

# **RICHARD LANDER SCHOOL BULLETIN**

# 7th December 2018

#### **DATES FOR YOUR DIARY** DECEMBER

#### Friday 7th:

Cornwall School Winter Games -Rugby and Netball Years 3/4 Feetbeat Dance Festival The Big Sing rehearsal—School Hall Year 11 - Pre-Public Exams 1 Results

Day Friday 7th—Thursday 13th:

French Exchange - French students in Cornwall - Bienvenue!

#### Tuesday 11th - 7pm for 7:30 start:

Service of Nine Lessons and Carols at Truro Cathedral 15:30—17:00: Girls Active Primary event

#### Wednesday 12th:

RLS students take French Exchange visitors to the Eden Project

Thursday 13th: Young Chef competition—Round 2— Cornwall Schools

#### Friday 14th:

Year 10 Elite Performance Squad trip -Crossfit

Year 7 Castles Competition - Final Year 9 Restorative Justice assembly Tuesday 18th:

Informal Carol Service at Richard Lander School 7pm Wednesday 19th:

Full Governing Body meeting

Thursday 20th December 1pm - Last day of term, back on Monday 7th January. Merry Christmas!

#### JANUARY Monday 7th:

First day of Spring Term Thursday 13th 18:00—18:00: Year 11 Parents - Meet the Examiner— School Hall Tuesday 15th: Year 9 Restorative Justice Ripple Effect Programme Samba Workshop Wednesday 16th: Full Governing Body meeting Thursday 17th / Friday 18th:

# Richard Lander School Service of Nine Lessons and Carols

# Truro Cathedral Tuesday 11th December 7:30 pm

This is a non-ticketed event. Family and friends of Richard Lander School are very welcome. Please plan to arrive at 7pm to allow for seating

Year 9 Restorative Justice Ripple Effect programme Thursday 17th: Year 10 Parents Evening Friday 18th: Year 8 & 9—NHS Immunisations—Day 1 Saturday 19th / Sunday 20th:

Ten Tors camping weekend -Dartmoor Monday 21st January - Friday 1st February: Year 9 Progress Reviews Thursday 24th: Year 9 Options Evening Sunday 20th: South West Schools Milano Team competition Wednesday 30th: Governors meeting - S & C Thursday 31st: Year 11 Parents Evening







#### **RLS CAREERS FAIR 2018**

n Wednesday 21st November, students from all year groups were invited to attend our annual careers fair. The sports hall was crammed with trade stands from local colleges, apprenticeship providers and local businesses, each of which had gone to great effort to make their trade stands engaging, offering students the chance to mix music, try out sign making machinery, ice a cake the professional way, have a go at virtual reality gaming, practise CPR, compete in Robot Wars or complete tasks wearing goggles which simulated the problems a carers client may be facing. Year 10 and 11 were allocated lesson time to attend the careers



fair whilst other year groups were invited to attend at lunch time. It was lovely to welcome back our ex-students from Pendennis Shipyard and Future First along with Exeter Maths School, Falmouth all the other trade stand providers. Many thanks to Mrs Datson for organising the event and to all of the organisations listed below for making the day so excellent!





3D Kernow, Army, Creative view, Cornwall College, Duchy Rosewarne College, Falmouth Marine School, Dynamo Healthcare University, Pendennis Shipyard, Plymouth Medical Dental, RAF Software Cornwall, Truro Penwith College, Corbey Construction, WWA (Construction), NCS Trust, Cornwall Care, Cormac, Dept Work + Pensions - Job centre and Careers 4U.











his year we had fifteen very keen and dedicated Year 9 students who volunteered to be involved with the design and subsequent making of our lantern for the annual City of Lights parade.

Initially students discussed this years theme of 'Remembrance' and were keen to think beyond the remembrance of war. They were very articulate at discussing a variety of interesting ideas and finally agreed that bees would embody a double message of





remembrance. The survival of bees in the near-future is under threat because of the use of certain pesticides and environmental factors and it is essential that they are remembered as being a crucial part of our eco systems. Also students wanted to encompass the message that the bee had became a symbol of strength, hope and peace after the Manchester bombing.

The artist that worked with the students this year was Billy Wynter who is an experienced lantern maker and he agreed that the bees with accompanying hives would work well structurally and visually. Billy worked with students for two days and on the first day, most of the students made their own individual bee, with three working together to create a larger Queen Bee. They also made a large central hive structure, which with Billy's help, they managed to make perfectly round and conical. On the second day, there was some detailing to finish before the papering could begin. The lights also had to be positioned so that all the lanterns would have optimal lighting for the evening. The students worked really hard and kept their focus, even when it got fiddly and a bit messy.

All that remained after Billy had left us, was to add paper silhouettes for the decorative details. The students worked







brilliantly as a team and it was fantastic to see their ideas coming to life.

On the evening of the parade we all met to enjoy the excitement and buzz in Truro. It was fantastic to see all the other lanterns that local schools, community groups and individual artists had created; we especially admired the beautifully constructed whale that was in front of us. It was also really interesting to see how the theme of remembrance had been interpreted in so many ways.

Unfortunately the weather wasn't on our side but that didn't curb anyone's enthusiasm and we joined the parade with our bees buzzing. It was great to see so many people in the audience smile and point at our lanterns . The younger children especially seemed to love them. Another highlight was when we merged with our wonderful samba band and the music and dancing really added to the atmosphere. A great memorable night and a special thanks to the students.

#### CREATIVE ARTS TRIP TO LONDON 2018

Leaving in the early hours of the morning on the 29th December, over 50 Year 11 students with accompanying staff made their way by coach up to London. We made good time and when we arrived on the South Bank we separated into two groups with the Drama students going to the National Theatre for a backstage tour, whilst the Art and Photography students headed to



the Hayward Gallery at the Southbank Centre.

Once there we were able to see the amazing Richard Wilson piece where a whole room has been flooded with oil leaving only a narrow passageway at a slight incline through the centre. The dark substance mirrors in the space above it give a strange optical illusion and it is a really thought provoking piece of work. The rest of the exhibition is called Space Shifters and brings together



sculptures and installations that explore perception and space, featuring 20 artists. Many of the exhibits enabled the students to interact with the space and the reflections created which allowed for some great photography. We then wandered down the Southbank taking in the sights and wonderful architecture. Some students recognised buildings such as The Gherkin that they had previously drawn in art lessons.

At the Tate Modern students were able to explore the multitude of different art works on display. Students were able to explore the









new annexe as well as the collection displays in the original building. The contemporary art always elicits interesting conversation and the students had lots of opinions about what they saw. The building itself also allows for good photographs due to the dramatic architecture and students were able to take advantage of this.

After the galleries we headed to Covent Garden to see the street performers and soak up the Christmas atmosphere. It was a great trip which the students and staff thoroughly enjoyed.

Drama students had a thoroughly cultured day with a backstage tour of the National Theatre where they saw the War Horse puppet, and ended the evening with the best seats in the house at The School of Rock the Musical, which everyone agreed was awesome!

Very many thanks to the parents for the early drop off and pick up. We had a great time.





#### RLS EQUESTRIAN TEAM SHOW JUMPING SUCCESS!

uge congratulations to the Richard Lander School Equestrian Teams who competed in the WHPC Cornish Schools Team Show Jumping competition last month.

They came third in the Open Team 90-95cm event and *Lander Birds* won the Best Presented Open Team title while *Lander Titanium* came 5th in the Best Presented Novice Team category! There were also some excellent individual successes with Abi coming 5th in the Individual 90-95cm and Freya and Maya taking first and second place respectively in the Individual 60-65cm categories.

Very well done to all the teams -Keona, Iona, Freya, Tabby, Emma, Abi, Anna, Tegen, Niamh, Maya, Tilly, Bella, Issy, Hannah, Izaak and Neeve who spend hours caring for and training their four legged friends! Thank you to family and staff for your support too!





















PRESENTATION EVENING -WELCOME BACK CLASS OF 2018!

On Thursday 22nd November, we welcomed the class of 2018 back to school to collect their GCSE certificates. The event was very well attended and it was fantastic to once again see our ex-students' familiar faces.

The event is about celebrating everyone's success and a number of special awards are also given out on the night with the highest achieving students being given Academic Special Awards for outstanding



GCSE results.

Head Boy, Frank Holmes, and Head Girl, Nesta Griffiths, received Head Teacher's awards in recognition of their outstanding commitment and contribution to the running of the school.

Evie Poole was awarded the John Williams award. The John Williams Award is presented to a student whose achievement deserves special recognition.

Jessica Georgelin was awarded the Arthur Herbert Award which is presented to a student who has excelled in Science. It was donated in remembrance of Arthur Herbert, a former Head of Science at Richard Lander School.

Emma Dodd was awarded The Oliver Beckerlegge Award, which is given by Dr Honor Aldred, programme manager for French at the University of Leeds, in memory of her father Oliver Beckerlegge.

We wish all of the Class of 2018 the very best for their futures. We always love to hear from you so please do stay in touch!











#### RASPBERRY SHAKE WITH PROFESSOR IAIN STEWART AND LUCY COTTON

O n Tuesday 27th November, we were delighted to host a Raspberry Shake seismometer event with Professor lain Stewart, UNESCO Chair in Geoscience and Society, and Professor of Geoscience Communication at Plymouth University, and Lucy Cotton from United Downs Deep Geothermal Power (UDDGP) project. The launch included a lecture given by Professor Stewart on the 'Science of Earthquakes' and an overview of UDDGP from the Project Geologist Lucy Cotton.

As we are one of the closest schools to the United Downs project, we were presented with a Raspberry Pi seismometer to monitor (minor) tremors, earthquakes or other vibrations of the earth. We have installed this in school and are very much looking forward to monitoring its real-time results - this is fascinating stuff for our GSCE Geography students and an exciting future for energy production in Cornwall!

We invited students from Penair and Truro High Schools and they really enjoyed the lecture too.





N TOR

## **RICHARD LANDER SCHOOL BULLETIN : 7th December 2018**

#### Ten Tors walk on Bodmin Moor – Saturday 1st December

weekend camps on Dartmoor. S Willcox—Joint Ten Tors Lead

# Dece

We took 42 Y10 pupils to Minions on Bodmin Moor and completed a 13-mile circular walk. The weather was terrible and it drizzled and was misty for most of the day, however, everyone did really well and finished the walk in good spirits. After Christmas, we will be starting the after school training sessions when pupils will learn how to put up tents, use camping stoves and learn map reading and navigation skills to prepare them for the





Explore the shared space route between Truro and Threemilestone and join our treasure trail. (\*) www. cornwall.gov.uk/activetraveltruro



Exciting news...the closing date for the **Truro Active Travel Treasure Trail** has been extended to **Sunday 20<sup>th</sup> January!** allowing more time over the over the festive season to take part.

Looking for something active to do over the school holidays...look no further! The Treasure Trail is a unique and fun way to discover and explore the new shared paths between Truro and Threemilestone.

Join in with the self-led trail by foot, bike or scooter. Simply gather answers to the seven clues and complete the answer sheet. **Suitable for all ages**.

Correctly answered entries will be entered into a prize draw to win one of three £25 One4all high street vouchers, (accepted in over 130 high street stores) in time for Christmas! Four Sustrans goody bags are also up for grabs. Earn extra prize draw entries by completing the optional Threemilestone and Coosebean Greenway routes. Entries can be submitted by e mail or by post, either complete the editable answer sheet on a device/computer or print it off and fill it in. The closing date is Sunday 20th January.

To find out more about the TRU>3MS paths and to take part: download the clues from www.cornwall.gov.uk/ activetraveltruro (or search Truro active travel on Cornwall Council's website).



#### New SCHOOL UNIFORM SUPPLIER - TRUTEX



**Richard Lander School** 

our child's school uniform should be purchased from Trutex Direct and will be delivered directly to your home, or specified delivery address. All items are in the same style as our current uniform apart from the girl's skirt which is of a similar style but not exactly the same. Our school uniform brochure has been provided by Trutex, who are the school's supplier and have committed to stocking our school uniform.

#### SCHOOL UNIFORM INFORMATION

Please refer to the uniform flyer for details of our school uniform and the approved items that your child should wear to school. School specific items of uniform are listed here, including prices and sizes available.

#### **ORDERING PROCESS**

Many parents may prefer to order on-line - this service is available from Trutex Direct. Log onto www.trutexdirect.com and register using our schools LEA code: LEA00959SC. This will take you to the Richard Lander School uniform page, where you can see all items of our school uniform. The site is secure and orders can be placed quickly and safely, direct with Trutex. Alternatively, you can order from Trutex Direct by phone, call 01200 421206.

#### DELIVERY

School uniform is available from Trutex all year round. Postage and packaging is free on orders over £50 or just £3.50 for orders under. Trutex will normally deliver within 7 working days. However during the busiest time towards the start of back to school this can be extended.

The school will hold one sample of each item of stock and in every size. Parents who want to check their child's size by trying on an item before they buy it on-line, they are welcome to do so by contacting your child's Pastoral Manager.

> Mrs M Richardson School Business Manager

#### **MOBILE PHONES IN SCHOOL**

- Mobile phones are allowed to be brought into school for safeguarding purposes on the journey to and from school.
- Once in school phones should not be used as a communication device at all. If students wish to contact home they can go to student support or student reception at break or lunchtime.
- If parents need to message their children they should phone main reception who will pass on the message or arrange for the student to phone home on a school phone.
- Phones should be switched off and placed in the bottom of a bag or in a locker on entry to school and removed when leaving school.
- At break or lunchtime, if a student wishes to play a game or listen quietly to music whilst sat down, they may do so.
- Any form of social media should not be used in school.
- Students are not allowed to take photographs or video in school.
- Phones cannot be charged in school.





# ON MY MIND

Anna Freud National Centre for Children and Families

On My Mind aims to empower young people to make informed choices about their mental health & wellbeing. These pages have been co-produced by young people to help other young people.

#### ON MY MIND - WEBSITE FOR YOUNG PEOPLE

On My Mind has been launched to help young people have more engagement in mental health support and to give them a greater say in the treatment they receive and the outcomes they desire. <u>https://www.annafreud.org/on-my-</u> <u>mind/</u>

The Anna Freud Centre has coproduced On My Mind with young people and it has been clinically approved by the Centre. The website is primarily for young people aged 11-25, but it is also a resource for GPs, schools or parents who can signpost young people to the website.

Mrs K Towers Designated Safegurding Officer

EMERGENCY SCHOOL CLOSURE: Please can all parents return their emergency closure consent forms asap. In the unlikely event of heavy snow please consult the school website and listen to local radio for RLS updates.

### WEDS 12TH DECEMBER -COMMUNITY BADMINTON IS FREE!

7-9pm. RLS Sports Hall. All ages and abilities welcome. All equipment can be provided. Merry Christmas!

Well done to all the year 7 student who sang in Kenwyn Care Home on Wednesday, you did a great job!

> Miss S Jones and Miss G Foxon, Music Teachers

#### **RLS SUGAR SMART**

Richard Lander School has become the first secondary school in Cornwall to receive the SUGAR SMART certification. SUGAR SMART is a nationwide campaign supported by Jamie Oliver and Sustain. It aims to optimise health and wellbeing by promoting healthy diet and reducing sugar consumption. We focused on encouraging students to swap their fizzy drinks, milkshakes and energy drinks for water in the knowledge that one simple change could make a massive difference. Students were encouraged to discuss the key issues surrounding sugar in tutor time and received an informative SUGAR SMART assembly. The hope is that the whole Richard Lander School community will get on board and be SUGAR SMART!

Mr Bridger is seen here receiving our certificate from Paula Chappell, Healthy Schools Delivery Advisor at Cornwall Council.







U12 GIRLS WEST CORNWALL FOOTBALL CHAMPIONS

and drawing 2 games. They scored 16 goals and conceded 0!

Mr R Parker PE Teacher

Congratulations to Martha, Bridie, Rubi, Skye Capt), Megan, Coralie, Flo and Emma who won the West Cornwall 5 a side football tournament on 27th November.

The girls played 7 games, winning 5

#### YEAR 11 BOYS COUNTY HOCKEY CHAMPIONS

Congratulations to the Year 11 Boys Hockey team who became County Champions this term. On November 22nd, with a great team effort, we defeated Penair, Cape Cornwall and Liskaerd and drew with Mounts Bay, Bude and Truro School. Although we didn't score a lot of goals we didn't concede in our 6 games and this allowed us to narrowly beat Penair and Truro School to 1st place and secure a place at the regional finals in the new year.

It was a pleasure to take this team to this competition and they represented themselves and our school brilliantly. Well done to the following boys:

Nathan Springall, Callum Cook, Isaac Neal, Finn Davies, Jacob Luetchford, Ellis Baldry (GK), Jack Dunstan (Year 10), Taryn Hawtrey-Collier, Tom Finley, Josh Trowt, Joss Pascoe, Orlando Davies

> Mr N Stoddard Head of PE

#### CORNWALL SCHOOLS CROSS COUNTRY RELAY CHAMPIONSHIPS

ongratulations to all our runners who took part in the **Cornwall Schools Cross Country** Relay championships on Wednesday of this week. On a muddy course all our students displayed a great level of fitness, running ability and determination. This was a 3 person event with all 3 runners completing a mile each. In the 5 categories we achieved 3 runners up positions and an overall victory in the Junior Boys. In our runners up teams were Pollyanna Gardiner, Flo Davey, Bridie Buist, Elliot Stoddard, Finley Cowell, Jacob Webb, Maisy Luke,



phoebe Andrews and Emily Reep. Our Junior boys winning team was Luke Mills, Zach Smith and Henry Osborne. Individual honours went to Jacob Webb who won the fastest lap for the Year 7 boys. Thank you to all our students who took part, again representing our school and themselves brilliantly. Good luck to many of these students who will take part in the Individual County Championships in early January.







# foodbank



# **Truro Food Bank Donations from RLS**

#### Donate food to Truro Food bank Room 122 - GLFd

#### Any afternoon registration

This year in GLFd we decided to try and help donate food to Truro food bank. We are going to make it a advent calendar food donation. Instead of the normal advent calendar where you take a chocolate out on every day closer to Christmas, we are going to put some food in the donation hamper everyday. Why not help us do this, by donating some food of your own! *Here are some examples of what you could donate:* Cereals, soup, pasta, rice, pasta sauce, tinned beans, tinned meat, tinned vegetables, tinned fruit, tea and coffee, sugar, biscuits, snacks

Come to 122, GLFd- Mrs.Ford, in any afternoon registration, starting from December 1st - 17th, to donate any of the above food items.

Thank you very much for reading, please donate and help us raise food everyday of December.



PLEASE NOTE NEW DATE FOR YEAR 10/11 GIRLS LC NETBALL DUE TO A CLASH WITH SCHOOL TRIP

## LEARNING COMMUNITY SPORTS WEEK

# NETBALL 2018 (new version)

Wednesday 12th December - Tuesday 18th December 2018 PROGRAMME OF EVENTS

10.5	
Day and Date	Netball (Girls)
TUESDAY 11th DECEMBER	Year 10/11
	Lunchtime (1.00-2.10)
Wednesday 12 <sup>th</sup> December	Year 8
	Lunchtime (1.00-2.10)
Thursday 13 <sup>th</sup> December	Year 9
	Lunchtime (1.00-2.10)
Tuesday 18 <sup>th</sup> December	Year 7
	After school (3.30-4.30)

#### Rules

The teachers will remind all players of the rules at the start of the competition; however it is the captain's job to make sure that their team understands them.

- 1. Games will be 6 minutes one way.
- 2. Games will be 7-a-side.
- 3. All games will follow the standard All England Netball Association rules that are abided by during lessons and fixtures.
- 4. All L.C.s will play 3 games against the other L.C.s with 3 points awarded for a win, 2 points for a draw and 1 point for a loss. There will also be points for participation (e.g. having all 7 players).
- 5. The final results will count towards the Learning Community Cup.
- 6. If you have any questions please ask a PE teacher.

#### Learning Community Netball Teamsheet

Learning Community \_\_\_\_\_ Year Group \_\_\_\_\_

#### Captains:

6.	
7.	
8.	
9.	
10.	
	7.   8.   9.

Captains - make sure you include yourself as one of your 10 players



## 8TH DEC SATURDAY

CORNWALL COLLEGE CAMBORNE 10am - 1pm

# TECH

# For anyone interested in technology, for all ages and abilities

Cornwall's Tech Jams are run by volunteers working in IT and education throughout the Duchy, in association with Software Cornwall and local businesses. The Jams run from 10am to 1pm on the second Saturday of the month, alternating between venues in the Pool/Camborne area, Bodmin and Penzance. They are free to attend, you can turn up whenever you've got time and stay for as long as you like. Children under 16 must be accompanied by an adult though.

We have a number of Raspberry Pi computers enabling you to experiment with and learn how to:

Program Robots, Code into Minecraft, Compose Music with Sonic-Pi, Launch Rockets, Control Traffic Lights, MeArm Robotic Arms, BBC MicroBits and more.



■ software <sup>ECAR</sup> ■ cornwall ENTER





For directions see cornwalltechjam.uk

