



RICHARD LANDER SCHOOL BULLETIN

22nd November 2018

Dear Parents / Carers,

Congratulations to Year 11 who have conducted themselves so well during our recent pre-public exams. I hope their results reflect the level of effort they put into their exams. As Year 11 students move towards the end of term, it is important that they are spending in the region of 2 hours each night doing homework or revising. Some subjects are even setting revision for homework at this stage in the academic year. Year 11 parents will know that their children are in special tutor groups which allow them to spend 30 minutes during school time Monday to Thursday revising. It is important that students keep up this momentum in the evenings and at weekends. If parents would like further guidance or support in this respect, please forward any concerns to Mrs Reed, Head of Year 11. Mrs Reed's email address is:

RReed@richardlander.cornwall.sch.uk

As we move towards the cold, wetter months, please can I remind parents to ensure their children wear appropriate waterproof jackets to school. Even if it is not raining in the morning, Cornish weather can be rather unpredictable, so do insist that your children put their jackets at least into their bags. Some students have arrived to school in recent wet weather wearing only a sweatshirt which is not waterproof and we have needed to provide dry uniform for them to wear.

On the issue of uniform, parents have received information recently about the decision of our uniform stockist (Trevails) to no longer sell school uniform. Information has been sent regarding our new online stockist, Trutex. They have supplied most aspects of our uniform via Trevails for some years so the transition should be seamless. If parents have any concerns, please do contact Miriam Richardson, School Business Manager about this. Mrs Richardson's email address is: MRichardson@richardlander.cornwall.sch.uk

Parents have recently been sent a communication to give approval for the school to release their children to go home in the event of school closure, including a snow closure. It is important that we get a full return of these forms as we will not be able to release your child if we have no permission to do so, by which time, potential snow conditions may be treacherous. The form can be accessed via the following link: <http://www.richardlander.co.uk/parents/emergency-closure>

Kind regards,

Steve Mulcahy
Headteacher

DATES FOR YOUR DIARY

NOVEMBER

Thursday 22nd - 19:00 - YEAR 12

PRESENTATION EVENING

Tuesday 27th - GCSE Music Concert

Year 10 Raspberry Shake Geothermal project - GCSE Geography groups

Thursday 29th Year 10 Rugby Match vs Kingswood College Devon

Thursday 29th/Friday 30th - Creative

Arts London trip

Friday 30th - INSET DAY —NO

STUDENTS IN SCHOOL

DECEMBER

Saturday 1st - Ten Tors day walk— Bodmin Moor

Tuesday 4th - KS3 Choir/Orchestra performance at local care home - tbc

Friday 7th - Years 3/4 Footbeat Dance Festival

The Big Sing rehearsal—School Hall

Year 11 - Pre-Public Exams 1 Results Day

Friday 7th—Friday 14th - French Exchange - French students in Cornwall


Tuesday 11th - School Carol Service at Truro Cathedral

Tuesday 18th - Informal Carol Service at Richard Lander School

Thursday 20th December - end of term, back on Monday 7th January!



RAISING MONEY
for BBC Children in Need



WHAT?
Lander Rickshaw Challenge - Students and staff attempt to cycle to Bristol..
Bake Off Grand Finale - 50p for 2 showpiece cake tasters
Non Uniform Day - Spots & Stripes - £1 donation
Wake and Shake / Dance Off with special guests..
Children in Need QUIZ - with Quizmaster Toms
Doughnut Dangling - PRHA Sponsored skip/... and p...

WHEN & WHERE?

**WE RAISED £3657.54!!
WELL DONE EVERYONE**

DO YOUR THING

bbc.co.uk/pudsey

**CHILDREN IN NEED 2018—
A SUPERB RLS EFFORT, A
NEW SCHOOL MASCOT, A
VISIT FROM PUDSEY AND A
TV APPEARANCE!**

bikes parked outside student reception. With this target smashed by 11:30 am, the challenge was extended to York and then to the distance of the One Show's Rickshaw Challenge (423 miles) and

by the end of the school day the team had clocked up 460 miles, raising nearly £400 in the process!

The, much looked forward to, grand finale of the RLS Bake Off,

Friday 9th November saw Richard Lander School united in spots and stripes, raising money for BBC Children in Need through a wealth of unusual and exciting fundraising activities. The day was made even more exciting by a surprise visit from PUDSEY himself!

The Lander Rickshaw Challenge started at 7am sharp with Mrs Madeley spurring staff and students on to cycle the 200 miles from Lands End to Bristol on 5 static





began at 1pm, with 14 of the most beautiful and delicious cake creations ever seen on sale for 50p for 2 tasters. This was a close fought round, with Katy Wilde and Anna Donlon-Smith's 'Pudsey in a bathtub of sweets' cake winning first place.

Quizmaster Toms hosted a very popular Children in Need quiz with over 20 teams taking part in this challenging lunchtime brain gym activity while the school samba band created a party mood with their catchy rhythms which Pudsey very much enjoyed dancing to. Mrs Juniper kindly brought in her spray tanning equipment and staff were invited to chase away winter pallor for a £5 donation to Children in Need.

Students took part in sponsored runs, walks, silences and French speaking days and RLS 'Pudsey Games' included a 'Where's Pudsey' challenge, Doughnut Dangling and 'Guess the Weight of the Pudsey Cake'

A huge highlight for many was the wake and shake where Mr Holloway and a school hall full of students were joined by Pudsey and Richard Lander School's dolphin mascot, FERNANDO GIBSON at his very first public appearance! They danced to Car Wash, Surfing USA and Baby Shark!

Students were also given the opportunity to donate their hard earned merits to this worthy charity with Richard Lander School match funding these at 5p per

merit. With over 10,000 merits donated this contributed over £500 to the total raised.

With the money still coming in we





have raised a superb total of £3657.54 so far, and this is thanks to you for your wonderful support!

The BBC were so impressed with our efforts that 16 of us were invited to The Tate, St Ives, on Friday 16th November to take part in the CHILDREN IN NEED LIVE TV show! This was a wonderful opportunity to meet people who have benefited from the work supported by Children in Need along with fellow fundraisers. We loved the Pick'n'Mix dancers!

We were all on national TV at around 8pm and our students expressed themselves very articulately, with their kindness and commitment to helping others shining out for all to see!

WELL DONE TO EVERYONE WHO TOOK PART!





EMILY RECITES HER POEM AT BUCKINGHAM PALACE TO COMMEMORATE ARMISTICE

Emily Duston in Year 8 recently travelled to London as part of Armistice commemoration month.

She was invited to Buckingham Palace having won an international poetry competition run by the charity Never Such Innocence which aimed to look at the First World War through poetry, art and music created by children. As part of the finale to of the competition Emily was invited by Vice Admiral Sir Timothy Lawrence to present her winning poem at Buckingham Palace on the 7th November to fellow winners and about 300 guests in the ballroom of the Palace. The celebration in the ballroom was followed by afternoon tea where Emily talked to the guests – a mix of dignitaries including foreign ambassadors, High Ranking Officers Lords, Ladies and celebrities.

Well done Emily for writing such a moving poem and performing it so well. We are delighted to be able to share Emily's poem with you on the following page.





What would they think?

I have visited museums; been into a mock trench,
I have tasted the ration packs, and smelt the foul stench,
Of a war that killed more men than my mind can behold.
Of a people so unbelievably strong and so bold.

I have read of the politics – “Ferdinand” rings a bell,
The manoeuvres and battles, all the stories to tell.
Letters home to loved ones never again seen.
The songs sung to keep the spirits up and men keen.
I have heard of the men who saw such horrific sights,
That would chase them through their dreams in the night.

And yet the museum experience of taste, smell, sound and sight,
Cannot bring to me the terrible horror and fright,
Of the 8.5 million who died in the fields,
In the hope a fairer place the world would yield.

But I watch the news sitting next to my mum,
And see the count of people injured, displaced from their homes.
There are millions today affected by wars,
That, people believe, are for a fair and just cause.
We remember the soldiers who died through those years,
They gave up their lives so we could live without fear.
I ask “What would they think of our world today?”
My mum shakes her head, with a look of dismay,
“Oh Emily,” she says “Our hope is with you,
your friends and their brothers and their sisters too,
To think of the lessons that millions would give,
To live the life they died for,
that they hoped we might live.”

By Emily Dutson



UKMT Mathematics Challenge

Congratulations to our top mathematicians who took part in the UKMT Mathematics Challenge yesterday afternoon.

They came 6th out of 10 teams - remarkable as they were the only Year 11 team, all the others were from years 12 and 13.

Well done to Summer Jeffrey, Callum Price, Pat Van Hoorn & Jenna Dymond

*Mrs D Elford
Maths Teacher*



Operation Christmas Child - Shoebox Appeal

A huge thank you to everyone who contributed to a shoebox this

year. As you can see we created a large of stack of boxes which will go to children in need all over the world

*Ms H Whitfield
Science Teacher*



Ten Tors Training Day Walk

On Saturday 17th November, we took 40 Year 10 students to Bodmin Moor and completed a 12 mile walk via Rough Tor and Brown Willy.

The weather was cold and misty at the start of the day but the sun came out and it was lovely for the rest of the walk. All the students did really well! We were also very fortunate to see a murmuration of starlings on the way home.



*S Willcox
MFL Teacher
Joint Ten Tors Lead*



RLS Amnesty Club

The Richard Lander Amnesty Club held a stall on Tuesday 13th November at lunchtime to encourage students to sign a petition to protect children's rights. They gained over 110 signatures which will be sent to the Home Office Minister to campaign against the prohibitively high fee that limits children accessing their rights as British citizens. The students involved spoke with conviction and dedication. The club will be holding an AmnesTea party in December, all students are welcome.

Mrs J Brindley

MESSAGE FROM STUDENT SUPPORT

All items of clothing worn in school and possessions brought into school must be clearly labelled with student's names. This includes things like drinks bottles and pencil cases.

We endeavour to return property to students but we cannot return

any property which has no name in it.

Student Support Team



New School Uniform Supplier - Trutex

Your child's school uniform should be purchased from Trutex Direct and will be delivered directly to your home, or specified delivery address. All items are in the same style as our current uniform apart from the girl's skirt which is of a similar style but not exactly the same. Our school uniform brochure has been provided by Trutex, who are the school's supplier and have committed to stocking our school uniform.

SCHOOL UNIFORM INFORMATION

Please refer to the uniform flyer for details of our school uniform and the approved items that your child should wear to school. School specific items of uniform are listed here, including prices and sizes

available.

ORDERING PROCESS

Many parents may prefer to order on-line - this service is available from Trutex Direct. Log onto www.trutexdirect.com and register using our schools LEA code: LEA00959SC. This will take you to the Richard Lander School uniform page, where you can see all items of our school uniform. The site is secure and orders can be placed quickly and safely, direct with Trutex. Alternatively, you can order from Trutex Direct by phone, call 01200 421206.

DELIVERY

School uniform is available from Trutex all year round. Postage and packaging is free on orders over £50 or just £3.50 for orders under. Trutex will normally deliver within 7 working days. However during the busiest time towards the start of back to school this can be extended.

The school will hold one sample of each item of stock and in every size. Parents who want to check their child's size by trying on an item before they buy it on-line, they are welcome to do so by contacting your child's Pastoral Manager.

GLFD Reverse Advent Calendar

Donations required from 1st Dec – 18th Dec and will be taken to Truro Foodbank 19th December

What We Need Most This Christmas

- Milk UHT
- Juice
- Cereal
- Tinned Potatoes
- Coffee 100g
- Biscuits
- Tinned Custard
- Pasta Sauces/
- Curry Sauces
- Jams
- Cuppa Soup
- Instant Mash

Some More Ideas From Our Shopping List

- Tinned Vegetables
- Tinned Tomatoes
- Porridge
- Tinned Fruit
- Spreads
- Instant Coffee
- Rice Pudding
- Tinned Soup

GLFD are putting together a reverse advent calendar this year – if any other tutor would like to get involved please let us know. Or if any students would like to donate an item please drop to 122 during tutor time.



Year 7 Castle Competition

Your homework project will be to produce a model of a Medieval castle. Class judging will take place in the weeks beginning 3rd and 10th Dec. There will be prizes for the best 3 castles in each teaching group and those castles will then go forward to be judged in the grand final on Friday 14th Dec 2018

Castles will be judged in your history lessons. Your teacher will give you the exact date for your class judging and it is important that this is written into your planner.

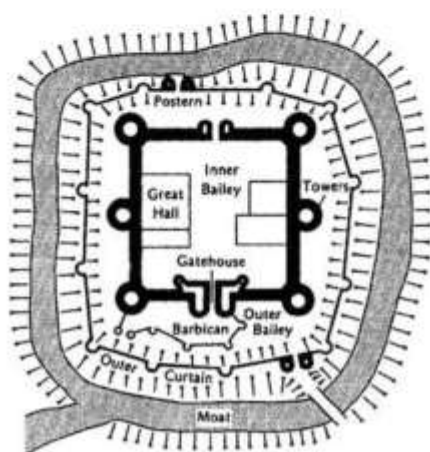
Judges will be looking for historical accuracy as well as imagination.

Ideas of materials to use could be - cardboard, paper, wood, metal, fabric, cake! - do discuss ideas with your history teacher

Maximum measurements of the castle base should be 50cm x 50cm



Good luck!





Truro active travel Treasure Trail

Take part in this *free* trail by foot or by bike

Gather answers to the clues...**prizes to be won!**



Explore the shared space route
between Truro and Threemilestone
and join our treasure trail.



Download the clues at

www.cornwall.gov.uk/activetraveltruro

Closing date: Sunday 16th December

**Explore the
shared space route**
between Truro and
Threemilestone





Public Health
England

Stop norovirus spreading this winter

Norovirus, sometimes known as the 'winter vomiting bug', is the **most common stomach bug** in the UK, affecting people of all ages. It is **highly contagious** and is transmitted by contact with contaminated surfaces, an infected person, or consumption of contaminated food or water.

The symptoms of norovirus are very distinctive – people often report a sudden onset of **nausea** followed by **projectile vomiting** and **watery diarrhoea**.



Good hand hygiene is important to stop the spread of the virus.

People are advised to:

- Wash their hands thoroughly using soap and water and drying them after using the toilet, before preparing food and eating
- Not rely on alcohol gels as these do not kill the virus

An infection with norovirus is self-limiting and most people will make a full recovery in 1-2 days. It is important to keep hydrated – especially children and the elderly.

Do not visit either A&E or GPs with symptoms as this may spread the virus.

Further information and advice is available from NHS 111, including an online symptom checker at [nhs.uk](https://www.nhs.uk).



CHRISTMAS OPEN DAY

Saturday 1st December 2018

11am – 3pm

Cornwall Air Ambulance

Santa's Grotto • Story telling

Christmas activities • The Singing Seagulls

See the current helicopter • Refreshments

Meet the crew • Pop-up charity shop

Annual Draw tickets



Trevithick Downs, Newquay, TR8 4DY
01637 889926 | Registered Charity No. 1133295





**Free
course**

Living with parents

A one day workshop

Living with Parents is an evidence* based one day parallel group workshop adaptable to a wide range of parent/carers and young people aged 13-16 years.

The aim is to improve communication and relationships and reduce conflict within the home. The content of several group sessions are condensed into a single day with young people and their parents at the same venue, sometimes working as a single group, or separate groups and in pairs.

The programme:

- Interactive activities
- Structured activities
- Guided discussion
- Discussing effective communication
- Relationship building
- Boundary setting



10.00am – 3.00pm

Friday 30th November 2018

Lunch provided

Trelander Family Hub, Trelander Highway,
Truro. TR1 1PG

For more details and request form please
contact:

The Early Help Hub: 01872 322277
earlyhelphub@cornwall.gov.uk
www.cornwall.gov.uk/earlyhelphub



Are you 11 -15 years old?
Want to get fit and meet new people?

Come along to Circuit Training on
Wednesday nights.
Suitable for all levels of fitness.

ST AGNES SCOUT HUT
5.30-6.30pm or 6:45-7:45pm
£3 per session

Email alohacoastfitness@hotmail.com
or @alohacoastfitness on Instagram for
more details.



Truro College Open Evening

Meet the staff • Tour the campus • Explore your options
Apprenticeships • A Levels • Vocational • University • Part-time

Thu **06 Dec**

5pm - 8pm



**COURSES & CAREERS
ADVICE EVENT
SAT 24 NOV
10AM - 12PM**

ROSEWARNE AND STOKE CLIMSLAND CAMPUSES