAs	Power&Conflict SNI
Tuesday 24 <sup>th</sup> March 3.30pm-4.30pm	Wednesday 25 <sup>th</sup> March 1.10pm-1.55pm	Language P1 Question 4	110a RBe	

Time and date	Time and date	Topic	Room	Masterclass
Tuesday 14 <sup>th</sup> April 3.30pm-4.30pm (CAS/102)	Wednesday 15 <sup>th</sup> April 1.10pm-1.55pm	Language P2 Planning & writing: letter/speech	004 RRe	
Tuesday 21 <sup>st</sup> April 3.30pm-4.30pm	Wednesday 22 <sup>nd</sup> April 1.10pm-1.55pm	Language P1 & P2 AO6	101 SNI	Romeo & Juliet RBe
Tuesday 28 <sup>th</sup> April 3.30pm-4.30pm	Wednesday 29 <sup>th</sup> April 1.10pm-1.55pm	Language P1 Planning & writing: descriptive	003 ALu	Inspector Calls CAs
Tuesday 5 <sup>th</sup> May 3.30pm-4.30pm	Wednesday 6 <sup>th</sup> May 1.10pm-1.55pm	Literature P2 Unseen poetry	102 NTh	Unseen poetry AHu
Tuesday 12 <sup>th</sup> May 3.30pm-4.30pm	Wednesday 13 <sup>th</sup> May 1.10pm-1.55pm <b>(Lit P1 AM)</b>	Literature Paper 1 recap	AHu 103	Sign of Four VWh
Tuesday 19 <sup>th</sup> May 3.30pm-4.30pm	Wednesday 20 <sup>th</sup> May 1.10pm-1.55pm <b>(Lit P2 21/5 AM)</b>	Literature Paper 2 recap	CAs 102	Pow&Conf NTh

Time and date	Time and date	Topic	Room	Masterclass
Tuesday 2 <sup>nd</sup> June 3.30pm-4.30pm <b>(Lang P1 AM)</b>	Wednesday 3 <sup>rd</sup> June 1.10pm-1.55pm <b>(Lang P2 5/5)</b>	Lang P2 Top tips for Q4 & writing	AHu 103	



## YEAR 11 REVISIONS SESSIONS

Time	Mon	Tues	Wed	Thurs	Fri
<b>Lunch</b>	<b>French Foundation</b> 1.00-1.20 /121 (LSH) <b>Business</b> 1.00  <b>Triple Science</b> 1.00 <b>Science</b> 1.00 / 200	<b>French Higher</b> 1.00-1.20 / 122 (JHA)  <b>Maths</b> 1.00  1:15-1:45 in 225 for PCo's <b>Maths</b> 11Q3 <b>Business</b> 1.00 <b>GCSE Music</b> 1.00  <b>BTEC Music – Catch ups</b> 1.00  <b>Child Development</b> 1.00 / 117 <b>AGE'S Maths</b> 11Q6 1.00 - 1.50	<b>Spanish Foundation</b> 1.00-1.20/ 123 (SWI)  <b>English</b> 1.00 (Including 7-9 Masterclasses) <b>Child Development</b> 1.00 / 117	<b>Spanish Higher</b> 1.00-1.20 /125 (LTA)  <b>Textiles</b> 1.00 <b>Business</b> 1.00  <b>Religious Studies</b> 1.15- 2.00 <b>Child Development</b> 1.00 / 117 (Week A) 217 (Week B) <b>History</b> grades 4/5 students by invitation	<b>Child Development</b> 1.00 / 217 <b>Triple Science</b> 1.00 (Week B Cab)
<b>After school</b>	<b>History</b> grades 7-9 3.30-4.15	<b>English</b> 3.30 pm- 4.30 (including 7-9 Masterclasses)  <b>Textiles</b> 3.30-4.30 <b>Drama</b> Log book catch up/ prep for Component / 130 <b>Business</b> 3.30 pm-4.30 pm <b>BTEC Music – Catch ups</b> 3.30 - 4.30 <b>AGE's 11P2 Maths</b> 3.30-4.30	<b>Business</b> 3.30—4.30  <b>BTEC Music – Catch ups</b> 3.30 - 4.30 <b>Child Development</b> 3.30 / 217	<b>Maths</b> 3.30  <b>Child Development</b> 3.30 /217 (week B only)	<b>Child Development</b> 3.30 / 117

Meet the staff  
 Tour the campus  
 Explore your options



# TRURO COLLEGE

# OPEN MORNING

# SAT 07 MAR

## 10AM - 1PM

### START YOUR JOURNEY





# TRURO CITY FOOTBALL CLUB WELCOME

**STUDENTS OF RICHARD LANDER SCHOOL**

**FIRST TEAM MANAGER, PAUL WOTTON, WILL BE DELIVERING A TRAINING SESSION FOR SELECTED PLAYERS AT RLS ON WEDNESDAY 12TH FEBRUARY AT 3.30PM.**

**THE CLUB WOULD LIKE TO GIVE STUDENTS FREE ENTRY TO OUR NEXT HOME GAME AGAINST HARROW BOROUGH ON SATURDAY 22ND FEBRUARY AT TREYEW ROAD BY USING THE TICKET BELOW**



**VS**



**SATURDAY 22ND FEBRUARY 2020, KICK OFF 3PM**



**FREE ADMISSION**



**TRURO CITY vs HARROW BOROUGH**

**TO STUDENTS AT RICHARD LANDER SCHOOL**

**TICKET ALSO INCLUDES £1 OFF BURGERS OR HOTDOGS**

**ONE TICKET PER STUDENT, ENTRY ONLY VALID WITH THE TICKET**



## RLS Safeguarding Update

*If in doubt, shout it out!*



Devon & Cornwall Police

**DON'T BE FOOLED**

Dear Parent or Guardian,

We need your help to warn young people about the dangers and consequences of becoming a money mule.

### **What is a money mule?**

A money mule is someone who transfers stolen money through their own bank account on behalf of someone else and is paid for doing so.

Criminals need money mules to launder the profits of their crimes.

Young people are increasingly being targeted to become money mules. They are approached online or in person, including through social media, at school, college or sports clubs. Sometimes people they know persuade them to take part, often because they are also acting as money mules.

Mules will usually be unaware of where the money comes from – commonly fraud and scams – and that it can go on to fund crimes such as drug dealing and people trafficking.

### **Being a money mule is illegal.**

When someone is caught, their bank account will be closed, and they will have problems getting student loans, mobile phone contracts and credit in the future. They could even face arrest for money laundering which carries a maximum sentence of 14 years in prison.

### **What to look out for**

Tell-tale signs that someone might be involved could be them suddenly having extra cash, buying expensive new clothes or top-of-the-range mobile phones and gadgets with very little explanation as to how they got the money. They may also become more secretive, withdrawn or appear stressed.

You and your child can learn more and get advice by visiting [www.moneymules.co.uk](http://www.moneymules.co.uk) together.

If you are worried that someone close to you might be caught up in money muling, you can contact Crimestoppers anonymously on 0800 555 111.

**Please do not attempt to contact any individual you suspect of organising money muling.**






# Are you worried about a child or young person?

If you think a child or young person might be suffering neglect or abuse contact the Multi Agency Referral Unit (MARU)

**If you see something, say something**

 **0300 1231 116**

 **multiagencyreferralunit@cornwall.gov.uk**

Whilst you may be concerned about involving our services, we do more than check up on children and young people's welfare.

If a family is struggling, we can organise early help and support for them, before any problems become harder to solve.

#### **What information do I need to give?**

The more detail you are able to provide, the better we will be able to help.

If you have noticed that something wrong, other people might have too. A teacher, health visitor or other person that knows the family might have already alerted us, and your knowledge might fill in some missing information that can help.



**Parent & Teen Pilates**  
**Mondays 4pm**



**CLUB**

**FORTNIGHTLY (2020):-**  
**11th January & 25th January**  
**8th February & 22nd February**  
**7th March & 21st March**

**(At TMS Church Hall)**

**Saturdays from 7pm till 9pm**

**11 - 16 year olds**

**Activities: Table Tennis, Pool, Table Top Football, etc.**

**Refreshments Available**

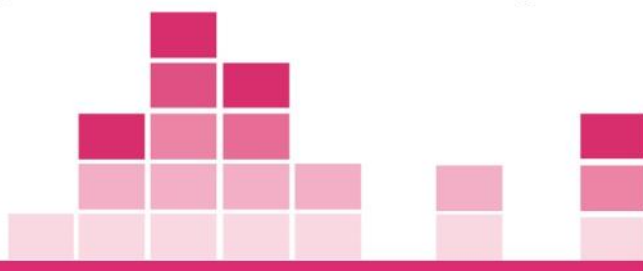


# Write a hit in an afternoon!

Free half term workshop for 13-18 year olds  
19<sup>th</sup> February, 14.00-17.00 at Falmouth University

A free music workshop for young people aged 13-18 to help them develop their song writing talents! The workshop will take place at Falmouth University's Academy of Music & Theatre Arts (AMATA) on the Penryn Campus, 19th February, 14.00 - 17.00. Participants will work on their creative ideas with the aim of producing a song which can be recorded and released through the Hub's record label, Kevrenna Records.

Book via Eventbrite or  
email [CMEH@cornwall.gov.uk](mailto:CMEH@cornwall.gov.uk)



Cornwall Music  
**Education Hub**

**FALMOUTH**  
UNIVERSITY

[www.cornwallmusiceducationhub.org](http://www.cornwallmusiceducationhub.org)





# **Community Friendship Cafe**

**Loss, grief and beyond...**

**Activity calendar:** St Michael's Church Hall, Perranporth TR6 0JX

**January 21<sup>st</sup>**

**Nikki & Kevin**

**February 18<sup>th</sup>**

**Clay activity - 'Sense of Self' -**

*'You in clay' with guidance from Artist and Nurse Lollie Brewer*

**March 17<sup>th</sup>**

**Aromatherapy for Wellbeing - drop by session.**

*Find out more about how Aromatherapy can help with wellbeing and symptom management at our drop by session - With complementary Therapist Bridget,*

**April 21<sup>st</sup>**

**Nikki & Kevin or Anne**

**May 19<sup>th</sup>**

**Aromatherapy for Wellbeing - drop by session.**

*Find out more about how Aromatherapy can help with wellbeing and symptom management at our drop by session - With complementary Therapist Lesley*

**June 16<sup>th</sup>**

**Nikki & Kevin or Anne**



# DiaspAURA

Shining a light on Cornish ingenuity across the globe

## LIGHT FESTIVAL St. Day Old Church TR16 5LD

Every night:

**Friday 21st Feb 6pm - 10pm**

An evening of **FREE** illuminated fun  
6pm: Community **Lantern Procession**.  
Meet at Mineral Way, Telegraph Hill  
6.30: Lanterns parade to **Old Church**

**Saturday 22nd Feb 6pm - 10pm**

Inside: **TICKETS** £8 (adult) £2 (child) £18 (family)  
Book online at [crbo.ticketsolve.com](http://crbo.ticketsolve.com)  
6.15pm: Symply Symons  
7.30pm: Three Daft Monkeys  
9pm: Hanterhir The Star Inn Bar + local food  
Outside: **FREE** lanterns, artwork + more!

**Sunday 23rd Feb 6pm - 10pm**

An evening of **FREE** illuminated fun  
**Cornish Choirs** including the Day-Light Choir,  
Red River Singers and Ingleheart Singers

- Laser projections
- Large-scale projections
- Illuminated artwork
- Lanterns
- Creative activities
- Local food + drink
- Beats + Roots Café, Truly Crumptious
- The Day-Light Choir
- 'Spirit of Light' illuminated dancer + drummer duo

More info, tickets, get involved:  
[www.thedaylightgroup.co.uk](http://www.thedaylightgroup.co.uk)



Supported using public funding by  
**ARTS COUNCIL ENGLAND**





Day-Light Group

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## LIGHT FESTIVAL

### FREE Workshops

To brighten up your February!

#### Family Lantern-Making Workshop

Sat 15th Feb  
St Day Church Hall, TR16 5LD

11am - 1pm

Come and help Clare build an angel lantern for the opening night of DiaspAURA Light Festival procession.

No experience needed. Wear **old clothes**.

2pm - 5pm

Wear your **old clothes** and prepare to get a bit messy. Create a colourful lantern to carry on the opening night of DiaspAURA Light Festival.

All materials provided.

For more info visit  
[www.thedaylightgroup.co.uk](http://www.thedaylightgroup.co.uk)  
facebook: @thedaylightgroup



#### Serpent Dance and Processional Dance Workshop

Sat 15th Feb 11am - 1pm  
St Day Church Hall, TR16 5LD

A fun and lively way to learn some traditional Cornish dances - no experience needed!

Serpent Dances and Furrries have been enjoyed in Cornwall since pre-Christian times, and are remembered by some as a Sunday School 'Tea Treat'. Get moving, laughing and dancing while we celebrate this tradition!

We may head outside, so please bring a **coat** and wear **hard soled shoes** if possible.

Suitable for **ages 6+**, but bring along your little ones if you need to!

Dancing will be led by Cornish bard and Penzance Guiser Helen Musser.

Rythmn will be provided by Colin Seddon - lecturer in Music at Plymouth Uni and former musical director at Wildworks Theatre.

