



RICHARD LANDER SCHOOL BULLETIN

31ST JANUARY 2020

Dates for your diary

FEBRUARY

Sunday 2nd

South West Floor and Vault
Competition

**Monday 3rd February - Friday 14th
February**

Year 10 Progress Reviews

Tuesday 4th

PE Fixture - Yrs 7, 8 and 9 Hockey -
Penrice

Wednesday 5th

PE Fixture - Cross Country
U15 Indoor Cricket Tournament at
Cornwall Cricket Centre

Thursday 6th

Intermediate Maths Challenge
Youth Speaks Debating Competition
- CSIA

PE Fixture - Yrs 7, 8 and 9 Hockey -
Penair

Friday 7th

Year 5/6 Table Tennis Festival

Saturday 8th & Sunday 9th

Ten Tors Camping Weekend
Plume of Feathers, Dartmoor

Tuesday 11th

PE Fixture - Year 10 Netball
Tournament - Bodmin

The Only Way is Ethics - Truro
School

Wednesday 12th

Women in Leadership Conference
at RLS

Governors Meeting - Personnel

Year 8 Paris Parents Evening -
Canteen 18:00

Thursday 13th

Uganda Trip - Year 10 Parents
Meeting 18:00—19:30

Monday 17th—Friday 21st February
HALF TERM BREAK

Tuesday 25th — Friday 28th

Iceland Trip

Thursday 27th

PE Fixture - Yrs 7, 8 and 9 Hockey—
Truro School

Friday 28th

PE Fixture - Year 8 Netball

Tournament—Penair

Saturday 29th & Sunday 1st March

Ten Tors Camping Weekend
Bellever, Dartmoor

MARCH

Monday 2nd - Friday 6th

School Council Week

Tuesday 3rd

PE Fixture - Year 8 State Schools
Netball Tournament

Theatre Trip to see An Inspector

Calls in Plymouth

Wednesday 4th

PE Fixture - Cross Country—
Treviglas

Thursday 5th

World Book Day

Friday 6th

PE Fixture - Year 7 Netball
Tournament—Newquay

Year 7 Take your Child to Work /
Meet the Employer

Year 5/6 Handball Tournament

Sea Cadet Marine Engineering

Pathway Workshops

Monday 9th / Tuesday 10th

Carrick Dance Senior and Advanced
Groups—Twilight Workshop at RLS

Tuesday 10th

Year 7 Cornwall Wildlife Trust

Marine Talk

PE Fixture - Year 7 Hockey Festival—
Penair & Truro School

Wednesday 11th

Governors Meeting— Policy

Thursday 12th / Friday 13th

Carrick Dance Junior Boys and
Girls—day workshop at LA Studios

Thursday 12th

Sing Up!

Surfers Against Sewage talk.

Friday 13th

Pi Day Eve

RLS Science Fair

KS1 Multi Skills Festival

Saturday 14th & Sunday 15th

Ten Tors Camping Weekend
Dartmeet, Dartmoor

Monday 16th - Friday 20th

Paris Trip

Monday 16th - Friday 27th

Year 7 Progress Reviews

Monday 16th - Saturday 21st

Cornwall Music Festival

Tuesday 17th

14:30 Carrick Dance Performance

Matinee at Bell Theatre—Brannel
School

18:00 Carrick Dance Performance

Evening Performance at Bell
Theatre—Brannel School

Thursday 19th

PE Fixture - Yrs 7, 8 and 9 Hockey
RLS

Friday 20th

Yrs 4/5/6 Girls Football Tournament

Monday 23rd

Cornwall Schools Gymnastics at
Camborne CSIA

Wednesday 25th

PE Fixture - U15 KO Hockey Final—
RLS

Governors Meeting— FGB Termly.

Thursday 26th

PE Fixture - Year 7, 8 and 9
Hockey—RLS

Visit to National Museum of
Computing—Bletchley Park

Tempest Year 11 photos

Friday 27th/Saturday 28th

Year 11 trip to Alton Towers

Friday 27th

Year 10 & Year 12 Humanities, Social
Science, and Business Conference at

University of Exeter - Penryn
Campus

Year 11 PPE2 Results Day

Saturday 28th & Sunday 29th

Ten Tors Camping Weekend,
Dartmoor Scout Hut

**Monday 30th March —Monday
13th April**

EASTER BREAK

**Tuesday 31st March —Sunday 4th
April**

Football Trip to Barcelona



OUT OF THE ORDINALIA

We were delighted to welcome Threemilestone Primary into RLS last week to take part in some 'Ordinalia' themed workshops before being audience to our Year 7 & 8 Drama Club students' production of 'Out of the Ordinalia.'

The younger students learned how to project their voices and took part in movement theatre activities before break time. After break they enjoyed a repeat of the highly acclaimed performance of 'Out of the Ordinalia' which played at

Falmouth University earlier this month and saw RLS gifted and talented KS3 students performing their interpretation of this Medieval Cornish mystery play to VIP from Cornwall Council, Kneehigh Theatre and Kresen Kernow. Our RLS production brought the 'Ordinalia' into the 21st century with a rapping King Arthur and some really interesting props. It took a promenade style format with small scenes springing up all over the place and was thoroughly entertaining and engaging! Well done to all our actors and thank you to Threemilestone for being such excellent participators and audience!

Out of the Ordinalia

A collection of Ordinalia-inspired tales for the HFC Secondary Drama Showcase in collaboration with Kresen Kernow

Tuesday 14th January 2020 7pm at AMATA, Falmouth University
Featuring Penryn College, CAPPA Drama, Richard Lander School, Treviglas School with Launch - Theatre & Performance Training at Cornwall College

Wednesday 15th January 7pm at AMATA, Falmouth University
Featuring Pool Academy, Si Ives School, Bodmin College, Redruth School, Fowey River Academy, Cape Cornwall School with Launch - Theatre & Performance Training at Cornwall College

kresen kernow amata FALMOUTH UNIVERSITY HALL for CORNWALL

CORNWALL COUNCIL CIO5 LEP HM Government NETS CULTURE ENGLAND European Union Cornwall Council





PINK & GREEN DEBATING TEAMS TIE FOR FIRST PLACE AT ROTARY YOUTH SPEAKS COMPETITION

Congratulations to the RLS debating teams who took part in the Youth Speaks competition yesterday evening, hosted by Truro Rotary at Carnon Downs Methodist Church Hall. For the first time this year, the Youth Speaks competition has adopted a new debate format where each team consists of three members with each taking a specific role: a Chairperson, a Proposer (speaking for the motion) and an Opposer (speaking against the motion).

Teams are allocated a total of 15 minutes to present their debate with the recommendation that both the Proposer and Opposer speak for 5 minutes with the Chairperson taking up the remaining 5 minutes for the introductions, a question and summing up.

A system of lights is used to indicate times: Green – start; Amber – one minute to go (14 minutes); Red – end of allocated time (15 minutes). If a team goes over time, penalty points are incurred.

Our Y8 ‘Pink’ team debated ‘Gender equality is an impossibility’

Our Y8/9 ‘Green’ team debated ‘Climate change is the greatest threat in human history’

Both ‘Pink’ and ‘Green’ performed superbly; presenting well-researched, well-expressed arguments with passion and pizzazz to an engaged audience. After an interval for refreshments, the results of the competition were announced. The judging panel found it too difficult to choose between the two excellent RLS teams and decided to send both on to the next round which will take place at Camborne Academy next Thursday at 4pm. We are delighted with this very fair result and would like to thank Truro Rotary for all their hard work organising the competition. Best of luck to both teams next Thursday!

Next Monday in tutor pm, all students can get involved. Godrervy and Towan will converge in the Hall for the inter-community debate final. The topic is ‘This house believes it is a disadvantage to live in Cornwall.’





ECO-SCHOOLS TRIP CORNWALL ENERGY RECOVERY CENTRE

Eco-Schools students visited the Energy Recovery Centre (CERC) last week. CERC opened in 2017 and handles 240,000 tonnes of domestic waste each year, which can power up to 21,000 homes. The visitor's centre is really interactive with quizzes and a team challenge which appealed to our very competitive students. SUEZ make it very clear that Reduce, Reuse, Recycle are much, much better for our planet than Recovery, even though the recovery method of dealing with waste produces electricity. This is due to greenhouse gas emissions and scarcity of resources. Recovery is better than landfill though because landfill produces methane (21x more potent than CO₂) and leachate. Thank you ever so much to Emma Emmens for the really interesting tour. The Eco-Schools team are now looking forward to visiting the Bodmin Materials Recycling Facility Visitor Centre later this term. These photos show the visitors centre, a grabber turning over the black bags of waste and Emma showing us the difference in temperature within the waste stack.





YEAR 7 MEDIEVAL CASTLES COMPETITION

Every year the History Department organise the Year 7 castle competition and every year the castles seem to get better. This year was no exception! We saw a fantastic variety of castles using different materials; cake, wood, real stones, concrete, Weetabix, cardboard, modelling materials, polystyrene and even a moat made from epoxy resin. The History Department and Year 11 judges, Abbie Harrison, Emma Wase and Caitlyn Rowe, were blown away by the standard of castles in the final. The top 3 castles in Year 7 were made by Mia Rogers, Imogen Barnard and Luke Busby. The runners up were Isabella Berry, Morna Hamilton and James Wotton.

All the finalists were given a certificate and the top 3 were awarded gift vouchers worth £10. Many of the castle finalists have their castles on display in the Library, and the winning castles are displayed in the Head teacher's office.

Mrs H Rickatson, Head of History





WOMEN IN LEADERSHIP 2020

12th February Richard Lander School



As part of Richard Lander's work towards International Women's Day on 8th March 2020, we are hosting a Women in Leadership Conference aimed at supporting young women to believe in their ability to lead and influence others.

As of June 2019, only seven percent of FTSE 100 companies had a female chief executive officer at the helm of their organisation. For FTSE 250 companies there were even fewer female CEOs with just five companies having a woman at the head of these businesses.

Gender inequality in the workforce is an issue future generations will continue to face; recent research shows that at the current rate of progress it will take another 108 years to reach gender parity (World Economic Forum Global Gender Gap report 2018).

More gender diversity, particularly in corporate settings, can translate to increased productivity, greater innovation, better decision-making, and higher employee retention and satisfaction. (Morgan Stanley: An Investor's Guide to Gender Diversity 2017)

Working within education to change cultural gender stereotypes is key to speeding up that pace of change. Our conference aims to:

- encourage young women to see themselves in leadership positions
- allow young women to recognise the benefits they bring to leadership positions
- support young women to challenge cultural stereotypes in their day to day lives
- examine the barriers currently facing female leaders (and future leaders)
- support young women in developing a deeper understanding of the skills, qualities and attributes needed to be a successful leader

During the day students will meet inspirational women of all backgrounds and take part in activities that will develop skills and challenge aspirations. Workshops include:

- communicating with confidence, developing influence
- managing relationships and building rapport
- Imposter syndrome: what it is and how to overcome it
- embracing change and facing up to failure
- developing resilience and strengthening mental wellbeing

"It's the next generation that will close all these gaps. It's our responsibility now to open up all these conversations and opportunities, so the next generation of female leaders can come in and be the change we want to see" Shelley Zalis, CEO of The Female Quotient.



SPORTS REPORT

U16 Regional Netball Tournament @ Bournemouth Saturday 25th January 2020

For the second time in their 5 years at Lander, our amazing U16 netball team qualified for the regional final at Bournemouth. They have been county champions three times and regionalists at U14. So.....we knew what we were going to be up against and the girls trained hard with Lucianne Stribley leading up to the weekend away.

With a week to go, Hebe Rudin was ruled out through illness and this was a huge blow as she is such a key member of the team and a totally awesome goal scorer. Georgie Luscombe recovered just in time from tonsillitis to make the trip and Amelie Coombs stepped in at the last minute to add strength in depth to our squad.

Our first match was against the mighty Millfield (who went on to win the whole tournament) and there was great excitement as we turned over their centre pass and scored from it, going on to double our score in the next few seconds from our own centre. Sadly, we couldn't keep this amazing start going and succumbed to them. The next few games were closer, losing frustratingly by only a single goal in one of them. Our injury list unfortunately grew throughout the day, with Fran Stanier-Smith and Greta Downing both picking up injuries which meant they could no longer continue to play in the tournament. In our 6th and final match, the RLS girls showed huge amounts of team spirit, resilience



and determination, as they were all very tired and for some playing out of their favoured position. They put in an impressive final effort and should be very proud of themselves as we all are.

AMELIE SELLERS
MAISY BOWDEN
LILY BURTON
AMELIE COOMBS
Well played everyone!
Miss Cain

We might not have won the tournament, but the girls acquitted themselves very well and were, as always, a pleasure to take away. Good luck for your future Netball careers and thank you for being such a wonderful team over the past 5 years and playing Netball to such a high standard for the school.

U16 Netball squad:
HEBE RUDIN
GRETA DOWNING
MADDIE PIPPIN
FRAN STANIER-SMITH
TASH MARTYN ©
HANNAH BARBER
GEORGIE LUSCOMBE



Richard Lander School
PE and Sports Department
Year 7A Girls Netball Team



Richard Lander School
PE and Sports Department
Year 9 Netball Team
2017/2018



SPORTS REPORT

U16 GIRLS FOOTBALL TEAM - COUNTY CHAMPIONS

Last week the U16 girls became County Football Champions for the 2019/2020 season, beating Callington 4-0 in the process.

The girls were seriously impressive and tireless in the pursuit of the win! Beth Ireland scored a sublime goal, Sophie Buchanon scored two stunning goals and Faith Sanderson's goal was just spectacular.

Over the past five years the now Year 11 girls have been in five finals with wins in Y7, Y9 and Y11! Well done girls!!

Mr R Parker
PE Teacher



SOUTH WEST MILANO GYMNASTICS COMPETITION 2020

Richard Lander School was superbly represented, last weekend, at the South West Milano Gymnastics Competition in both the girls and boys U14 categories.



Well done to Harry, Lucas, Oli, Ella, Freya, Maija, Mia, April and Morna who performed very well indeed with some incredible results! The girls team finished 3rd overall and the boys team won their category with individual recognition for Oli in second place and Lucas in third.
Ella Fern, right, was named South West Champion!



Our gymnasts compete again this weekend, in the SW Floor and Vault and we wish them all the best



SPORTS REPORT

WEST CORNWALL INDOOR CRICKET TOURNAMENT

On Tuesday 21st January, our U13 Boys Cricket team took part in the West Cornwall Indoor Cricket tournament. In this 5 team tournament our team started very slowly, falling to defeats to local rivals Penair and Truro School. Despite batting well, our fielding and bowling was well below par and we scraped through the group stages due only to a superior runs scored total with Penryn becoming the eliminated team. This meant we met Penair again and, with a much improved performance, we ran out clear winners. With Truro School easily defeating Camborne in the other semi, we met Truro School again in the final. Truro School put in a brilliant batting performance setting us an



improbable 74 to win in just 5 overs, i.e. 30 balls. The Richard Lander School team responded with an equally impressive batting display, combining great stroke play with aggressive running between the wickets. In a thrilling finish we needed 15 off the last five balls and 3 off the last ball to win. Against all the odds this was achieved and we were crowned **West Cornwall Cricket Champions**

for the 2nd year running. This means we will now defend our County title in March of this year.

Massive congratulations must go to all 7 players who represented the school. They were; Lleyton Stribley, Jowan Kerry, Elliot Stoddard, James Leggett, Jake Walker, Henry Starr & Callum Solway.

Mr N Stoddard, Head of PE



Shout out to the amazing Year 8 & 9 Girls Active students!! These students attend Girls Active club, with Mrs Martin, every week and run regular activities for our primary partner schools. They are dedicated, enthusiastic and very energetic!





CROSS COUNTRY UPDATE

On Saturday 18th January, 21 of our top Cross Country runners competed in Newquay for the annual Cornwall Schools Cross Country Championship. This is a really high level competition and credit must go to all our runners for competing at this challenging level.

In very muddy and challenging conditions, although the usual gale force wind and howling rain thankfully wasn't around this year, our students once again did themselves and the school proud.

In a field of over 200 athletes from 24 Cornish secondary schools, our

result highlights were:

Individual

Year 7 Boys – 1st and County Champion - Charlie Luke

Year 8/9 Boys – 3rd - Luke Mills

Year 10/11 Girls - 1st and County Champion - Maisy Luke

In addition, we had several other students who also finished in the top 20 places and will therefore be considered for Cornwall selection at the South-West Championship to be held at Kings Park, Bournemouth on Saturday February 8th.

Team

Our **Year 8/9 Girls** finished 1st in the team competition – They were; Pollyanna Gardiner, Erin Goldring,



Ruby Ali, Bridie Buist, Olivia Dupuy and Flo Davey

Well done to all the students that took part and special congratulations to the trophy winning students pictured here!

Mr N Stoddard, Head of PE



FOOTBALL - RLS VS OAK TREE SCHOOL

On Wednesday 22nd January, RLS played Oak Tree School on the RLS all-weather pitch in an exciting and very tightly contested football match. Goals from Zhyen and Ryan made it 2-0 to RLS at half time. A late rally from Oak Tree saw Leighton score a 18 yard screamer. Oak Tree pushed for an equaliser but the RLS defence held firm. Final score 2-1. A fantastic victory for RLS in front of some the largest crowds ever to grace the facility. Thanks in particular to Alfie Griffiths and the ARC staff for their help and support.



CAREERS PILOT WORKSHOP WITH NEXT STEPS SOUTH WEST.

On Thursday and Friday last week all Year 9 students had a workshop from Next Steps South West. The workshops encouraged students to think about their future and gave them a brief insight into further and higher education choices.

All students then registered on to the Career Pilot website to explore future careers. The website has a wealth of information about careers in different job sectors and hundreds of detailed job profiles giving entry requirements, career progression and expected working hours and salary.

Once signed up students can continue to use the website for future research and their dream job.

RLS HEALTH MATTERS CHALLENGE

Can you walk a mile every day this week?

Can you swap chocolate for fruit?



SEXTING AND 'NUDES'

As part of Richard Lander School's work on E-Safety, Devon and Cornwall Police are coming into assemblies during the week of 3rd February to talk to our students about sexting and 'nudes.' Sexting is sending, receiving, or forwarding sexually explicit messages, photographs, or images, primarily between mobile phones, of oneself to others.

If any parent has any concerns over the assembly content or would prefer their child not to be in the assembly, please can they contact Mrs Toms in advance. Mrs Toms is best reached by email on ltoms@richardlander.cornwall.sch.uk or call the school on 01872 273750 to arrange to speak to her.

FOODBANK FINAL TOTAL!

A huge thank you to everyone who brought £1 or an item of food for either the non uniform day or the reverse advent calendar initiative! The money has been counted, the food has been weighted and we donated... drum roll...

£730.39 in cash and 594.7 kg in food donations!



Do you use a foreign language in your working role? Could you support our students at a languages careers event? If you can help please contact ngrenfell@richardlander.cornwall.sch.uk

Sp Adobe Spark



Armed Forces Families
Liaison/Contact member of staff
Mr T Brooker.
Students — room 206 or Humanities office any break or lunchtime .
Parents/Guardians email - tbrooker@richardlander.cornwall.sch.uk



LANDER4UGANDA 2020 COULD THIS TEAM BREAK ALL FUNDRAISING RECORDS?



After last year's L4U 2019 fundraising record breaking total of over £37,000 and the extremely impressive total the year before of £28,500, we really didn't think it would be possible to come even close to this ever again ... but.. it's fair to say the L4U 2020 team have made a superb start, and, as January draws to a close, they have already banked a staggering £23,723.98!

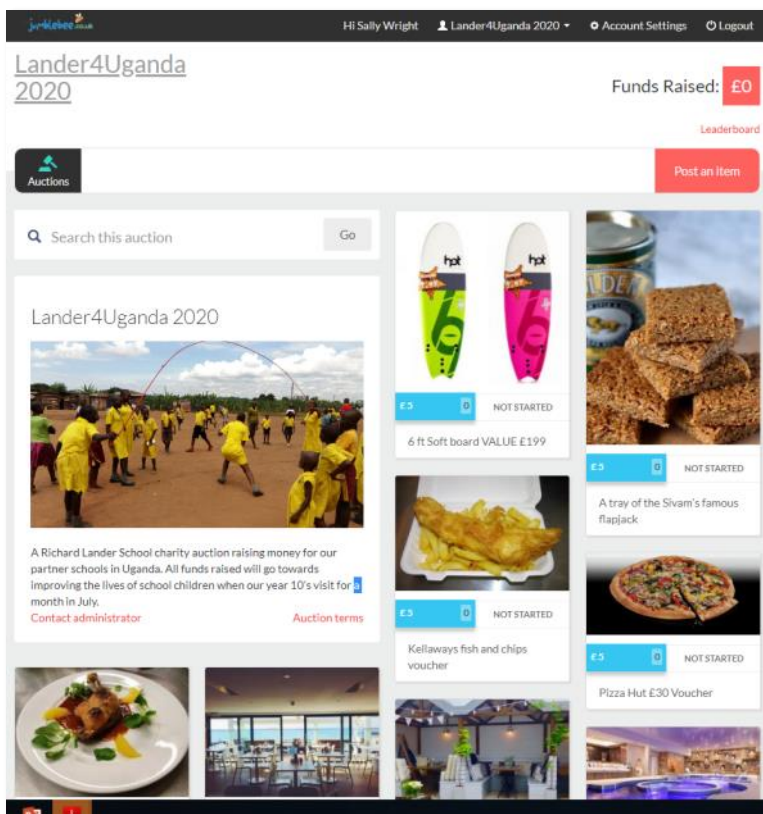
Festive Fundraisers!

Recently 2 bag packs in Morrison's, Newquay, and Tesco, Redruth contributed nearly £2000 to this total, along with our kind students contributing money instead of buying and accepting Christmas presents, and the creative crafters on the L4U team raising funds by selling their wares at Christmas fairs. Other festive fundraisers included selling candy canes, a wreath making workshop, bake sales and, of course, the RLS Santa Run!

L4Uniform

Our L4U Uniform Shop is now in its 3rd year of trading. It has raised over £4,500 this year alone and over £8,200 in total! We estimate that second hand uniform has also probably saved RLS parents over £15,000 as well as being far kinder to our planet than buying new :)

The L4U Uniform Shop is always grateful for donations of clean uniform in good condition. Please contact



Mrs Anderson in Student Support or bring uniform to parents evenings or other school events where a L4Uniform rep will be delighted to take it off your hands!

...Coming Soon....

Lander4Uganda Online Auction 2020

On Monday 3rd February, Mrs McGregor will be opening the 2020 **JumbleBee L4U2020 Online Auction!** This is fabulous opportunity for you to grab a bargain whilst supporting our/your favourite cause. I have been lucky enough to a sneak peak of some of the lots, there are **loads** of them and they are **amazing!** There is a brand new soft board, kindly donated by Hot Surf 69, 2 brand new Finisterre jacket, meals at so many of your favourite local restaurants and a signed Exeter Chiefs Rugby Shirt to mention just a few tempting prizes..

Thank you so much to all the students, parents, staff and wider L4U community who have donated or collected an auction lot, bought an item from our fundraising stalls, bought a coffee from Café Uganda at a parents evening, sponsored a student, gone without a Christmas present, driven students to bag packs or helped in any other way. We couldn't do it without you!!



UPDATE FROM THE MUSIC DEPARTMENT

The Music department have been running workshops for our gifted and talented musicians this half term. We were delighted to welcome Sally Bartholomew into school to offer students a bassoon taster class. As the bassoon is now seen as being an endangered instrument; threatened with extinction as not enough students are learning to play it, there are discounts available for students wishing to take lessons with CMST! Richard Meyrick also came into school last Wednesday and offered



a piano masterclass to some of our most talented pianists. This was a really great opportunity to get some tips from a professional soloist on musicality and expression.



TEN TORS UPDATE—FIRST CAMP

The weekend before last, 27 students travelled to Dartmoor to take part in their first Ten Tors training camp. On Saturday 18th January, students carried 15kg rucksacks for 18km before setting up camp behind the Fox and Hounds Inn, near Lydford. They had access to running water and toilets but no other facilities. They cooked their



dinner by torchlight on Trangia stoves before crashing out for the night. On Sunday they rose bright and early to pack up their tents and walk a further 17km. This year, for once, the weather was kind and students and staff enjoyed a glorious weekend of clear skies and tiring, yet invigorating, walking. As well as getting stronger with every training walk, our student's navigational skills are rapidly improving thanks to Rick's expert tuition! Well done to all who took part! The next TT training camp will take place on the 8th/9th February.



Ten Tors First Camp - Fox & Hounds, Dartmoor

Distance 18.07 km Elev Gain 537 m Achievements 3





Finding your way...

Student Support on offer at Richard Lander School

Tutor

Your tutor is someone you see twice a day, everyday! They are a friendly face who is always there to talk to and help.

HOY

Your HOY within Student Support is always there to listen and help you with any problem you may have. They can also signpost you to external agencies.

TAs

You may have a teaching assistant in your lessons and they can become one of your everyday support systems. They can help you with a range of problems. Please see them in the LRSC.

LRSC

The LRSC: Learning Resource Support Centre offers a quiet space at break and lunchtime as well as support with homework, access to books / ICT, exam access arrangements and support, dyslexia resources and much more. We have a Lego club too.

Teachers

Teachers can also offer support. You can speak to any teacher in school regarding any issue. If they can't deal with it for you directly, they can signpost you to someone who can.

DDSL

You can speak to Mrs Rippon about anything that may be worrying you. You can pass onto them anything about yourself or another student who may be at risk.

PP:ELM

Miss Carr provides support for Pupil Premium students. This includes revision and homework support, subject intervention, help with improving attendance and much more. Drop in sessions are at break and lunch time in the mentors office.

ERWM

Mrs Mitchell, the emotional resilience wellbeing mentor, offers a range of interventions such as mindfulness lunch, gardening club and animal therapy. Drop in times: Mentors Office (8:15-8:30, break time, 13:00-13:15) for emotional wellbeing support.

Groups

Weekly groups run in school at lunchtimes including the Feel Good group, LGBTQ group, Young Carers group, Social Skills, CURL club and more. These are in addition to the wide range of lunchtime clubs on offer. Please see the termly clubs booklet.



STAGEZONE YOUTH THEATRE

YOUTH DRAMA GROUP FOR 6-18 YEAR OLDS



Would you like to gain confidence in a friendly youth drama group?

Weekly sessions in both Truro and Carnon Downs



Get off your phone and join Stagezone!

PLACES AVAILABLE

Tel: 07967 828770



www.stagezoneyouththeatre.com
Email: stagezoneyouththeatre@gmail.com
Follow us: @stagezoneyouth

SYT

STAGEZONE YOUTH THEATRE



Are you worried about a child or young person?

If you think a child or young person might be suffering neglect or abuse contact the Multi Agency Referral Unit (MARU)

If you see something, say something

 **0300 1231 116**

 **multiagencyreferralunit@cornwall.gov.uk**

Whilst you may be concerned about involving our services, we do more than check up on children and young people's welfare.

If a family is struggling, we can organise early help and support for them, before any problems become harder to solve.

What information do I need to give?

The more detail you are able to provide, the better we will be able to help.

If you have noticed that something wrong, other people might have too. A teacher, health visitor or other person that knows the family might have already alerted us, and your knowledge might fill in some missing information that can help.



Parent & Teen Pilates

Mondays 4pm



CLUB

FORTNIGHTLY (2020):-
11th January & 25th January
8th February & 22nd February
7th March & 21st March

(At TMS Church Hall)

Saturdays from 7pm till 9pm

11 - 16 year olds

Activities: Table Tennis, Pool, Table Top Football, etc.

Refreshments Available



GRAMPOUND RD YOUTH CLUB OPENING PARTY

*Our weekly Youth Club is kicking off with a PARTY!
Come join in the fun and tell us what you want YOUR
Youth Club to be like! Tell your friends!*

*Volunteers still needed to help shape the club, a small amount of your
time can make a HUGE difference to the young people of our village!*

*Weekly Club begins
Friday 17th of January 6-8pm
Grampound Road Village Hall
For ages 10 - 17 years*





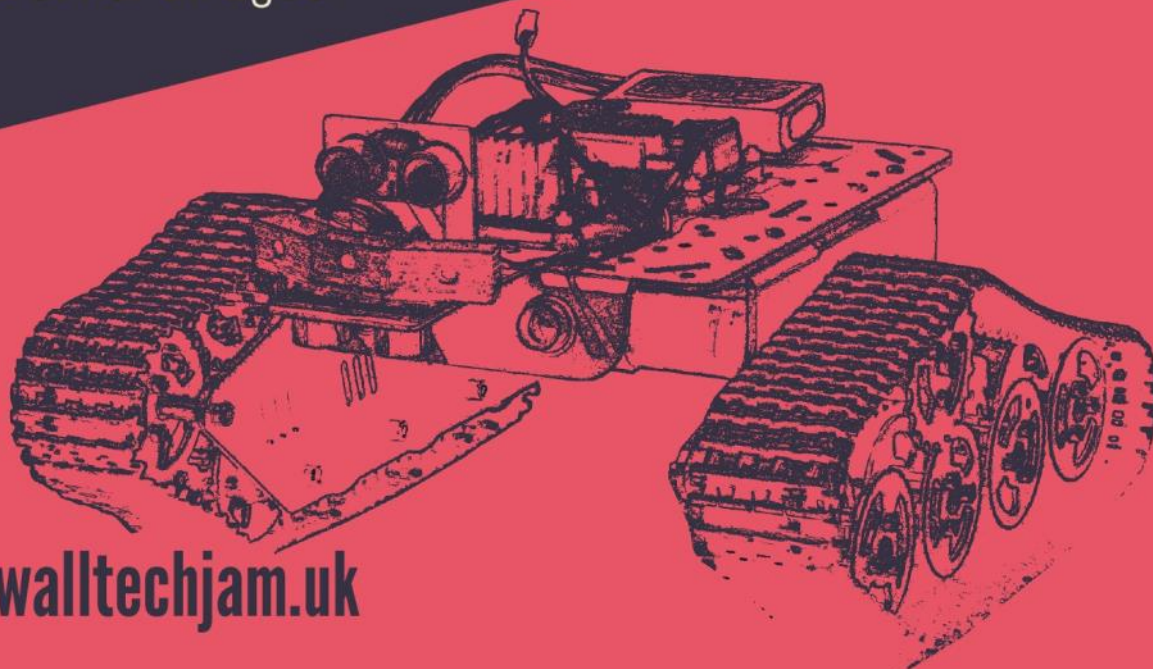
SOFTWARE CORNWALL

TECH JAM

BODMIN, CHY TREVAIL

FEBRUARY 8TH 2020
10AM ~ 1PM

Free opportunity to learn digital making
& computer coding with Raspberry Pi,
Microbit, Rovers and
more. For all ages.



cornwalltechjam.uk



Greenwave
interactive
FLAT PACKED
THEATRE

Day-Light
Group

Laboratory of Light



Open Workshop 16+

Sunday 2nd Feb 10.30 - 4pm
Teyluva Family Centre, St Day
TR16 5LG

Family Workshop

Saturday 1st Feb

Drop in 10.30 - 1pm

Teyluva Family Centre, St Day
TR16 5LG

Greenwave Lasers (Ages 8+)

Come to play, create and discover the science behind sound, colour and light. Make **wave patterns** in laser light by creating **music** using keyboards, drum pads, sound samples and your own voice.

See the colourful light patterns change before your eyes as you discover the connections between shape and sound.

No musical experience required.

Flat Packed Theatre (Ages 5+)

Join Flat Packed Theatre for some fun with **circuits** and **lights**. Have you ever played the Baby Shark song using a potato? Want to try turning a banana into a light switch?

Have a go at setting off light and sound sequences using conductive materials and circuits, learn about the computer programmes they use and get a sneak peak at their light installation plans for Signs & Wonders.

Greenwave Lasers

Creative partnership Antonia and Paul from Greenwave Interactive invite you to explore and play with a visual interface that has enabled them to create a range of **laser** shows and **light** installations.

Workshop participants will gain **insights** and **inspiration** into how they can incorporate these techniques into their own creative process to explore new ideas and develop their work without the need to write code.

Flat Packed Theatre

Flat Packed Theatre use domestic colour changing Philips Hue light bulbs, Apple Script and conventional theatrical cueing software to light their shows.

This workshop offers the opportunity to learn about how they create their work and the **unconventional** ways they use every day **technologies**. Exploring light sequences, using light to enhance atmosphere and basic coding.

Book a free place!

www.thedaylightgroup.co.uk

facebook: daylightstday
Under 16s please email

Both workshops
are **FREE!**

Refreshments provided but
you may want to bring a
packed lunch



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



www.thedaylightgroup.co.uk
www.greenwavelaser.com
www.flatpackedtheatre.co.uk





Be On A Show!



Step Up To The Plate is back!

Hit CBBC show **Step Up To The Plate** is back and **you** could join Fred and Allegra in running your own restaurant.

We are looking for kids in **years 5 – 9** to join the Restaurant Crew and come up with the restaurant theme and décor, customise the look of the menu, welcome and serve guests as well as dealing with customer complaints: if selected you will be mentored and judged by *First Dates* star and Maitre D' **Fred Sirieix**.

Or maybe joining the Kitchen Crew is more your thing? You will be tasked with creating a delicious menu and cooking to a high standard for multiple guests: if selected you will be mentored and judged by celebrity chef **Allegra McEvedy**.

If you think you have what it takes to make it in the high pressure world of a real restaurant, then we want to hear from you. To apply please fill out the attached application form with your parent or guardian and have them send it to this address:

stepuptotheplate@liontv.co.uk

YOU MUST HAVE PERMISSION FROM A PARENT OR LEGAL GUARDIAN TO APPLY

Apply ASAP!

Application Deadline: February 7th 2020

#EyetoEye Conscious Earth Exhibition Launch weekend **Chi an Bobel Heartlands**



**Lindsey Keates Contemporary Realism
January 31st - Feb 2nd. Fri 4-9pm Sat & Sun 10-5pm**



Community Friendship Cafe

Loss, grief and beyond...

Activity calendar: St Michael's Church Hall, Perranporth TR6 0JX

January 21st

Nikki & Kevin

February 18th

Clay activity - 'Sense of Self' -

'You in clay' with guidance from Artist and Nurse Lollie Brewer

March 17th

Aromatherapy for Wellbeing - drop by session.

Find out more about how Aromatherapy can help with wellbeing and symptom management at our drop by session - With complementary Therapist Bridget,

April 21st

Nikki & Kevin or Anne

May 19th

Aromatherapy for Wellbeing - drop by session.

Find out more about how Aromatherapy can help with wellbeing and symptom management at our drop by session - With complementary Therapist Lesley

June 16th

Nikki & Kevin or Anne



Schools' Newsletter Spring 2020

School Visits, Workshops and Outreach at Wheal Martyn Clay Works

Reflecting The Changes—supporting schools in providing 'Quality of Education'

Our Education Offer at Wheal Martyn aims to help schools to shift to the new demands of Ofsted. Wheal Martyn can work with you to embed meaningful activities and experiences in a sequence of lessons or a topic, covering a broad curriculum and including a meaningful context for writing and reading.

Building children's 'cultural capital' is a new push and one that we feel we can truly support at Wheal Martyn. Through exploring and investigating the landscape, stories, heritage and workings of our local china clay area, your pupils will learn and gain from knowing who they are and where they are from - their distinctive 'cultural capital'.

200 Years of Clay Project: Celebrating 200 years of clay mining at Wheal Martyn

Working in partnership with The Writer's Block (KEAP) and Cornwall Music Education Hub (CMEH), we bring you a fantastic schools project to celebrate 200 Years of Clay!

The Writer's Block can support children to make a giant step to achieve mastery in writing through its dedication to supporting literacy and creative writing through the arts. Our project will inspire both teachers and children; bring new ways of working with words; bring professional writers, musicians and artists into school and give the children a reason to write and an audience for their work. All participating schools will receive instrumental music lessons, singing workshops, writing workshops, an artist workshop, a visit to Wheal Martyn, and the opportunity to perform at a sharing event at Wheal Martyn for their families.

We are offering this to two cohorts, so register your interest now!

Cohort 1. January to June; Cohort 2. September to December.



Art Masterclass & Performance: SpinDrift Dance Flock Workshops & Imprint Festival

New for 2020, Suzie West and SpinDrift dance are producing an exciting community arts project with us. Be part of it all, through **digital sound, dance, creative writing, theatre or ceramics!**

Participating schools receive an art masterclass at Wheal Martyn, workshop support in school and then contribute to the Imprint Festival in July at Wheal Martyn. **Registration opens soon!**

