



# RICHARD LANDER SCHOOL BULLETIN

## 20th January 2022

### Dates for your diary

#### Tuesdays and Fridays in January

Year 11 Meetings with Careers4U—  
email Mrs Grenfell for more  
information.

### JANUARY 2022

**Monday 24th - Friday 4th**

#### February

Year 10 Progress Reviews

**Thursday 20th**

Year 11 Cup Final—Truro College

**Friday 21st**

RLS Activists - Visit from Cherilyn  
Mackrory MP

Visit to Royal Cornwall Museum

Eco Team Beach Clean at  
Porthtowan

**Sunday 23rd**

South West Milano Gymnastics at  
Kingsley School, Bideford

**Monday 24th**

HPV Immunisations

U13 County Indoor Cricket  
Tournament

**Monday 24th/Tuesday 25th**

Carrick Dance—Senior and Advance  
Training

**Tuesday 25th**

Lisa Glass Author Visit

**Wednesday 26th**

Governors Meeting - Students and  
Curriculum

**Thursday 27th**

U13 Hockey Tournament at Penair  
School

Year 10 Parents Evening

**Friday 28th**

Carrick Dance—Boys and Junior  
Training

**Friday 28th/Saturday 29th**

U14 Regional Netball Tournament—  
Bournemouth

**Saturday 29th**

Ten Tors Day Walk

### FEBRUARY 2022

**Wednesday 2nd**

Cornwall Schools Dance

#### Showcase—HforC

Year 10 & 11 Oxbridge Talk

**Thursday 3rd**

2nd Covid Vaccination Day

Drama Showcase—Hall for Cornwall

**Friday 4th**

Business Studies Assessment 3 10C/  
BS1

**Monday 7th—Friday 11th**

National Apprenticeship Week

**Monday 7th**

BTEC Music Practice

**Tuesday 8th**

BTEC Tech Award Engineering

**Wednesday 9th**

BTEC Tech Award Health and Social  
Care

**Wednesday 26th**

Governors Meeting - Personnel

**Friday 11th**

BTEC Tech Award Engineering

**Monday 21st - Friday 25th February**

HALF TERM BREAK

**Monday 21st/Tuesday 22nd**



#### GCSE Textiles Revision

**Thursday 24th**

Theatre Trip - 'We Will Rock You' -  
Hall for Cornwall—Year 11 Music  
Students

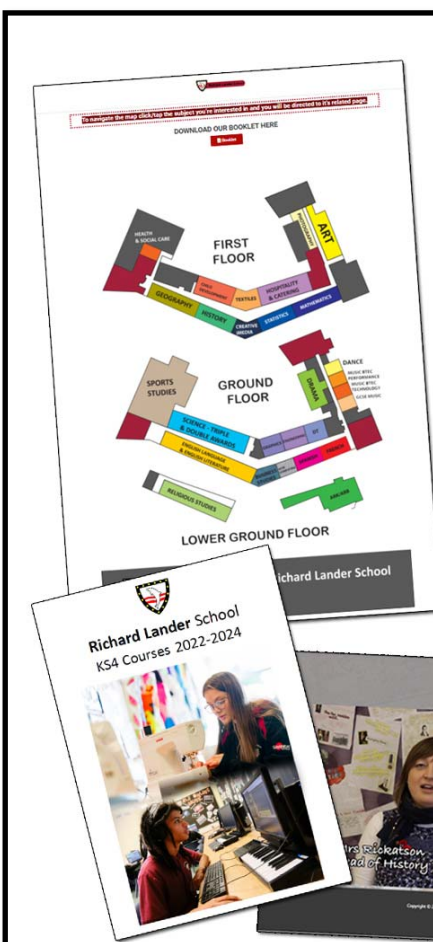
**Monday 28th February - Friday 11th  
March**

Year 11 Pre Public Exams 2

### MARCH 2022

**Thursday 3rd**

Songfest - virtual performance in  
School Hall and Princess Pavilions  
concert in the evening—details tbc.



Year 9, do you need help  
choosing your KS4 options?

**We are here to help!**

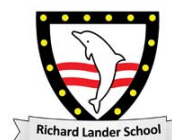
Talk to your tutor during  
your progress review

**Talk to the teachers of the  
subjects you are considering**

Visit the options microsite &  
interactive map

<https://options.sites.richardlander.cornwall.sch.uk/>

Forms due in Friday 28th January.





## STUDENTS NEEDING MEDICAL ASSISTANCE

**W**e are getting an increasing problem whereby students are phoning their parents direct when they are unwell and parents are coming in and collecting them without them going through medical or school being aware that student is arranging collection.

Please could parents ask students that call home and ask to be collected, to go to the medical room where our team of medical officers will do their best to assist and will call home if necessary to arrange collection for them.

Thank you for your assistance in keeping all of our students safe and well.

## STOP ABUSE TOGETHER

**T**he UK Government has launched a new advice and support site to help keep children safe from sexual abuse. The site includes advice for parents and carers on spotting the signs of sexual abuse and speaking to your child about relationships and safety. It also signposts to sources of further support for children, adults and professionals including the NSPCC helpline and Childline.

[Visit the website: Stop abuse together](#)

[See also on NSPCC Learning](#)  
[> Protecting children from sexual abuse](#)

## CHILDREN ELIGIBLE FOR FREE SCHOOL MEALS

**I**f your child is eligible for Free School Meals and tests positive for COVID-19, please provide us with a copy of your confirmation text or e-mail which you receive when you register their test result on the Government website and we will provide you with a Free School Meal Voucher to cover their period of isolation. Please send this confirmation to [COVID@richardlander.cornwall.sch.uk](mailto:COVID@richardlander.cornwall.sch.uk)

The last Free School Meal Voucher provided by the Local Authority to cover school holidays will be issued before the February half term holiday (21st – 25th February).

## COVID VACCINATION CLINICS FOR 12– 15 YEAR OLDS AT REEDS PHARMACY

**R**eeds Pharmacy, Truro are running a drop in Covid Vaccination Clinics for ALL vaccinations including 12– 15 year olds on

SATURDAY 22ND JANUARY—3PM - 5PM



## Armed Forces Families

**Liason/Contact member of staff**

**Mr T Brooker.**

**Students — room 200 or Humanities office any break or lunchtime .**

**Parents/Guardians email -**

**[tbrooker@richardlander.cornwall.sch.uk](mailto:tbrooker@richardlander.cornwall.sch.uk)**



## WE'RE HIRING!

Richard Lander School are currently looking for exam invigilators and teaching assistants. Mitie, the company which cleans the school are also hiring cleaners.

Richard Lander School is a great place to work with friendly, supportive staff and fabulous students—come and join our team!

Information on who to contact for each post is on these adverts which also appear on school social media and our website.

## Richard Lander School



1500 on roll

We are seeking to appoint:

### Teaching Assistant

(Grade D £18,328 - £18,933 FTE)

Permanent following a 6 month probationary period

37 hours per week – term time plus 5 days inset

To start 28<sup>th</sup> February 2022

#### The main purpose of the job: |

To take a pro-active role in the support of the educational, social and physical needs of pupils; to support the curriculum and the School through the provision of a high level of assistance in the practical organisation of class activities, undertaking group work and ensuring the welfare and development of pupils. To meet the needs of pupils with specific special education needs, within an ARB or a mainstream setting.

#### To apply:

Please download a job pack, application form, safeguarding statement and equal opportunities form, complete and send to Mrs Miriam Richardson, School Business Manager [mrichardson@richardlander.cornwall.sch.uk](mailto:mrichardson@richardlander.cornwall.sch.uk) by 12 noon on Friday 11<sup>th</sup> February 2022. Interviews will be held on Wednesday 16<sup>th</sup> February 2022.

Richard Lander School is committed to safer recruitment and all posts are subject to excellent references and an enhanced DBS check.

## CLEANING VACANCIES AT RICHARD LANDER SCHOOL

### 5 PERMANENT VACANCIES

- Daily hours ranging from 3 hours - 4.5 hours a day working 41 weeks a year (term time + 2 additional weeks).
- Rate of pay currently £9.50 plus holiday pay.
- Enquiries to [rowan.kirkpatrick@mitie.com](mailto:rowan.kirkpatrick@mitie.com)

The exceptional,  
every day



We are **one Mitie**  
We are built on **integrity and trust**  
We go the **extra mile**  
Our **diversity** makes us stronger  
Our **customers' business**, is our business

Not all heroes wear capes... Thank you to our exceptional **frontline heroes!**



## Richard Lander School EXAM INVIGILATORS WANTED

We are looking to recruit additional invigilating staff to join our excellent team of exam invigilators

**The Role:** To conduct examinations in accordance with the Joint Council for Qualifications (JCQ), awarding body and Richard Lander School instructions. To play a key role in upholding the integrity of the examination assessment process. Our school is welcoming and supportive, with a strong value placed on 'being the best you can be' and staff and students on a mission to achieve great outcomes for all our students. This position variable hours and is available to start ASAP

Experience is not required, as training will be provided, although applicants will be asked to declare if they have invigilated previously and whether they have any current maladministration/malpractice sanctions applied to them

Please visit [richardlander.co.uk](http://richardlander.co.uk) for further information.





## IMPORTANT UPDATE ON WEARING FACE COVERING IN SCHOOL



The government have updated its guidance for the wearing of face coverings in school. The communication received by schools from the DfE is detailed below (see *italic* text):

### ***An update for all education and childcare settings following the Prime Minister's announcement of the end of Plan B***

*Today, the Prime Minister announced that all Plan B measures will be removed in England, with a full return to Plan A by Thursday 27 January.*

*In education and childcare settings, this means:*

*From tomorrow, Thursday 20 January, face coverings are no longer recommended in classrooms and teaching spaces for staff, and pupils and students in year 7 and above. They were introduced in classrooms at the start of the Spring term as a temporary measure.*

*From Thursday 27 January, face coverings are no longer recommended in communal areas for staff, and pupils and students in year 7 and above.*

*This decision comes in response to national infection data showing the prevalence of COVID-19 to be on a downward trajectory. Whilst there are some groups where cases are likely to continue rising, it is likely that the Omicron wave has now peaked nationally. There remains significant pressure on the NHS but hospital admissions have stabilised, and the number of patients in Intensive Care Units (ICU) remain low and are falling.*

*This means it is right we remove the most stringent restrictions around wearing face coverings from education, but the virus is still with us, and continuing with proportionate protective measures remains vital to protect education.*

*Local directors of public health are able to recommend the use of face coverings in communal areas, across their area only, where DfE and public health experts judge the measure to be proportionate due to specific health concerns. This is a temporary measure. Directors of public health will continue to advise individual settings experiencing outbreaks. Any local introduction of face coverings will be subject to routine review and removed at the earliest opportunity.*

Therefore, the school will be implementing this advice, notably that:

- From Thursday 20 January 2022, face coverings will no longer be required in classrooms

From Thursday 27 January 2022, face coverings will not be required in communal areas (and will remain the case unless local directors of public health assess it should change, given local rates of Covid-19)

We await further guidance from the DfE regarding the wearing of face coverings on school transport. In the meantime, we recommend students continue wearing face coverings on school transport.

Many students and staff will likely continue to want to wear face coverings both in the classroom and in communal settings. Such a decision has the full support of the school and we will continue to hold supplies of face coverings for any student who wishes to wear one.

May I take this opportunity to thank students and parents for their support with the wearing of face coverings to this point. The vast majority of students and parents have worked to support the school throughout the various Covid-19 related policy decisions over the last two years and the school leadership team has valued this support.

Kind regards,

Steve Mulcahy  
Headteacher



## RLS GIVING BACK - TRURO FOODBANK

By Mia Ewart

Over the whole of December, Richard Lander took part in a reverse advent calendar, working towards having boxes full of food to donate to Truro Food Bank. Each tutor was given a poster, and each individual was allocated a day in which to bring in an item; this could range from soup to tea bags. In addition to this, on the last day of term, students could either bring in £1 or something for the food bank in return for wearing non uniform.

*Overall, we raised £673.79, as well as ending up with a minibus full of food going to this good cause. We were so pleased to see such a great outcome!*

Truro food bank provides 3 days' worth of nutritional, emergency food to support local people and those in need. Nobody should have to face going hungry. The foodbank is part of a nationwide foodbank, supported by The Trussell Trust, working to combat poverty and hunger strike.

Every contribution makes such a big difference, and changes lives.



Well done to the whole school for supporting this initiative, with special mention to Miss Niles' tutor group who coordinated it all!



## RLS BOOK EXCHANGE NOW OPEN

*Our Book Exchange is open and staffed by our reading leaders during the following times:*

**Tuesday and Wednesday 1.30pm to 2pm.**

There are two rules:

1. One book in and one book out.
2. Respect the space and leave it tidy.

Thank you to everyone who has donated books so far. We would like even more books; if you can spare any books which you or your children have enjoyed, please just leave them on the donation shelf so that the reading leaders can stamp them.







## MR BRIDGER—BBC SPORTS PERSONALITY OF THE YEAR - SOUTH WEST UNSUNG HERO AWARD

Huge congratulations to Mr Bridger for his recognition as BBC Sports Personality of the Year for the South West.

Mr Bridger was held up as an unsung hero his work setting up Grasshopper FC Greens at Tremorvah Park for under 12s who weren't getting games with any of their own clubs.

Of course Mr Bridger also does a huge amount for us at Richard Lander School, leading on our Healthy Schools initiatives, organising Movember each year to raise awareness of men's cancers, running charity dodgeball competitions.. as well as running school sports teams, being Head of Godrevy and working as a full time teacher! Well done Mr Bridger, we consider ourselves very lucky to have you working here : )



## TEN TORS TRAINING RETURNS AFTER 2 YEAR BREAK

Last Saturday saw 20 students and 6 staff parking at Meldon Reservoir and stomping up Higher Willhays/Yes Tor to the highest point on Dartmoor, which is actually it's the highest point in UK south of Brecon Beacons.

The walk also provided expanses of 'baby heads' - those tuffets that can make a walk rather hard going - a beautiful (nearly full) moon and sunset and curious and playful Dartmoor ponies.

An amazing team of very strong and moorworthy students had an excellent day of training in mild & kind weather and we are all looking forward to the next one already. The next training walk is scheduled for 29th January.





## RLS WASTE LESS CANTEN - UPDATE—TERRACYCLE

In November 2021 we introduced our Waste Less Canteen initiative which saw us replacing the vast majority of our single use canteen waste with washable items. In the first weeks, Duke of Edinburgh volunteers helped to get students used to the new system and sorted recycling bins. The new initiative has gone very smoothly with students adapting to clearing their plates and cutlery very well and, as a result, we have diverted thousands of items from the incinerator already.

Since half term, Duke of Edinburgh volunteers have been creating an eye catching collection bin for crisp bags and chocolate biscuit wrappers. These will then be sent to TerraCycle. TerraCycle recycle the "non-recyclable." and divert millions of pounds of waste from landfills and incinerators each month. The waste is recycled into a raw material and sold to manufacturing companies who produce the end product and complete the journey of recycling. These end products may include outdoor furniture and decking, plastic shipping pallets, watering cans, storage containers and bins, tubes for construction applications, flooring tiles, playground surface covers and athletic fields, and much more. [For more on Terracycle's work please follow this link](#)

We look forward to introducing the new TerraCycle 'bin' next week and hope it will help our packed lunch students with crisp bags and chocolate biscuit wrappers to be more responsible with their waste. These initiatives along with Mrs Knight's used pen recycling, the DT department's milk bottle, gluestick, HDPE and PPE shredding and pressing, and the school recycling bins should really help to reduce our school's waste.



Well done to all the student who made the TerraCycle bin, especially Ruby, Lexy and Daisy!  
If you are interested in joining the Eco Team, please speak to your Geography teacher or come along to a meeting. Meetings are held every Wednesday from 3pm—3:45pm.





## DUKE OF EDINBURGH—BRONZE AWARD

By Mia Ewart

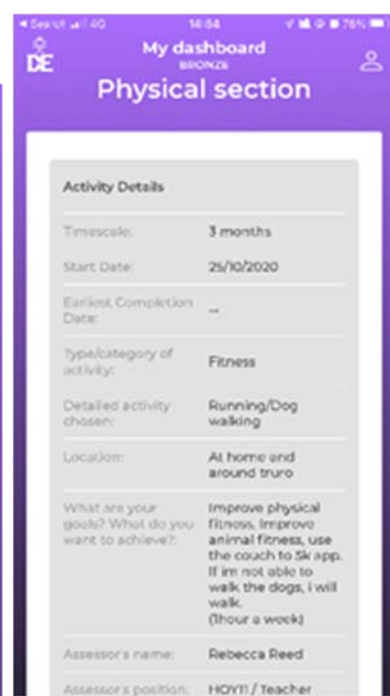
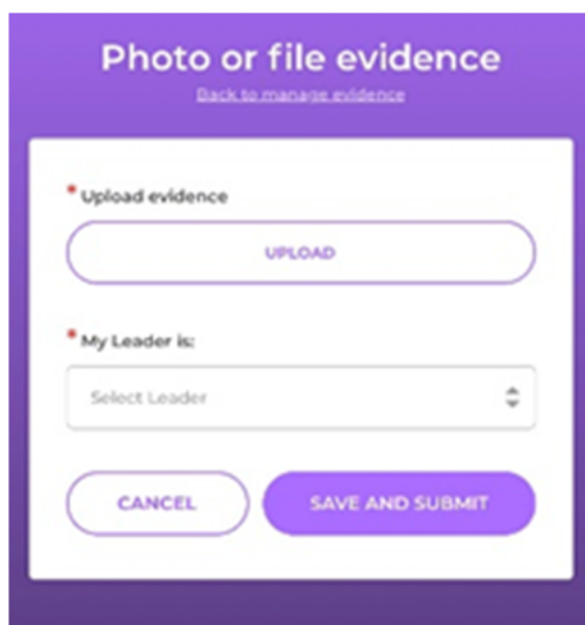
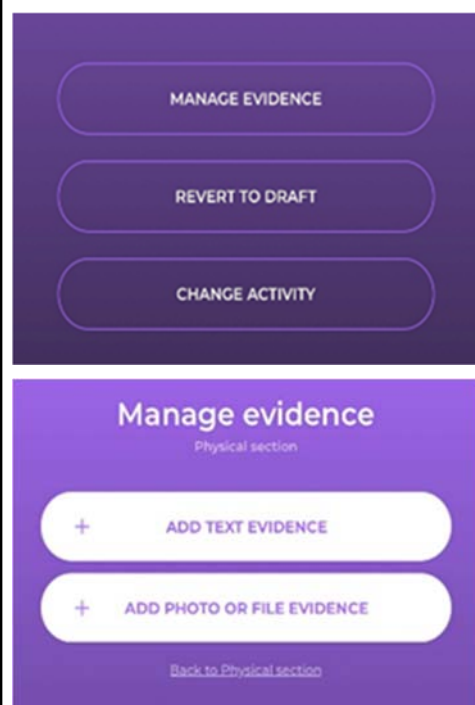
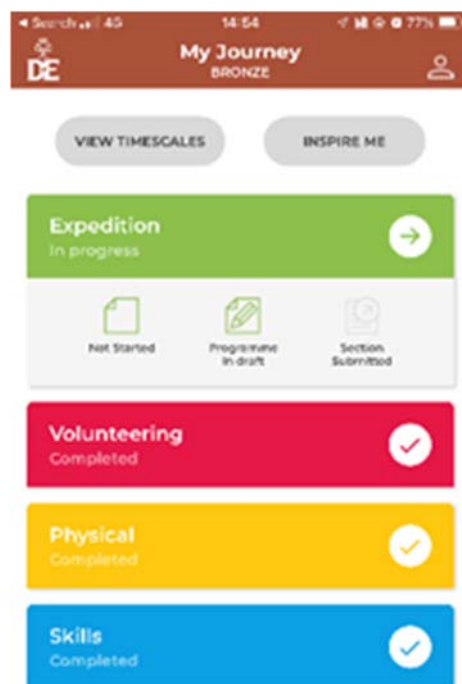
This year, I'm well into my DofE journey, and have completed all of my sections needed (Physical, Volunteering, and Skills), now only waiting on the expedition in April. I'm currently in Year 10, and having started my Duke of Edinburgh Bronze in Year 9. During the pandemic, it was harder than usual to find activities to do that would fit the criteria for each section. After organising my group, I looked at the examples and links signposting me towards activities that I could do for each section, I found this incredibly helpful and started navigating my way through the DofE app.

**Skills**—I chose to do this for 6 months, using 'ELFhub', a website that trainee nurses use, that has mini quizzes and information packs on it, my main focus for the quizzes was learning more about midwifery. I really enjoyed doing this, so it was easy to make up the hours required. Using the app, I posted on social media to raise awareness about St John's Ambulance for my **Volunteering**. I found it useful and gained valuable knowledge about subjects such as CPR and how to deal with emergency situations, also uploading photo evidence through the app for my assessor to mark as completed.

For my **Physical** section, I took up running, using the 'Couchto5K' app and Strava to record sessions, and went on dog walks with my family. After doing this for 3 months, I did manage to successfully beat the 5K target, and found my fitness improving; the photos I used as evidence showed my route and how long it took.

To upload evidence to the app or website, you need an assessor. Login, and go onto the relevant section, such as physical, I've used mine as an example (top right). Scroll down to the bottom of the page after submitting your information, click manage evidence, and there should be two choices to either submit a text or photograph as evidence. From there it should be easy; either describe what you did, and if you reached any of your goals, or upload a photo.

Throughout my DofE, I've found myself becoming more independent and confident, and I can't wait to do my expedition with my group in April. I would 100% recommend doing DofE to everyone who is interested.







## CASTLE COMPETITION 2022

The 15th annual castle competition took place this year and as ever our Year 7 students amazed us with their creativity and talent. This year we saw more castles made using sustainable materials, which was fantastic to see.

Some highlights included castles made from shreddies, gingerbread and one made entirely from Coronavirus test kits. Another highlight was a castle with real water in the moat. Our overall winners were Roxy Barnard, Saskia Foreman and Ava Spoors who received gift vouchers that can be used in a variety of stores.

Thank you to all the students (and adult helpers) who made castles.

The History Department







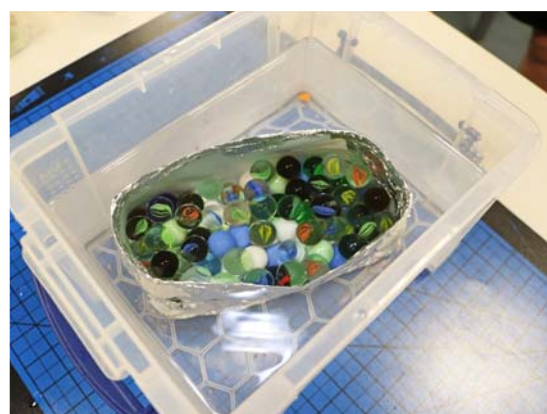
## YEAR 8 BUILD BOATS WITH MARINE SOCIETY & SEA CADETS

Last week a group of Year 8 students attended a workshop with Richard from the Marine Society & Sea Cadets. It was linked to careers in marine engineering and in particular buoyancy and density.

Students heard a very informative presentation from Richard (including some examples of famous engineering failures in history!) and then had the opportunity to make a prototype boat out of plastercine to try out ideas about buoyancy. Once they were confident they had some designs that would float, they were given the challenge to design a boat out of cardboard and aluminium foil that was capable of holding the maximum amount of marbles as possible.

The winning design in 8RD1 was by Josh and Jayden with an amazing 186 marbles before the boat sank. It was a really enjoyable, fun session with some fantastic designs.

Well done to our Year 8 shipbuilders and thank you Richard Quin for a great workshop!







## YEAR 10 GCSE TEXTILES - SKETCHBOOK WORK

Our Year 10 GCSE textiles students take such a pride in their sketchbooks which become something we hope many of them will keep forever. This week we have been featuring their work on social media:



Stunning sketchbook work from Year 10 GCSE Textiles students Emily and Flo. At the beginning of the course students are encouraged to find interesting patterns and textures in the unnoticed and then to develop their own mark making from these.

Having developed their mark making, students create mood boards in PowerPoint and then use the colour picker to create a palette of colours. They then use these colours to create a collage and weaving. Beautiful exploration of colour and texture, by Pollyanna and Amy, in these Year 10 GCSE Textiles sketchbooks.



Students move on from their mark making and colour palette exploration to creating striking repeating patterns, the basis of fabric design.

The 1950s project then begins with students researching this iconic decade along with the work of British textile artist, Lucienne Day. They develop their own embellished print, before starting their 1950s project. We can't wait to see how their work develops!





## **MAKING PUPPETS FROM WASTE WITH CHRIS NIXON**

Before Christmas, Year 9 students enjoyed a workshop with artist Chris Nixon making puppets. The puppets were made out of reused packaging and electronic waste and had so much character! Here are the puppets with their proud puppet 'parents' and on the drying rack. Can you spot Boris? Can you spot a famous billionaire? (made by Chris Nixon)







## SPORTS REPORT

*Lunchtime and afterschool extra curricular sports clubs and fixtures are in full flow already.*

*This week our Year 7,8,9,10 Boys Football teams played Truro School, our Year 11 Boys Football competed in the County Cup semi final against Helston School and our KS4 Girls Hockey team took on Penair in a home fixture. Full fixture list on the following pages. Please note these are subject to change and will be confirmed closer to the time of each fixture.*

*Well done to all the students who turn up for training sessions and represent the school in fixtures. More news on the fixture results in the next bulletin.*



Thank you Niamh from Truro College for the excellent hockey goalkeeper training on Wednesday night. Our Year 7 & 8 goalkeepers, Emma, Isla and Martha, really enjoyed it! Pictures below of football training session on Wednesday night for Year 8, 9 & 10 boys, with over 60 students turning up.



*Well done to the Year 7 & 8 netballers who completed in a B Team tournament at the end of the Autumn term. Our Year 7 girls finished 1st and Year 8 team finished 2nd, meaning that they were invited to attend the tournament final of the Cornwall School Games on the following Friday.*

Final placings saw Year 7 finishing 2nd and Year 8 finishing 4th overall—fabulous results. The girls played some amazing netball, playing all of the different positions throughout the day and showing great team spirit and resilience—even through a hail shower. Well Done!





Details for each fixture – e.g. year groups playing, times, venue etc. - will be confirmed nearer the date of the fixture.

Football Fixture List			
Spring term 2022			
VENUE	DATE	SCHOOL	YEARS PLAYING (to be confirmed)
<b>January</b>			
A	Thursday 13 <sup>th</sup>	Redruth	Y7   Y8   Y9   Y10
H	Wednesday 19 <sup>th</sup>	Truro	Y7   Y8   Y9   Y10
H	Tuesday 25 <sup>th</sup>	Camborne	Y7   Y8   Y9   Y10
<b>February</b>			
H	Thursday 3 <sup>rd</sup>	Penair	Y7   Y8   Y9   Y10   Y11
A	Thursday 10 <sup>th</sup>	Penryn	Y7   Y8   Y9   Y10   Y11
A	Thursday 17 <sup>th</sup>	Pool	Y7   Y8   Y9   Y10   Y11
<b>March</b>			
A	Thursday 3 <sup>rd</sup>	Mullion	Y7   Y8   Y9   Y10   Y11
A	Tuesday 8 <sup>th</sup>	Helston	Y7   Y8   Y9   Y10   Y11
H	Thursday 17 <sup>th</sup>	Falmouth	Y7   Y8   Y9   Y10   Y11

## **Training nights (3pm – 4.15pm):**

**Yr 8, 9 and 10 – Tuesdays after school**

**Yr7 and 11 – Wednesdays after school**

- All year groups are also entered into the Cornwall Schools Knock-out cups – your teacher will give you details of these games.
- Please make sure you check the PE noticeboard regularly for team sheets for upcoming games.
- You must have completed a PE department consent form at some point since September 2021 in order for you to be able to represent the school. Please collect one if you have not done this yet.





V3b



## GIRLS FIXTURES SPRING TERM 2022



Date	Activity	Year group	School	Venue
Sunday 16 <sup>th</sup> Jan	Cross Country	ALL	Truro School	AWAY
Thursday 20 <sup>th</sup> Jan	Hockey	U16	Penair	HOME
Sunday 23 <sup>rd</sup> Jan	SW Gymnastics	ALL	Bideford	AWAY
Wednesday 26 <sup>th</sup> Jan	Hockey	U16	Truro High	HOME
Thursday 27 <sup>th</sup> Jan	County Hockey	U13	Penair	AWAY
Friday 28 <sup>th</sup> -29 <sup>th</sup> Jan	Regional Netball	U14	Bournemouth	AWAY
Wednesday 2 <sup>nd</sup> Feb	Carrick Dance	ALL	Hall For Cornwall	
Thursday 3 <sup>rd</sup> Feb	Hockey	U16	Penryn	AWAY
Thursday 3 <sup>rd</sup> Feb	Hockey	U12/13	Pool	Home
Sunday 6 <sup>th</sup> Feb	SW F&V Gym	ALL	Bideford	AWAY
Tuesday 8 <sup>th</sup> Feb	Netball	U12/13	Penryn	AWAY
Thursday 10 <sup>th</sup> Feb	Hockey	U16	Truro School	AWAY
Wednesday 16 <sup>th</sup> Feb	County Hockey	U15		TBC
HALF TERM				
Friday 4 <sup>th</sup> March	County Netball	U15		TBC
Thursday 10 <sup>th</sup> March	Hockey	U12/13/14	Penair	HOME
Thursday 17 <sup>th</sup> March	Hockey	U12/13/14	Truro High	AWAY
Tuesday 22 <sup>nd</sup> March	County Hockey	U12		TBC
Wednesday 23 <sup>rd</sup> March	County Netball	U13		TBC
Thursday 24 <sup>th</sup> March	Hockey	U12/13/14	Penryn	HOME
Wednesday 30 <sup>th</sup> March	Hockey	U14	Truro School	HOME
Wednesday 30 <sup>th</sup> March	Hockey	U12/13	Truro School	AWAY
Wednesday 6 <sup>th</sup> April	County Netball	U12		TBC



## MOVING ON FROM RICHARD LANDER SCHOOL

We regularly post taster opportunities to help our Year 10 & 11 students to decide on their 'life after Lander' educational journey on our social media accounts. Follow @richardlanderschooluk on Facebook and Instagram.

### TASTER DAYS AT CORNWALL COLLEGE—ST AUSTELL CAMPUS AND CAMBORNE CAMPUS

**Taster days at Cornwall College's St Austell and Camborne campuses are scheduled to run face to face on the 18th February 2022 from 5pm – 7pm**

These give Year 10 and up students a chance to get hands-on with real course activities, and to explore the campuses and find out what it's like to be a student at Cornwall College. Parents or family members are very welcome to stay and have a cup of tea or coffee, while students are in the taster session. This is a great opportunity for parents to chat to the passionate Cornwall College team about other important aspects of college life, such as transport, additional learning support, finance options and the student experience. In the final part of the taster session, there will also be the chance for family members to tour the curriculum facilities and meet the teaching team.

Please see links below for how to book on to these events :-

[Taster Session at St Austell campus - Cornwall College](#)

[Taster Session at Camborne campus - Cornwall College](#)





MOVING ON FROM RICHARD LANDER SCHOOL

# CSMS

CORNWALL SCHOOL OF  
MATHEMATICS AND SCIENCE

FUTUROS PRINCIPES EXCOLIMUS

## TASTER MORNING

Saturday 5 February

10am to 1.30pm



86%  
GRADES AT  
A/A\*



Sign up to attend at:

**[csms.co.uk](https://csms.co.uk)**

  @cornwallschoolmathsandscience

 Nexus Campus, Trevu Rd, Camborne TR14 7AD



**TRURO  
& PENWITH  
COLLEGE**



**APPLY ONLINE NOW AT  
TRURO-PENWITH.AC.UK**

**OUTSTANDING EDUCATION - INSPIRING FUTURES**







Best Start in Life team invites you  
to register your interest in



# SPACE

## Supporting parents and children emotionally

**SPACE** is a new **free** programme for **any parent or carer** who wants to better understand and support their children's emotions, as well as their own.

### This 6 weeks face-to-face programme will cover:

- Understanding what is meant by a Trauma Informed approach
- Understanding toxic stress and the flight/fight response
- Practical approaches to support children to regulate their emotions
- Healthy coping strategies for dealing with stress
- Managing different emotions
- Understanding behaviour
- Building resilience in ourselves and our children
- Adopting appropriate expectations of children
- Enhancing your ability to provide nurturing care

Opportunity to earn time credits for attending to get access to FREE family activities and days out.

Where: Lescudjack Centre, Penzance

When: Mondays 10-12am

Dates: 24th January 28th February 2022

Initial session on the 24th is introductory.



To register your interest or find out more, please email

Marta.Gersova@cornwall.gov.uk Myah.Jenkins@cornwall.gov.uk

HEADSTART  
KERNOW



Together  
for Families





The Best Start in Life Team invites  
you to register your interest in



# SPACE

## Supporting parents and children emotionally

**SPACE** is a new **free** programme for **any parent or carer** who wants to better understand and support their children's emotions, as well as their own.

### This 6 session, face-to-face programme will cover:

- Understanding what is meant by a Trauma Informed approach
- Understanding toxic stress and the flight/fight response
- Practical approaches to support children to regulate their emotions
- Healthy coping strategies for dealing with stress
- Managing different emotions
- Understanding behaviour
- Building resilience in ourselves and our children
- Adopting appropriate expectations of children
- Enhancing your ability to provide nurturing care

There is an opportunity to earn Time Credits for attending. These can be used to access FREE family activities and days out.

Where: Helston Family Hub  
When: Each Wednesday from 10am-12pm  
Dates: 26/01/21 until 2/03/21  
The initial session is introductory.



To register your interest or find out more, please email

[Eileen.McNulty@cornwall.gov.uk](mailto:Eileen.McNulty@cornwall.gov.uk) [Holly.Williams@cornwall.gov.uk](mailto:Holly.Williams@cornwall.gov.uk)





# JOIN US @ OUR OPEN EVENTS

## **Bicton College**

Sat 20 Nov 10am - 12pm  
Sat 5 Feb 10am - 12pm  
Sat 26 Mar 10am - 12pm

## **Falmouth Marine School**

Sat 20 Nov 10am - 12pm  
Sat 5 Feb 10am - 12pm  
Sat 26 Mar 10am - 12pm

## **Cornwall College**

**campuses in:**

**Camborne, St Austell &  
Newquay**

Thu 25 Nov 5pm - 7pm  
Tue 8 Feb 5pm - 7pm  
Thu 19 May 5pm - 7pm

## **Apprenticeship Jobs Fair**

**Cornwall College**

**Camborne & St Austell**

Thu 19 May 5pm - 7pm

## **Duchy College**

**Stoke Climsland &**

**Rosewarne campuses**

Sat 27 Nov 10am - 12pm  
Sat 29 Jan 10am - 12pm  
Sat 19 Mar 10am - 12pm  
(Stoke Climsland)



Register for more info visit [cornwall.ac.uk/events-and-tasters](https://cornwall.ac.uk/events-and-tasters)

## #thecareercollege

THE CORNWALL COLLEGE GROUP







# TRURO & PENWITH COLLEGE



## OPEN EVENTS

MEET THE STAFF \_ TOUR THE CAMPUS \_ EXPLORE YOUR OPTIONS

### TRURO COLLEGE

Sat 06 Nov 2021 **Open Day** 10am - 3pm  
Thu 02 Dec 2021 **Open Evening** 5pm - 8pm  
Thu 06 Jan 2022 **Open Evening** 5pm - 8pm  
Thu 13 Jan 2022 **IB Info Evening** 7pm  
Sat 05 Mar 2022 **Open Morning** 10am - 1pm  
Thu 05 May 2022 **Open Evening** 5pm - 8pm

### PENWITH COLLEGE

Sat 27 Nov 2021 **Open Day** 10am - 3pm  
Thu 20 Jan 2022 **Open Evening** 5pm - 8pm  
Sat 19 Feb 2022 **Open Morning** 10am - 1pm  
Thu 12 May 2022 **Open Evening** 5pm - 8pm

Discover more online:  
[truro-penwith.ac.uk/openevents](https://truro-penwith.ac.uk/openevents)

