

MESSAGE FROM THE HEADTEACHER

Dear Parents & Carers,

As we approach the end of term, the staff at Richard Lander School want to express our joy at being able to teach your children in person again and commend all our students for such a positive return to school. It has been terrific watching students interact with their friends and equally terrific supporting students in the classroom as they learn. Clearly your children have benefitted from the care and support you have given them through the period of lockdown and this has kept them safe and positive in their frame of mind.

If your child is in need of any support which the school is not currently aware of, please do contact your child's year group pastoral manager in the first instance, who will make contact with you to discuss this further.

We wish all our families a safe and happy Easter period and hope you enjoy the new freedoms we have as we move slowly out of our current lockdown position.

Steve Mulcahy

RICHARD LANDER SCHOOL HEALTHY WORKPLACE GOLD!

During lockdown we were delighted to receive the Healthy Workplace Gold Award. Mr Bridger, who coordinates all things 'healthy school' was especially pleased as this marks many hours of filling in application paper work, evidencing years and years of wellbeing initiatives for our staff.

At RLS we recognise the importance of keeping our staff fit and healthy alongside our students. There is always an initiative to get us relaxing or exercising together. Currently 17 staff are signed up and training together for the Endurance Life



Classic Quarter—a 44 km relay run from Lizard Point to Lands End—which will take place in May. Many of us have never taken part in any serious running event but under the guidance of Peter Cook, we are confident that we will make it to the finishing line!

Before Christmas, Mrs Toms organised staff wellbeing sessions, giving RLS employees the chance to learn how to paint an acrylic landscape, make a gingerbread house, make recycled wood Christmas bunting or a decorative withy Christmas ball. More recently, Mrs Toms organised the Shero nominations for staff and students—more on this later in this bulletin.

Movember is always a huge event in the RLS staff calendar when our male staff grow moustaches to raise money for men's cancer charities. This usually ends in a giant game of dodgeball but, due to Covid-19 restrictions, this year, they opted for socially distanced yoga instead. Mrs Richards, our KS3 student mentor, is a fully qualified yoga teacher and she kindly delivered this session.

So you see, this is an extremely well deserved and important award for us!



WHAT A TESTING TERM!

After some uncertainty at the very start of 2021, students and staff settled into learning from home with timetabled BBB lessons, live cooking demonstrations and competitions aplenty to keep everyone busy whilst we weathered another 9 weeks of lockdown. Some lockdown highlights later in this newsletter...

We were delighted to welcome students back into school on the

week beginning 8th March, starting with Year 11. With the school now an asymptomatic test centre for COVID-19, and the requirement that all students be tested three times within the first 2 weeks back, this made for an unusual return to school life for everyone, but all of our students managed these new expectations with truly impressive maturity and all agreed that is was simply wonderful to see them all again. Face masks are worn by those who are able to with very little complaint and it is heart-warming to see that the vast majority of these are washable rather than single use, testimony to our amazing students' climate conscience, even in times like these.

Following zero positive in-school test results, students have been given tests to take home which they do on a Wednesday and Sunday evening, the same time as the staff.













Not having to test in school allows for a much more normal school day, while testing at home continues to keep us all safe.

As well as a return to lessons, the PE department were very keen to get students outside, enjoying sport again. After school sports clubs began on the very first day back. This week we have enjoyed Learning Community Hockey and Football—full report on that in the next bulletin.

Last Tuesday marked a year since lockdown began, we took a minute to reflect in silence on sacrifices made, the power of our wonderful NHS, the loss that





Today marks one year since the first Covid-19 lockdown was announced. Across the nation, people are having a 1 minute silence to reflect on the past year.

The last year has been a challenge for us all. We have all made sacrifices to support the common good.

Your staff team thank each and every student for what you have done to support those who are close to you.

In this next minute, let us reflect on how we can continue to support each other, in school and at home, into the future.





so many have suffered and how we can continue to support each other at school and at home.

Please continue to test at home over the Easter break, more information below.

We look forward to welcoming you back after Easter and, with the continued fall in coronavirus infections, the gradual return of all of the things we love about school life.

So it has been a testing term, but in many ways a very positive one.

Testing at home throughout the Easter holidays for schools and colleges

Following the success of the asymptomatic testing programme on the return to school and college, it is vital to keep testing at home throughout the Easter holidays and into the summer term.

Please can students continue to:

- test twice a week at home from now on (all those who are able to)
- report results online and with the school as positive, negative or void. This information is critical in helping us to understand the prevalence of the virus across the country
- · continue to test twice weekly over the Easter holidays
- test before returning to school or college for the summer term, either the night before, or morning of, the first day back, to find and isolate any positive cases







Richard Lander School











G7 - CORNWALL 2021—BUILD BACK BETTER

The UK has taken on the Presidency of the G7 group of nations in 2021. Prime Minister Boris Johnson will gather leaders of G7 nations, the EU and guest countries at the G7 Summit in Carbis Bay, Cornwall on 11-13 June 2021. He will use the UK's G7 Presidency to unite leading democracies to help the world fight, and then build back better from coronavirus and create a greener, more prosperous future.

The G7 (Group of 7) is the only forum where the world's most influential and open societies and advanced economies are brought together for close-knit discussions. The seven members (UK, USA, Canada, Japan, Germany, France and Italy, plus the EU) are all bound by shared values as open, democratic and outward-looking societies and have met annually since the 1970s

HOW CAN WE GET INVOLVED?

With the world's most influential politicians on our doorstep, we are lining up many ways that our students can get involved with shaping the future. With the G7 summit focus being on creating a greener, more prosperous future, the voices of young people have never been more important or relevant.

YOUTH 7 (Y7) CONFERENCE

In 2019 Richard Lander School played a big part in both writing the Green Charter—a declaration of climate emergency and a commitment to improving sustainability within schools and organising a climate emergency conference which was held at University of Exeter campus, Tremough, with over 20 secondary schools in







attendance. The conference was a huge success and would have been repeated annually had it not been for the unwelcome arrival of coronavirus.

Richard Lander School along with Brannel School will be organising a follow up Y7 Green Charter Conference to run alongside the G7 talks to ensure that our students voices, concerns and ideas are heard. We will be looking for a team of students to attend next term. If you are interested, talk to your Geography teacher.



RADIO CORNWALL - BROADCAST YOUR IDEAS FOR A GREENER FUTURE

BBC Radio Cornwall also see the G7 event as a great opportunity to get the real issues facing students to the eyes and ears of world leaders – and want the world to hear what young people in Cornwall want.

After Easter we will be looking for Richard Lander School students to make recordings and posters to share our visions for a more sustainable future.

The recordings can be audio alone or video and needs to focus on a message to the leaders of the G7 and all the VIPs coming to Cornwall this summer, expressing our hopes and fears for the future. Finally recordings need to contain a fascinating fact about your village, town or community so the Easter break could be a good time to start researching!

Poster entries to illustrate your message should be A4 size, landscape aspect, as simple or complicated or colourful as you like and must include the name of our school / college.

As long as the recorded material meets BBC Radio Cornwall's technical and editorial requirements, it will be played on BBC Radio Cornwall and posted on the BBC Radio Cornwall section of the bbc.co.uk website.

Please see Mr Webb (SLT), Miss Wright or any of your Geography teachers if you are interested.

BUT I DON'T REALLY FEEL I KNOW ENOUGH ABOUT THE G7 OR CURRENT AFFAIRS TO JOIN IN...

Discussing the same things as the most powerful politicians in the world? Sound a bit daunting to you?

Fear not, the first and most important thing to remember is that **whatever concerns you COUNTS**, we just want to hear your ideas but, also, if you are in Y9/10 you will be taught about the G7 in school, after Easter..

INSPIRE A GENERATION – G7 YOUTH PROGRAMME

We are delighted that Richard Lander School has been chosen to pilot the **G7 YOUTH PILOT** programme - the delivery of G7 resources through **Year 9/10 lessons** after Easter. As one of only two schools to be chosen, it is great ot know that our students will be the first to be brought up to speed on this monumental event. These resources are being delivered to schools on 12th April so there will need to be a super fast turnaround...







ECO TEAM UPDATE

Eco Schools meetings have continued during lockdown and, since our return, via BBB on Monday evenings at 4:15pm. The

RLS Eco Team have recently presented their ideas for changes to our school canteen to the Senior Leadership Team and RLS governors. We hope to bring you more news on that soon. During lockdown, over 70 students attended a webinar from the World Wildlife Fund on the illegal wildlife trade.

We now have recycling bins in school and the Eco Team are working on a waste themed assembly to be broadcast to all tutor groups after the Easter break. The team are looking forward to the Sustrans Big Pedal from 26-30th April.

With G7 on the horizon, the Eco Team are keen to get involved in the upcoming conference and lessons.

World Wildlife Fund

Webinar about their work protecting wildlife



Lesson Theme: Threats To Nature: Illegal Wildlife Trade

When: Wednesday 10th February 2.30pm

Duration: 30 minutes

How: Zoom - your parents will receive the meeting ID and password by email. If they don't receive it, and you want to attend, please email your Geography teacher.



EXCITING NEW OPPORTUNITY WITH CORNWALL CHAMBER OF COMMERCE



The Eco Team were delighted to welcome Sarah Whipp to their meeting on Monday evening. Sarah works for Cornwall Chamber of Commerce and is also the sister of our Geography Teacher, Mr Whipp. The Chamber has 17 staff and over 250 members. Amongst other things, it offers advice and guidance to help businesses grow and provides networking opportunities through events. The Chamber launched the 'Made in Cornwall' logo we all recognise over 25 years ago!

Cornwall Chamber of Commerce is keen to become a much more sustainable organisation and in turn to encourage their members to improve their sustainability too. The Chamber recognises that, to date, sustainability has not been a priority for them. The Chamber are particularly keen that young people lead on these changes. We are delighted that they have turned to the Richard Lander School Eco Team for guidance and advice.

It is proposed that the 'Greening of the Chamber' be led by our students and then these ideas be disseminated out to the 250 business members of the Chamber. Sarah is keen to implement this more inter-generational approach to the chamber.

For us this is a huge opportunity to influence change for good and to have a lasting impact on the sustainability of our region. It is testimony to our students dedication that they have been chosen to do this. Meetings will start after the Easter break. The team can't wait to get started. Watch this space!





Another great opportunity to get involved with is the CARBON NEUTRAL CORNWALL (CNC) YOUTH

AMBASSADORS programme, organised by Janine Bisson at Cornwall Council. The aim of this group is for young people from different schools to meet each other and share any ideas, projects etc. Janine is proposing Thursday 22nd April at 4.30 for the first meeting. If you would like to join the meeting it will be held in a Google Classroom. Please see Mr Webb (SLT) Miss Wright or any of your Geography teachers for more information.

Janine says 'Our numbers are growing and I'm really excited to be working with your all.'





Message from the Pastoral Team

I trust this communication finds all our families safe and well and looking forward to a well-deserved Easter break. Over the last few weeks, since returning to school, the students have settled into all of the school systems very well, despite the initial fortnight of schoolbased testing.

In order to support students' positive well-being upon return to school, we have addressed very few uniform issues with students, as a way of focusing on a positive and nurturing return to school. After Easter we do expect any small issues that we currently have with uniform to be resolved, so we can have 'business as normal' with uniform through the summer term. We are generally really pleased with the standards of uniform across the school, however there are a small number of issues arising which we would like to clarify for parents/carers.

Jewellery – only one small plain ring can be worn on each hand and a wrist watch. Small studded earrings may be worn (one in each ear). No other facial piercings are permitted.

Make up and False Nails – the wearing of excessive make -up, nail varnish and false nails are not allowed

Hooded sweatshirts – Only the school hoodie or hoodies with the school logo may be worn as a warm layer within school

Socks – plain black socks only. No ankle socks or socks worn over the top of school tights can be worn

Footwear – plain black appropriate school shoes with no logos or other colours. No high heels, steel toe caps, fashion trainers or boots

PE legwear – school PE shorts or games skirt with school logo. Plain black tracksuit bottoms or leggings

For a more comprehensive list of all school and PE uniform items, please see pages 4 & 5 of your child's planner. On a Wednesday, we will continue to allow students to wear their own clothes, unless they have PE, where they should wear correct PE uniform instead

of own clothes.

MESSAGE FROM THE SCHOOL BUSINESS MANAGER

COVID-19 Home Testing

Thank you for supporting your children with their COVID-19 home testing over the past few weeks. The Government have asked us to remind you that they would like your children to continue to test themselves twice per week throughout the Easter holiday. Please remember to register the results with the Government website and also with the school. They should have enough tests in those sent home already to last until the Sunday before we return to school on 19th April. During the first few days of the Summer term we will be issuing the students with more test kits to being home to allow this process to continue into the Summer term.

Positive Cases – Track and Trace

The Government has also asked schools to be available to provide a track and trace system for the school community should a staff member or student test positive for COVID-19 on Friday 2nd or Saturday 3rd of April. If your child does test positive during that time period and has been in school at some point during the 48 hours preceding their positive test or their symptoms starting, please e-mail our COVID@richardlander.cornwall.sch.uk with details of your child and contact details for you. Someone from the school will contact you and go through a series of questions with you to enable us to ask their close contacts to self-isolate for 10 days. Thank you for your support with this.

FREE SCHOOL MEALS

For parents of students who are eligible for free school meals, a voucher to the value of £30 will be e-mailed to you on Friday 2nd April. This will be a Sainsbury's voucher. This is being funded by the Winter food grant which was distributed to Local Authorities to meet the needs of families in their areas.

MESSAGE FROM THE WELLBEING TEAM

Please visit the HeadStart Kernow website: https://www.headstartkernow.org.uk/parents--carers/





Here you will be able to find a variety of parenting and family support as well as information on the Together for Families summer holiday activities.

<u>Looking after your wellbeing – for young</u> people

Information for young people on understanding mental wellbeing, and how to look after it.https://www.mind.org.uk/information-support/for-children-and-young-people/looking-after-your-wellbeing/
#WhatIsMentalWellbeing

MESSAGE FROM THE PE DEPARTMENT

PE in the Summer Term

When we return after the Easter break we will be moving to our Summer PE programme. This will involve students using the field a great deal more. Due to this we would recommend that students bring spare footwear and a spare pair of socks due to the fields being wet for the first few lessons of the day. Doing this will mean students don't need to be wearing wet shoes and socks for the remainder of the day following their PE lessons.

WELCOME TASH, OUR NEW CHIEF COOK! NEW MENUS..

Our new Chief Cook Tash, has done a wonderful job of feeding us this term in the Richard Lander School canteen. Of course, we never doubted she would as she has been working in the canteen for many years under Pixie's management before becoming the boss! Staggered lunchtimes have meant that the canteen is much less crowded than it previously was and it has become a really nice place to sit and relax over dinner with a group of friends. Tash has some great new recipes too. Please see the menus on the following page, which include 8 new vegan deserts!

GET YOUR BIKE SERVICED FOR THE SUSTRANS BIG PEDAL!

With the weather changing for the better and The Big Pedal coming up after Easter, there has never been a better time to get your bike serviced for free. So if you don't want to get your hands clogged up with old oil and grime follow the link below..

halfords



https://x.email.halfords.com/ats/msg.aspx?sg1=adb5e17d7f15b0d1829c14fd73f0d152

Richard Lander School will be taking part in the **Sustrans Big Pedal** from 26 – 30 April.

We will be counting how many pupils, staff and parents, cycle, walk, scoot or use a wheelchair to get to school. We understand that lots of you get the bus of course, but if you live close enough to travel to school by one of these more sustainable methods of transport please consider trying this for this week. On each day of the challenge schools compete to see who can record the greatest number of pupils, staff and parents cycling, walking, scooting or using a wheelchair to school. If over 15% of our school community cycle, walk, wheel or scoot on that day of the challenge we will be

entered into a prize draw.

Aren't these calligraphy pictures lovely! They were done in KS3 DT lessons with Miss Ure during lockdown!



















UPDATE FROM THE ART DEPARTMENT RLS TAPESTRY 2020

You may remember that just before Christmas, staff and students were given small squares of fabric and invited to decorate them, using whichever medium they wanted, to represent something significant about 2020 for them.

These have been coming in thick and fast and there are already some absolute beauties in the box outside the CA base already. Some people have focussed on coronavirus, some on politics, some on virtual learning, on BLM, on the planet..





DAWN FRENCH JOINS IN!

This has made our week! The brilliant Dawn French has sent us her contribution to our tapestry project with a lovely note.

Mrs Wherry optimistically sent the square to Dawn at the beginning of the most recent lockdown.

Imagine how thrilled we were to receive this back!

Thank you Dawn for going to such an effort:)

IT'S NOT TOO LATE TO GET INVOLVED; JUST VISIT THE CREATIVE ARTS DEPARTMENT BASE TO PICK UP A BLANK SQUARE





Follow @richardlanderschoolart on Instagram



Our Richard Lander School Art Department Instagram account posts beautiful artwork on most school days. These posts cheered us all up through lockdown, thank you to all our students who sent in their work.

Here is what the Art department have been up to since we returned to school..





Richardlanderschoolart The end of a great week . It's been busy but also really creative and exciting. We are all enjoying being back in school . This was Year 8 this morning making their clay masks with Miss Ure . Fantastic! #richardlanderschool #studentartwork #claywork #ks3art



Richardlanderschoolart
Great mixed media
architecture piece by
Tiffany #gcseart
#studentartwork



Richardlanderschoolart
Back to basics with Year
7 this morning . All
about the colour wheel





Richardlanderschoolart We can't get enough of the artist Keemo at the moment. More great Keemo inspired portraits by Year 9 #studentart



Richardlanderschoolart Year 8 have been learning all about collaboration. Check out this collaborative art piece from group 8RD.



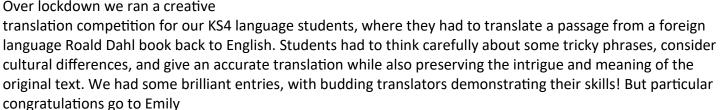
Richardlanderschoolart Some of 8RL's fantastic Michael Craig Martin inspired pieces #studentartwork #michaelcraigmartin



UPDATE FROM THE MFL DEPARTMENT

Spanish Translation Competition

Over lockdown we ran a creative



Dutson, Keren Nieuwoudt and Arya Easwaran for their excellent efforts and impressive translations! If you would like to have a try yourself, here is an excerpt...

Piensas que ya sabes esta historia de memoria, sin embargo la gran mayoría de gente tiene y sabe una versión falsificada de este cuento. ¡Una versión rosada, tonta, cursi, azucarada y falsa! Una que alguien, con la cabeza un poco rancia, consideró mejor para contar a los niños...



What better than a cute pet to cheer a person up in lockdown? Our Spanish teachers certainly enjoyed being introduced to these new students! Thank you for sending your pet portraits in.





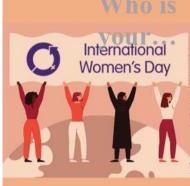












IWD is a global day celebrating the social, economic, cultural and political achievements of women.

This year we would like you to nominate your very own SHERO.

Maybe your mum has been awesome at home-schooling, maybe your teacher has delivered awesome online lessons. Has the lady up the road delivered you brownies to your door, or has your best friend been helping out with volunteer

Anybody could be a hero. We would like you to nominate your very own female hero.

Anyone can nominate and all you need to do is send in your nominations to Mrs Toms, by Friday 5th March to Ltoms@richardlander.comwall.sch.uk

You need to tell me: Who your hero is and Why are you nominating them ___(You can add a picture if you like).

These will then be broadcast on RLS social media and each nominee will receive a

certificate sent to them in the post for being a SHERO!

We will then have a judging panel and some of your lucky SHEROES will win a prize!









INTERNATIONAL WOMAN'S DAY - MEET OUR SHEROES!

To celebrate International Women's Day, Mrs Toms invited us to nominate our female superheroes - also known as - SHEROES!

There were over 50 nominations including the entire female population of Mrs Morgans' Year 11 Physics class and Marion, one of our wonderful school cleaners who makes sure we go home with smiles on our faces everyday and has even been known to bring in dinner for staff who are staying late for parents' evenings! There were also parents, teachers, and other students nominated.. Well done if you received a nomination!

A lucky 4 nominees were then selected as **Super Staff Sheroes** and were presented with a bunch of flowers by the person who nominated them.

This made for a lovely first week back surprise! Thank you to Mrs Toms who organised this for us all

SHERO LOWEN - WALKING ALL OVER CANCER!

An extremely worthy Shero nomination was Lowen, in Year 9 (9SMi) who has spent March doing the 'I'm walking all over cancer' challenge by walking at least 10,000 steps every day to raise money for Cancer Research UK

This proved to be an extra challenge during the lockdown weeks as many of these steps had to be walking around the house.

Lowen has already smashed her £200 fundraising target but her page is still open if you are feeling generous and would like to support this truly inspirational student's efforts!





RICHARD LANDER SCHOOL GIVING BACK - LANDER4UGANDA UPDATE

Our partner schools in Uganda are facing a dire funding situation; the price of food has skyrocketed, schools in Uganda are having to put in place all of the same hygiene/social distancing rules as we are and of course they have lost the thousands of pounds that we take over when we visit – all of this with only a very distant hope of a widely available vaccine. We are determined to help them in their hour of need!

Even though we will not be visiting this summer, this academic year we have raised £1,350.50 by selling second hand school uniform, we are selling raffle tickets to win a giant Toblerone and we are holding a last day of term non-uniform day too. Add this to the £9000 we raised during the 2020 Posho Challenge and we can feel confident that our dear friends in Uganda will know that they are still in the forefront of our hearts and minds as they receive this vital aid.



The L4U Uniform shop is now running short of some items/sizes and we would therefore be grateful for any donations of uniform/PE kit that is no longer needed. Items can be delivered to Student Support or left at main reception. Any enquiries about items of uniform can be emailed to SMold@richardlander.cornwall.sch.uk

Many thanks for all your support!







RED NOSE DAY

Students enjoyed another 'own-clothes day' on Red Nose Day and raised over £1100 for Comic Relief!

Comic Relief helps both millions of people across the UK and around the world. The four areas of focus for Comic Relief *are improving mental* health, a safe place for everyone, a world where children survive and thrive and freedom from fear, violence, discrimination and violence.

Well done to our students for contributing towards this fundraising and, despite already being allowed to wear their own clothes every 'Wash Day Wednesday', taking part in these non-uniform days and contributing £1.



Richard Lander School





ODD SOCKS FOR WORLD DOWNSYNDROME DAY

On Monday 22nd March, hundreds and hundreds of odd socks walked through Richard Lander School. This was to celebrate World Down Syndrome Day, along with diversity, cultural differences, intellectual differences and physical differences. This was such a lovely and simple way to show our appreciation and support for diversity. We loved the way students carefully chose their socks—with contrasting stripes, colours, & patterns. Here are just a few.. Thank you all for taking part!

And remember...diversity is beautiful!



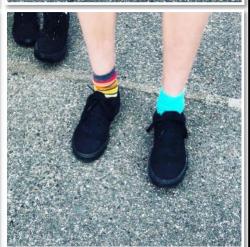




















WORLD BOOK DAY 2021

We celebrated World Book Day in the week before returning to school with staff posting 30 second book reviews on the Richard Lander School social media accounts, reading opening chapters from their favourite books on EStream and a Moodle area full of exciting, creative activities; conjured up by Miss Niles! Students were invited to turn a vegetable into a character from a book, to design a range of book marks, to bake a book themed cake, to send in a photograph of them 'Extreme Reading' in an unusual location, to write a book review on a cereal box or to create a story book event in animation format.

RLS World Book Week ended with a family quiz.

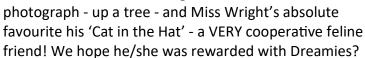
Winners of the Moodle, creative, reading themed competitions from years 7,8 & 9 were awarded £10 Amazon vouchers— which, of course, we hope you will spend on a book or 2! Here are some of our favourite entries..

Maddison's 'Alice in Wonderland' inspired cake beautifully presented and worthy of a professional cake maker!



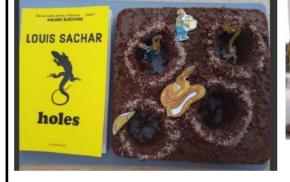


Joe entered 4 categories, we love his avocado dragon, his Nut Clusters cereal box book review, his Extreme Reading









Pen baked this fabulous 'Holes' cake - 'Holes' was also a favourite book amongst our 30 second book reviewers - and we loved his avocado 'Hodgeheg' - a perfect colour combo to match the book cover. Pen also sent us a photo of him hanging from a swing frame, like a bat... reading!

Joshua's wonderful, winning 'stack of books' cake (right) with its eye catching colour combinations and excellent choice of books won him an Amazon gift voucher too.

Congratulations to Prudence on her amazing WBD animation which also won a prize.

Our three Year 9 World Book Day winners were Emily, who designed this beautiful set of bookmarks (next page) which would hold their own on a Waterstones counter!





Also Kara-Jorja; who's stunning Golden Snitch cake (below right) had a magical, ethereal quality about it and finally Lauren, who created a fabulous munch-bunchesque film and also found time to bake Bilbo Baggins a Hobbit House cake (below left)!

And last but by NO means least, Chanel from Year 7, who entered four categories, creating a stunning 'Soul Surfer' inspired cake, sending in a photograph of her Extreme Reading underwater, designing fabulous Harry Potter themed bookmarks and turning a potato in Frida Kahlo!

Well done to everyone who entered; deciding on the winning entries was a tough job for the English department. We hope you enjoyed World Book Week!

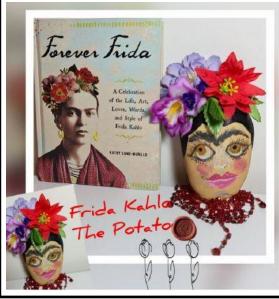




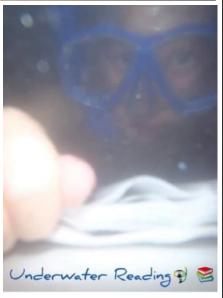














MEDIEVAL CASTLE COMPETITION

Good day everychon, pray behold these wondrous Medieval castles!

Well done to all the students who entered the History Medieval Castle competition during lockdown. There were many fabulous 'bellytimber' entries in cake and cardboard and also an exciting new material never before seen in our annual castle competition - Sand! There were some incredible annotated entries, demonstrating understanding of the importance of defensive features and the building materials available at the time. Diagrams were labelled with great historical accuracy, which warmed the hearts of our History teachers.

3 winners were chosen from each of our Year 7 History classes, some of which can be seen below. Congratulations to:

Annabelle, Jackson, Merryn, Jazz, Liam, Ryan, Daisie,

Jack, Peter, Abigail, Freddie, Joshua, Aaron, Ashley, Evelyn, Lily, Lauren, Maisie, Millie, Summer, Aoife,

Emily, Katie, Ella, Lani, Sithula, Maisy, Seffryn, Archie, Ella, Jude,

Harry, Milo and Sonny!





My castle project

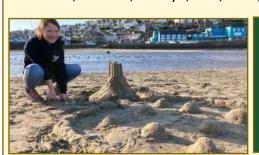
I have made a Stone keep castle.

Its defensive features include a moat, battlements, windows to shoot arrows from and thick, fortified walls. It is the perfect fortress (and you can eat it it as well)!

How I made it

- First, I made 4 batches of rich chocolate cake an them into the oven for 35 minutes.
 After they came out, I waited for them to cool or
 - Soon, I made a teeth-destroying bowl of buttercream and sandwiched my 4 cakes together with it. I also covered the top and sides of the castle.
 When I was finished, I used cake rolls to stick to the
 - The time had come. I whipped up some grey(ish) fondant icing and draped it over the castle. Easier said than donel it took a lot of patience and patching up holes.
 - I was nearly there! Now all I had to do was make some fondant windows, doors and battlements. Again, easier said than done. It was incredibly frustrating (the thin pieces kept breaking) but I did it!

Finally came the best part... Eating it! It was absolute
delicious, if I do say so myself!!!





The type of castle have built is a Concentric Castle. It has a lower outer wall and a talker inner wall. Within the castle walls there is a keep, seek that, Richen, vegetable patch and stables.









Defensive Features

- Steep Hill The positioning of the castle on top of a steep hill makes it hurder to reach the castle for attacking enemies.
- Outer Wall This is one layer of protection on th
- Inner Wall This is another wall of protection. I
 can be used to fice arrows at the enemy.
- 5. Drawbridge Bridges the moat. This will be close
- 6. Portcullis Protects the inner balley of the castle.
- Veg Patch In the event of a siege this would co in handy as it provides food.
- also home to the Lord and his family. Within th keep there is a well, providing fresh water.







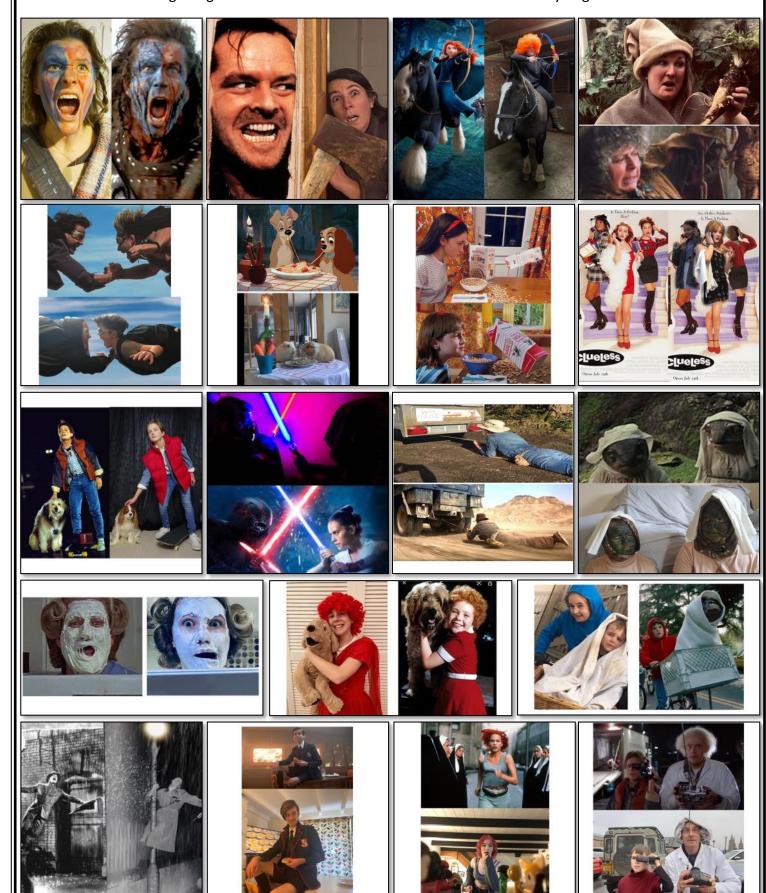






Drama in Lockdown - Movie Scene Recreation

During lockdown, the Drama department challenged students to recreate a famous movie scene, using what they could find in their homes! This proved to be a really popular activity with well over 100 student entries and the RLS Science staff team getting involved as well. Here are some of the entries.. Can you guess the movie?





Are you worried about a child or young person?

If you think a child or young person might be suffering neglect or abuse contact the Multi Agency Referral Unit (MARU)

If you see something, say something

- **2**0300 1231 116
- multiagencyreferralunit @cornwall.gov.uk

Whilst you may be concerned about involving our services, we do more than check up on children and young people's welfare.

If a family is struggling, we can organise early help and support for them, before any problems become harder to solve.

What information do I need to give?

The more detail you are able to provide, the better we will be able to help.

If you have noticed that something wrong, other people might have too. A teacher, health visitor or other person that knows the family might have already alerted us, and your knowledge might fill in some missing information that can help.







KERNOW About Us Nothing About Us Without Us

Aged 16-24?

Live in Cornwall?

Passionate about Climate Change and the Environment?

Looking to gain skills and experience?

This is a unique opportunity to be involved in research which will involve people from different parts of the county and from different organisations (Boing Boing, University of Brighton and HeadStart). It is an opportunity to build confidence, experience, skills and knowledge as well as connecting with new people. Please see the NAUWU Application Form for more information.





startnowcornwall.org.uk







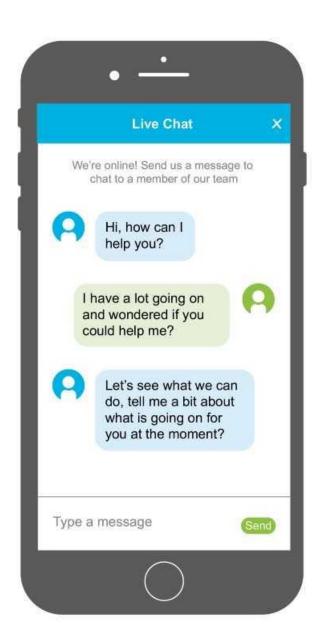


Available every day from 9am-9pm until further notice subject to review & government guidance

Aged 11-25 and need someone to talk to?









Scan QR code or visit us at your-way.org.uk

FYI: we are not a crisis service. If you feel in crisis please contact Childline 0800 1111, Samaritans 116 123, Valued lives 01209901438 or visit The Mix at www.themix.org.uk