



RICHARD LANDER SCHOOL BULLETIN

19th January 2024

Dates for your Diary

JANUARY

Monday 22nd January — Friday 2nd

February

Year 10 Progress Reviews

Tuesday 23rd

Lego RSPB Lesson

Wednesday 24th

U14 County Cup Football Match at Truro School

Full Governing Board Meeting

Thursday 25th

U13 County Hockey Tournament

At Penair

Girls Primary Football Tournament with RLS

Sports Leaders at Truro College

1530-1730: Youth Speaks Debating Activity

GCSE Music Performance Exam

Friday 26th

U12 and U14 Girls Football County Cup

Matches at Camborne School

Primary Languages Workshop with RLS Year

10 Languages Ambassadors

EYES DOWN AT 18:00-21:00

Lander4Uganda BINGO NIGHT!

Sunday 28th

Gymnastics Competition at Kingsley School, Bideford

Monday 29th/Tuesday 30th

Carrick Dance Rehearsal

Tuesday 30th

Marine & Sustainability Day

Wednesday 31st/Thursday 1st February

18:00-20:00-Carrick Dance Performance at the Hall for Cornwall

FEBRUARY

Thursday 1st

U12 County Netball Tournament at Truro School and Penair

15:30-18:30-Year 10 Parents Evening

Carrick Dance Rehearsal

18:00-20:00-Carrick Dance Performance at the Hall for Cornwall

Friday 2nd

Years 4,5,6 Cross Country Competition with RLS Sports Leaders

Ice Skating Rewards Trip to the Eden Project



Richard Lander School

BINGO NIGHT

Games • Fun • Prizes
Drinks and refreshments

Friday 26th January
Starts 5.30PM eyes down 6pm

TICKETS: £8 for 4 games or £12 with a pasty

BOOK NOW AS SPACE IS LIMITED!

All proceeds raised for Uganda 2024



RICHARD LANDER SCHOOL BULLETIN

19th January 2024



YEAR 7 AND YEAR 8 **SCHOOL DISCO**

THURSDAY THE 8TH OF FEBRUARY
6PM - 8.30PM
£5 A TICKET - PAY VIA PARENT PAY



Friday 2nd/Saturday 3rd
Regional Netball Tournament in Bournemouth

Monday 5th—Sunday 11th
National Apprenticeship Week
Tuesday 6th

Take Your Child to Work Day
Les Miserables Rehearsal Drop Down Day

Wednesday 7th
ARB Rewards visit to Bodmin
16:30-19:30 Governor Meeting -

Teaching & Learning Committee
Thursday 8th
ARB Cricket Tournament at Truro College
Lander4Uganda Year 7 & 8 School Disco

Friday 9th
Year 11 Apprenticeship Workshop

Monday 12th February—Friday 16th February
Half Term Break

Monday 19th February—Friday 8th March

Year 11 PPE2

Monday 19th February—Friday 23rd February

Year 8 Paris Trip

Tuesday 20th

Immunisation Day

Year 9 Mingalaba Visit to Penryn College

Wednesday 21st

Year 7 Take Your Child to Work Day

Friday 23rd

First Encounters Shakespeare: Romeo and Juliet at the Hall for Cornwall

Monday 26th February—Friday 1st March

Year 10 Iceland Trip

Monday 26th

Year 10 Visit to Nancarrow Farm
KS4 Music - Bournemouth
Symphony Orchestra Concert at Truro Methodist Church

Langarth Skate Park Consultation

Wednesday 28th

KS4 Hockey Tournament at Penryn College

Governor Meeting - Resources Committee (SFVS)

MARCH

Friday 1st

Youth Regional Music Festival at Truro Methodist Church

Tuesday 5th

Marine & Sustainability Day

U12 Hockey Tournament at Truro School

Friday 8th

Years 3/4 Multi Skills Festival with RLS Sports Leaders

Monday 11th—Friday 22nd

Year 7 Progress Reviews

Monday 11th - Friday 15th

Science Week

Cornwall Music Festival - Programme to follow



RICHARD LANDER SCHOOL BULLETIN

19th January 2024

Richard Lander School & Kunisaki High School in Oita, Japan, become Sister Schools



On Friday 15th December, Richard Lander School became sister school to Kunisaki High School in Oita, Japan.

At 9am GMT/ 6pm JST, Headteacher, Mr Mulcahy, and Mrs Morgans signed an agreement with Headteacher, Masahiko Oda, of Kunisaki High School in Oita, Japan, to formalise our relationship and officially become sister schools. This agreement is designed to promote understanding and create fantastic experiences for students through cultural exchange.

Our relationship with Kunisaki High School began due to both schools being near to a spaceport and both schools promoting STEM/STEAM education. Over the course of the past year, there have been staff and student conference calls, student cultural presentations by Zoom, and an in-person meeting of key staff last summer, where a Cornish cream tea was enjoyed!

Wonderful friendships are developing, future ideas are flowing so the time has come to formalise the relationship.

We are delighted to be sister school to Kunisaki High School and can't wait to see where this partnership will travel in future years.





RICHARD LANDER SCHOOL BULLETIN

19th January 2024



BBC Bitesize Roadshow comes to Richard Lander School

The BBC Bitesize roadshow came to Richard Lander School this week, to widen our students' horizons and encourage them to consider careers they may never have thought of before.

A local and national panel took students through their professional journeys before inviting questions via a microphone rugby ball which was thrown from pupil to pupil!

The panel consisted of Kevin Bates, Site Engineering Manager at the Eden Project, Gareth Davies, Head of Media - Cornwall Rugby League FC, Lou Symons, Production Apprentice at the BBC and Ross Fiddes, Presenter and Reporter for ViaPlay, Sports UK, BBC Sport and BBC Bitesize. The panel had a wealth of experience which they openly shared with our students. Students learned about what happens when the Eden Project floods, how Gareth Davies put himself out of his comfort zone to become Media Operations Lead at the 2021 Rugby League World Cup and what a day in the life at Radio Cornwall might consist of.

After the panel had shared their stories, Ross Fiddes asked Year 8 who are the noisiest students, the organisers, those that just get on with it before going on to highlight that all these personality traits are soft skills which are useful in the workplace and desirable to employers. Then on to student questions which were spoken into the rugby ball microphone, an opportunity for our young people to ask about best experiences, worst experiences or anything else... well done to all the students who asked questions today!





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19th January 2024



Year 7 Medieval Castles Competition

For History homework, Year 7 students were tasked to build a medieval castle, considering historical accuracy, overall design and attention to detail along with creative use of materials.

These castles are now arriving in school, and being

presented to the class during history lessons, and there are many amazing designs. This competition has been running for quite a few years and yet students still manage to astound the History staff with their unique takes on this challenging task!

Here are some entries from Ms Rickatson and Mrs Brindley's classes. We look forward to the grand final next week.



MFL Yule Log Competition

Before we broke up for Christmas, our Modern Foreign Languages department held a yule log competition.

Here are pictures of some of the delicious look yule log entries. Very well done to everyone who entered!

The winners of the competition were:

Presentation

1st Iga, 2nd Isobel, 3rd Willow

Taste

1st Isobel, 2nd Tilda, 3rd Alana

The most creative prize was awarded to Lerran.



RICHARD LANDER SCHOOL BULLETIN

19th January 2024

Year 9 Options Fair

Last week, we hosted Year 9 Options Fair. This was a great opportunity for students and parents/carers to talk to teachers about KS4 courses and see exemplary KS4 work.

Our KS4 curriculum provides breadth, balance and opportunity and incorporates the governments latest plans for 14-19 curriculum. In Year 10, students will either follow the EBacc route with an additional 2 free choices, or the Extended Core route with an addition 3 free choices.

The English Baccalaureate (EBacc) is a suite of core subjects approved by the Department of Education to keep options wide open for future careers. The EBacc subjects are English Language and English Literature, Maths, Science, History or Geography, French or Spanish. Students will also choose an additional 2 entirely free choices

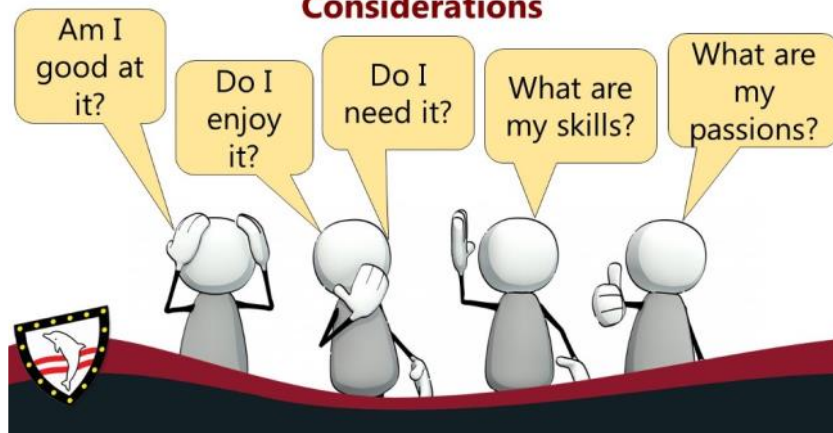
Extended Core students will study English Language and English Literature, Maths, Science and one option choice of Geography, History, French, Spanish, Computer Science or Triple Science. They will also choose an additional 3 entirely free choices.

Year 9 students should consider their own interests, abilities and aspirations. Guidance and support is available from Mrs Bond, parents and carers, teachers, tutors, Head of Year—Mr Barnado, Pastoral Team and Careers Lead, Mrs Grenfell.

Year 9 must all complete their Options Form online by Friday 26th January. If you have already completed your Options Form but now wish to make changes, please talk to Mrs Bond - her office is next to room 200.



Considerations





RICHARD LANDER SCHOOL BULLETIN

19th January 2024

Life at Key Stage 4

To show you some of the amazing options Year 9 have we are sharing some photos of great Key Stage 4 work, taken last term and this month. Please also check out @richardlanderschoolart on Instagram which regularly features GCSE Art and Photography RLS student work.

Here are some photos of our Y11 Drama GCSE student performances taken just before Christmas. These were hard-hitting, passionate performances from our students on real-life issues such as protest and period poverty. This year we saw some of the best props / scenery we have ever seen at Lander too.

Check out the exquisite detail and tailoring in these GCSE Textiles final pieces. Mrs Downing was really sad to see these beautiful pieces of artwork leave her classroom after Y12 Presentation Evening but, don't worry, this year's students are hard at work creating more! More photos on next page...





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19th January 2024

Work at Key Stage 4



Last term, Year 10 Graphic Design students were tasked with redesigning book covers. They took key titles over the last 25 years and used CAD to demonstrate a range of skills. Miss O'Connor is very impressed with how they turned out. Well done Y10!



The Making of the Puppet!

As well as being assessed on their performance, GCSE Drama students can also be assessed on lighting, sound, set, costume and puppet design!

Year 11, Amelia, has done an amazing job designing and making our first ever puppet. Firstly she sculpted the head in buff clay before making a plaster mould and casting the head in silicone with soft foam filling. The head was then painted, resin eyes were made, the head was attached to a torso, dressed and finally



brought to life, by actress and puppet handler, Ruby, in her GCSE Drama piece before Christmas. We are very lucky to have Mrs Buys working at Richard Lander School who has worked on many film sets and has a MA in Prosthetic Effects. She has taught Amelia all the techniques she needed to create this fabulous puppet.. known to students and staff as 'Jeremy.'

More amazing GCSE Textile Art coursework!





RLS Giving Back - Truro Foodbank donations delivered!

Last term, Miss Churchill and Mr McDonald's tutor groups organised foodbank donations with the help of Truro Foodbank's Reverse Advent scheme and an end of term non-uniform day.

Our families came up trumps with very generous donations and last week Miss Wright and Mr Morgans loaded the school minibus and headed down to the foodbank to weigh in a staggering 488.1kg of food and household essentials. In addition to this we are donating a sizable cash donation from everyone who chose to pay £1 for non-uniform day rather than bring in food. We will bring you the total soon.

Truro Foodbank has been experiencing extremely high demand and helping record numbers of people in the run up to Christmas - around 80 people per week. They have a brilliant new system which allows customers to select exactly what they want from sorted shelves, according to the quantities allocated to their family size. There is also short dated food and fresh vegetables from local farms to reduce food waste. Privacy is very much respected and there is a lovely welcoming atmosphere.

The school minibus was full up with food this time, so we couldn't fit any students in, but we plan to take students on a visit soon as it really is an uplifting, inspirational place to visit.



LANDER4UGANDA UNIFORM PRICE LIST

	Our Price	Retail
Rugby tops	£10	£30.99
Sports teeshirts	£5	£11.99
Sports shorts (boys)	£7	£16.49
Skorts (girls)	£7	£19.99
Sports socks	£2.50	£6.59
Hoodies	£10	£30.44
Polo Shirts	£4	£9.73 - £11.68
Skirts	£5	£16.22 - £22.06
Trousers (boys)	£5	£15.14 - £20.77
Trousers (girls)	£5	£15.14 - £20.76
Cardigan/Jumper	£7	£17.30 - £20.77
Shorts (unisex)	£6	£18.39 - £22.71

Prices are discretionary depending on condition.

All proceeds to Lander4Uganda.

To arrange purchase please contact:
ngrenfell@richardlander.cornwall.sch.uk

Wanted! Pre-Loved Richard Lander School Uniform in good, clean condition



Our pre-loved uniform stock is running low in large sizes and we are always very grateful for uniform/PE kit donations in all sizes!

If your child has had a growth spurt over Christmas, please would you consider donating their old uniform to our shop?

Our Lander4Uganda team has a supply of second hand school uniform and PE kit, which we sell to raise funds for the work we will do when we visit Uganda in July 2024. As well as the environmental benefits, this also helps by saving parents/carers money against the significant cost of new uniform. Please contact Mrs Grenfell on the email below if you would like to purchase uniform. Please drop any uniform donations to reception. Webale/Thank you!



LANDER4UGANDA UNIFORM SHOP

Contact: NGrenfell@richardlander.cornwall.sch.uk

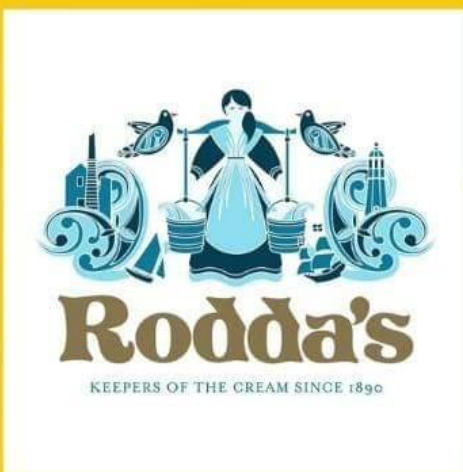


THANK YOU SO MUCH TO THESE GENEROUS LOCAL BUSINESSES WHO HAVE DONATED PRIZES TO LANDER4UGANDA TO HELP WITH OUR FUNDRAISING!

We now have some amazing prizes for the Bingo night and other future events!



CHARLIES FISH AND CHIPS



TRURO CINEMA



THANK YOU!!

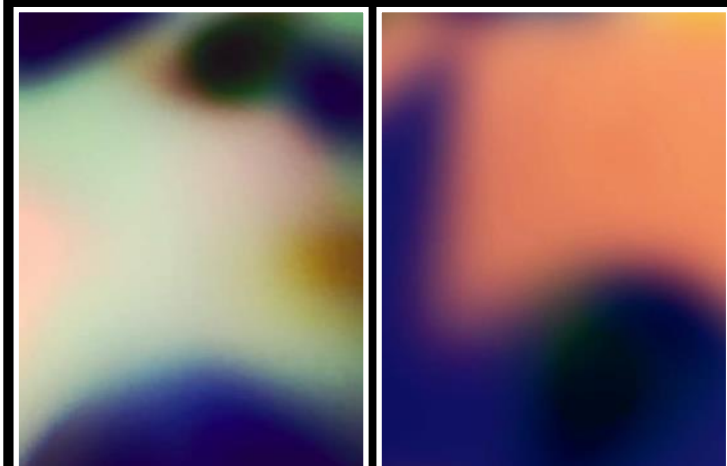
Webale



**@RICHARDLANDERSCHOOLART
ON INSTAGRAM**



We LOVE Immy in Year 7's beautiful colour wheel homework!

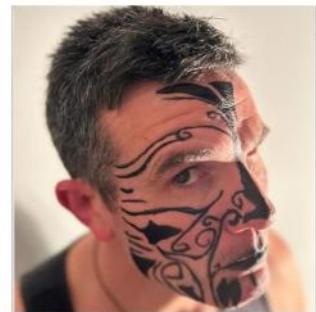


Lovely Jurek Wajodowicz inspired photos by Stefan .



LEFT: The new Gallery!

RIGHT: The winning entries from our photography competition.. Well done Cara, Annabelle, Isla and Kaitlyn!



These Year 9 ceramic pieces look fantastic now they have been glazed and fired



@RICHARDLANDERSCHOOLART ON INSTAGRAM



Students Submissions for the 2024 Young Artists' Summer Show are now open! It's free to enter, and chosen works will be exhibited online and onsite at the RA this summer. To enter you need to be aged 4-19 and studying in the UK. All artworks will be judged by a panel of passionate and award-winning artists and art professionals. Apply by 27 March.



We have an exciting photography competition open to any Year 6 students who attend any of our feeder schools, with great prizes! The theme is *WINTER*. Please submit entries by 31st January



ARB students finished their beautiful fish yesterday . Here is one example of their wonderful work



Annabelle's lovely matchboxes!!



RLS PE & SCHOOL SPORT

U13 Boys Victorious in 6th Round of National Cup

Earlier this month, our U13 Boys Football team played Westfield Academy in the 6th round of the National Cup.

They travelled to Westfield by coach with Mr Parker and Mr Toms and suffered a shaky start to the match, going 2-0 down in the first ten minutes...

However, at this point, their character and resolve shone through and they ended the game triumphant, winning 4-3, thanks to goals from Charlie B, George E, Louis C and Drustyn K. Player of the match was Drustyn.

This meant the boys are through to the last 16 of the National Cup—a phenomenal achievement! The boys now face Kings School, Winchester or Cox Green School, Berkshire in the last 16 of the National Cup. This game will be another away fixture and will take place in the next few weeks. Congratulations and very well done to this remarkable team of spirited, skilful footballers!



U16 Girls Football Team - Season End

Sadly the U16 girls run in the County Cup came to an abrupt end in the semi-finals, where they were beaten 4-1 by a very good Penryn team.

The RLS girls have had a very good run this year with wins over Pool 4-1: Redruth 2-0 and Truro High 4-0.

We say thanks to Erin (Captain), Maisie, Issy, Imogen, Lilly, Elowen and Thea for their contribution to girls football over the past 5 years.



It has been a privilege to coach you and we wish you the best of luck in the future both on and off the field.

Mr Parker



Cornwall School Cross Country Championships

On Saturday 13th January a number of our students visited Truro School to part in the annual Cornwall School Cross Country Championships. Despite the obvious cold weather, conditions were perfect for Cross Country with the ground being firm and limited wind on the course. This is an extremely 'elite' level competition so it is quite an achievement just to take part in these races. Our students equipped themselves very well and all showed a great deal of determination and resilience to complete the challenging course, due to the hills involved and the distance they had to cover. Here are the Richard Lander School highlights from the results for the day.

Individual

Year 7 Boys – Oli W (1st and County Champion)

Year 8/9 Girls – Tassy W (6th)

Year 8/9 Boys – Tom W (7th)

Year 10/11 Girls – Janie H (9th)

Team

Year 8/9 Boys – Tom W, Thomas K, Eoin M and Josh T (3rd position – Bronze Medals)

Congratulations to all our students who took part but special mention must go to our Year 8/9 Boys team who received bronze medals for their 3 place position and of course to Oli W who is the Year 7 Boys County Champion, clearly a young man to keep an eye on in Cross Country and Athletics events over his next 5 years at the school

It's great to report that several of our students have achieved selection for the Cornwall team which will compete in the South West Schools Cross Country Championships in Somerset on Saturday 3rd February, we wish them good luck for this next race.

Photos show our Year 8/9 boys team who won bronze medals (third position) and Year 7 student, Oli, who won his category to become County Champion!





GIRLS FIXTURES SPRING TERM 2024 V3



Date	Activity	Yr group	School	Venue	STAFF	Travel
Thurs 18 th Jan	Hockey	10/11	Penair	HOME	DCA, LCK	N/A
Thurs 18 th Jan	Football	7	Penair	HOME	NTO, LST	N/A
Fri 19 th Jan	Cricket	7	Various	Truro College	LST	Walk
Thurs 25 th Jan	U13 County Hockey Tournament	8	Various	Penair/TS	LCK, LST	Minibus ☐
Thurs 25 th Jan	Hockey	10/11	Truro High	HOME	DCA, EHU	N/A
Sun 28 th Jan	Gymnastics	7-11	Various	Bideford	EHU	Minibus ☐
Tues 30 th Jan	U16 Rugby Festival	10/11	Various	Helston College	NTO/PCK	Minibus/C oach ☐
Thurs 1 st Feb	U12 County Netball Tournament	7	Various	Truro School/Penair	EHU, LST	Minibus ☐
Fri 2 nd & Sat 3 rd Feb	Netball Regionals	U14 & 16	Various	Bournemouth	DCA, LST, DME, LCK	Coach ☐
Wed 7 th Feb	Hockey	10/11	Truro School	AWAY	LCK	Coach ☐
Thurs 8 th Feb	U14 Rugby Festival	8/9	Various	Mounts Bay Academy	PCK	Minibus ☐
HALF TERM						
Thurs 22 nd Feb	Hockey	10/11	Penryn	AWAY	DCA, EHU	Coach ☐
Thurs 22 nd Feb	Football	7,8,9	Penryn	AWAY	NTO, LST, LCK	
Wed 28 th Feb	U15 County Hockey Tournament	9/10	Various	Penryn	EHU	Minibus ☐
Tues 5 th Mar	U12 County Hockey Tournament	7	Various	Penair/TS	EHU, LST	Minibus ☐
Thurs 7 th Mar	Hockey	7,8,9	Penair	HOME	DCA, LCK, LST, EHU	N/A
Thurs 14 th Mar	Hockey	7,8,9	Truro High	AWAY	LST, LCK, DCA, EHU	Coach ☐
Sun 17 th Mar	Gymnastics	7-11	Various	Bideford	EHU	Minibus ☐
Tues 19 th Mar	Hockey	7,8,9	Penryn	HOME	EHU, LST, LCK, NTO	N/A
Wed 27 th Mar	Hockey	7,8,9	Truro School	AWAY	EHU, LST, LCK, NTO	Coach ☐

U13 County Netball Tournament re-arranged Date - TBC



PE and School Sport



Key Stage 3

Key Stage 4

Lunchtime Clubs – Spring Term 2024

	Key Stage	Timings	Lunch arrangements	Activity/Facility	Changing & Meet	Staff Member
Monday	3	1.15-1.57	Students should have lunch at 1pm	Gymnastics/Gym	No changing, meet in the Gym	EHU
				Hockey – Year 9 Girls only/Astro.	Meet and change in the changing rooms	DCA/LST
Tuesday	3	1.15-1.57	Students should have lunch at 1pm	Basketball/Sportshall Year 8 only	No changing, meet in the sportshall.	JWI
				Boys Hockey/Astro.	Meet in the changing rooms.	NST
				Basketball/Sportshall Year 9 only	No changing, meet in the sportshall.	JWI
				Girls Active – Group 2 & 3 Girls only	No changing, meet in the Gym	LCK
				HRF – Group 3 students only	No changing, meet in the HRF room	FTO
Wednesday	4	1.03 – 1.45	Students should have lunch at 1.45	Girls Netball – Year 7 only/Courts	No changing, meet in the changing rooms	NTO
				Mixed Hockey/Astro.	Meet in the changing rooms.	NST
				Badminton&Volleyball/Sportshall	No changing, meet in the Sportshall	LCK/EHU
Thursday	3	1.15-1.57	Students should have lunch at 1pm	Basketball/Sportshall Year 7 Boys only	No changing, meet in the sportshall.	NST
				Girls Football/Astro.	Meet at the astro.	RPR/NTO
				HRF – Group 3 students only	No changing, meet in the HRF room	FTO
Friday	4	1.03 – 1.45	Students should have lunch at 1.45	Basketball/Sportshall Week A – Year 10 only Week B – Year 11 only	No changing, meet in the sportshall.	NST
				Girls Football/Astro.	Meet at the astro.	RPR
				Girls Hockey/Astro. (Till Feb half-term)	Meet in the changing rooms.	LCK

Clubs are open to both boys and girls unless otherwise stated. Students must be on the register for the club should they wish to attend.

PE and School Sport



Key Stage 3

Key Stage 4

Key Stage 3 & 4

After-school Clubs – Spring Term 2024

	Year group	Timings	Activity	Facility	Staff Member
Monday	Years 9, 10 & 11	3.15 – 4.15	Netball	Sportshall	LST/NTO
	Years 7, 8 & 9	3.15 – 4.15	Girls Football	Astro./Fields	NTO/RPR/EHU/THA
Tuesday	Years 7, 8, 10/11	3.15 – 4.15	Football	Fields	RPR, JWI, NST, THA
	Year 7	3.15 – 4.15	Hockey	Astro.	EHU
	Year 8	3.15 – 4.15	Netball (Until Feb. half-term)	Sportshall	LST
Wednesday	Year 9	3.15 – 4.15	Football	Fields	JBR
	Year 8	3.15 – 4.15	Hockey	Astro.	LMA/NTO
	Year 7	3.15 – 4.15	Netball (Until Feb. half-term)	Sportshall	LST
	Years 7 - 11	3.15 – 4.15	Gymnastics (Competition only)	Gym	EHU
Thursday	Years 7-11	3.15 – 6 (Depending on venue and travel)	Football & Hockey Fixtures	Schools Fields/Courts	All PE staff

Clubs are open to both boys and girls unless otherwise stated. Students must be on the register for the club should they wish to attend.



RLS CAREERS UPDATE



Business Breakfast with New Creatives Cornwall

Last week we hosted a business breakfast with New Creatives Cornwall for students who are interested in creative careers and opportunities.

We were delighted to welcome Helen Tiplady from Hall for Cornwall, Ryan Jones from ASONE, Laura Giles from Screen Cornwall and Jack Morrison from Creative

Kernow for croissant in return for their advice and conversation.

Firstly they met with Creative Arts staff and Ms Hughes, Head of English and shared upcoming opportunities on offer to our students. Please see flyer below for just one of these opportunities.

At 9am, students who had signed up for this event headed to the staff room and enjoyed presentations from all four of our guests who introduced themselves, and then myth-busted and informed on working life in the creative industries and opportunities in Cornwall.

Thank you so much to Helen, Ryan, Laura and Jack for making time in your busy days for us. Thank you also to Mrs Grenfell for organising.

Take Your Child to Work Day

We have successfully run the 'Year 7 Take Your Child To Work Day' for a number of years with positive feedback from parents/carers/employers & students. We are really looking forward to hearing all about our students' days out in the working world! Please see poster below for more info.

RICHARD LANDER SCHOOL



TAKE YOUR CHILD TO WORK DAY

TUESDAY 6TH FEBRUARY

How it works:

- 1 - An employer of a parent/carer/relative or close family friend is identified and agreed. The employer will need public liability insurance.
- 2 - The Microsoft form is to be completed by the parent/carer with details of the employer. The deadline for this will be 31st January
- 3 - An email will be sent to the employer explaining the scheme
- 4 - Students will receive a short booklet to complete during their day observing the work place. There are prizes for the best completed workbooks
- 5 - Students will need to be signed into the work place as a visitor for the day.
- 6 - Students that are unable to take part will be expected to attend school for the day where work based activities will be provided for them.

Explore Careers

Get Inspired

CORNWALL GAMES CHALLENGE

HELP BUILD A NEW MULTIPLAYER VIDEO GAME

- + DRAW NEW CHARACTERS
- + WRITE CHARACTER STORIES
- + CREATE NEW LEVELS FOR GAMEPLAY

REGISTER NOW:

www.screencornwall.com/cornwall-games-challenge

SUBMIT YOUR DESIGNS ONLINE BY 18TH FEBRUARY

MIND FEAST GAMES, CORNWALL COUNCIL, HALL FOR CORNWALL, FALMOUTH, software cornwall, Cornwall Games Co, OFTECH, Creative UK, CORNWALL COUNCIL



RLS Eco Update

The Eco Team have been busy preparing a whole school assembly which will be shared next week... Here is some of our latest news..

The **Giant Map of Cornwall made from School Waste** is now up on the wall in the top floor corridor! This piece of art was made in just one day under the guidance of Upcycle Kernow—a community interest company which is based on the Portreath road and is expert on creative use of waste through workshops, training sessions, festival décor..

Our art piece is in triptych format and features well-known places and characters from Cornish legends. Every part of the map is made from school waste—motherboards from now defunct laptops make Cornish towns, the denim off cuts from the bucket hat project create the ocean, paper waste and damaged uniform provide the coastline..

The map was great fun to make and looks amazing on the wall.

Well done to all the students who were involved.

The Eco Team really enjoy the choices we make to be more sustainable and are encouraging staff and students to share their top tips. Here is one from Mrs Downing who loves visible mending and is always happy to show you how to do this!



Visible mending

...
Why should we?



By mending and repairing your clothing, you are making sure that you can wear it for longer, which means you are slowing down how much you consume and making sure that less goes to waste.





RLS Eco Update



The **RSPB Big Garden Birdwatch** takes place from the 26th-28th January and is an excellent thing to get involved with from home.

Big Garden Birdwatch is the world's largest garden wildlife survey. Every year, hundreds of thousands of nature lovers take part, helping to build a picture of how garden birds are faring.

You spend an hour watching the birds in your patch, between 26 and 28 January, and record the birds that land and then tell the RSPB what you saw (even if that's nothing at all) You can submit your results online or by post.

To support this we at RLS are taking part in the Big Schools' Birdwatch. Tutor groups, in rotation, will be invited to take a 15 minute quiet promenade around the school grounds and record the birds that they see.

In preparation Mrs Knight's Year 9 class are taking part in a RSPB/The Day/ Lego live lesson on Tuesday 23rd January. This lesson will challenge students to 'build for birds'. After learning crucial facts about what our feathered friends need students will be provided with Lego and invited to design an inviting and nurturing habitat.

Any student who tells us about their engagement with any part of the RSPB Birdwatch will get Eco merits and will be able to use their efforts towards a green Blue Peter badge or Wildlife award. Mrs Knight is always more than happy to support students in applying for these awards. They look great on your CV and sometimes even get you cheaper or free entrance into top attractions!

More information here:

<https://www.rspb.org.uk/>

26-28 January 2024





RLS NOTICES



Pack Option
Includes:
Unisex PE Top
Unisex PE Shorts
Unisex PE Socks

£39



Unisex PE Top
£26.50



Unisex PE Shorts
£10



Unisex PE Socks
£4.50



Unisex 1/2 Zip Top
£25

PE Kit - September 2024

Following parent consultation last year, the changes on compulsory PE kit have been agreed.

From September 2024, Richard Lander School compulsory PE kit will be unisex and consist of a technical performance, multi-use t-shirt made from moisture wicking fabric, a pair of shorts and a pair of socks. This will have an estimated kit price of £39.00 which is a saving of £24.00 on the cost of the compulsory elements of the kit in previous years.

We are also introducing an optional technical performance zip top, that has been designed as an additional layer that can be worn for PE ONLY. The regular RLS black hoodie will still be available from Whirlwind but should not be worn in PE lessons as this has always been intended as a warm layer for students to wear to and around school.

Shorts are a compulsory item in the new PE kit but students will be given the opportunity to wear plain black, full length unbranded leggings in PE instead of this if they prefer to.

The new PE kit will be phased in for the new academic year in 2024. We will let you know when Whirlwind advise us that stock has arrived.

Of course, students can continue to wear their existing kit and we would not expect parents to replace items due to the change in design. The Lander4Uganda Uniform Shop will continue to sell pre-loved PE kit in the older design.

Our Vision for Attendance

We want our students to 'be the best they can be' by attending school regularly and punctually. Richard Lander School deems 'good' attendance to be above 96%.

Regular attendance and excellent punctuality are the foundations for academic achievement and personal development. They help students fully access their education and wider opportunities offered by the school. Attendance and punctuality are also linked to students' well-being and safety.

We are committed to ensuring that all students benefit from the opportunities available at Richard Lander School. Our expectation is that students arrive on time and attend school regularly. Parents/carers have responsibility for ensuring that their children attend school punctually and regularly so they can benefit from a valuable education.

The school has a legal responsibility for maintaining school registers and taking the register twice a day. The school also has a responsibility for reporting absence to the Local Authority.

The school also has a safeguarding responsibility and this links to good punctuality and attendance.

The school will communicate attendance matters to parents via text, telephone, email, and letter as well as through the school website.

Holiday absence in term time

The school will not approve term time holiday absence except in exceptional circumstances and only with the approval of an Assistant Headteacher (KS3 &4). Exceptional holiday requests should be made in writing to the school using the official term-time absence request form that can be found on our school website. All requests for absence must be on this official form.

Each case will be considered individually and the decision communicated to the parents in writing. Further information and guidance can be found in our Attendance Policy on the school website.

Kerry Towers - Assistant Headteacher KS4



Cashless Catering and Chartwell's Meal Price Increase

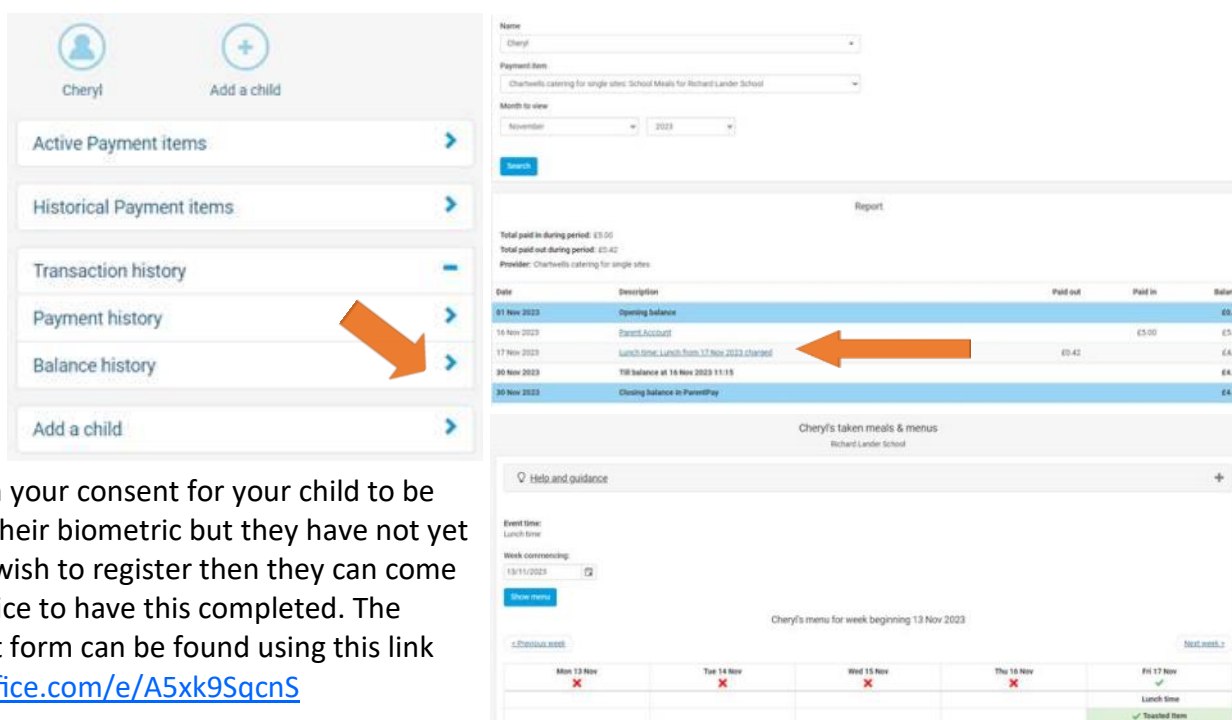
Just a reminder that from 4th January, the canteen will no longer be accepting cash at the till points and will operate solely on a cashless basis. Meals can be paid for using Parentpay or the students will be able to top up their meal account using the pay point (Reval) in the canteen using their biometric or pin. Free school meal (FSM) students will still need to use their pin or biometric at the till but will not be charged up to their daily allowance. If they wish to spend more than their daily allowance then their meal account can be topped up using Parent pay or by cash at the Reval.

We have been informed that the price of a set school meal will be increasing to £2.53 from 4th January 2023. The free school meal daily allowance will increase in line with this to £2.53.

You may be aware that you can set notifications on Parentpay to alert you when your child's meal account balance is low by using the manage alerts function. You are able to set this to a level of your choice..



You can also see the balance of your child's meal account and the meals taken by selecting transaction history on the home page, then balance history, select name of child, payment item (Chartwells school meals Richard lander) and the month. You will then see a list of balances and you can click on one to see what meals were taken. Student's can check their balance in school using the Reval unit in the canteen.



If you have given your consent for your child to be registered with their biometric but they have not yet done so, if they wish to register then they can come to the school office to have this completed. The parental consent form can be found using this link <https://forms.office.com/e/A5xk9SqcN5>

If you have any questions about cashless catering then please email the school enquiries@richardlander.cornwall.sch.uk

Cheryl Grigsby - School Business Manager



“THIS MORNING, HE HAD A STOMACH ACHE...BUT LOOK AT HIM NOW!”

MOMENTS
MATTER,
ATTENDANCE
COUNTS.



HM Government

Search NHS school illness guidance to find out more.

NHS

Attendance: the top facts to know & share

MOMENTS
MATTER,
ATTENDANCE
COUNTS.

The link between attendance and attainment is clear:

- In 2018/19, **just 40% of persistently absent (PA) children in KS2 achieved expected KS2 standards**, compared with 84% of pupils who were regular attenders.
- And **36% of PA children in KS4 got 9 to 4 in their English and maths GCSEs**, also compared with 84% of regular attenders.¹

And it's never too late to benefit from good attendance:

- **More than half (54%) of pupils who were PA in Year 10 and then rarely absent in Year 11, passed at least 5 GCSEs**, compared to 36% of pupils who were persistently absent in both years.²

But attendance is important for more than just attainment:

- Regular school attendance can facilitate **positive peer relationships**, which is a **protective factor for mental health and wellbeing**.³

1: The link between absence and attainment at KS2 and KS4. Academic year 2018/19 – Explore education statistics – GOV.UK (explore-education-statistics.service.gov.uk)

2: Missing Children, Missing Grades | Children's Commissioner for England (childrenscommissioner.gov.uk)

3: Mental Health and Attendance at School (Chapter 1) - Mental Health and Attendance at School (cambridge.org)



**A NEW
SKATEPARK
IS COMING TO
TRURO LANGARTH
GARDEN VILLAGE
& WE'D LIKE
YOUR INPUT**

COME AND MEET MAVERICK & SEE THE DESIGNS

WHERE RICHARD LANDER SCHOOL
IN THE CENTRAL CORRIDOR
DURING LUNCH BREAK

WHEN MONDAY
FEB 26TH
1-2PM





YOU ARE INVITED TO

**PHOTOGRAPHY
COMPETITION
WINTER
WONDERLAND**

THE CLOSING DATE

31 / 1 / 24



WHAT TO DO:

Email your photos and include the following:

- Winter Wonderland
- School name
- Student name

Example: Winter Wonderland, Threemilestone, Freddie Smith

Email to: Creativearts@richardlander.cornwall.sch.uk

ENTRY IS NOW OPEN



APPLY FOR A PLACE YOURSELF OR BE REFERRED BY AN ADULT WHO KNOWS YOU

WWW.MUSICFORGOOD.UK/ENSEMBLE

TRAVEL BURSARIES AVAILABLE TOO



IN PARTNERSHIP WITH



National Trust

THE SOUND DEN

12TH - 14TH FEB 2024



WELCOME TO AGES 13 - 18

The Sound Den is Music For Good's **inclusive** creative **music ensemble**. Join Music For Good this Feb half term for a creative and supportive music project delivered over **three days** at **East Pool Mine, Redruth**.

Led by experienced music for wellbeing practitioners. **No experience** necessary, just a passion for music of any kind and a readiness to meet other **young people!**

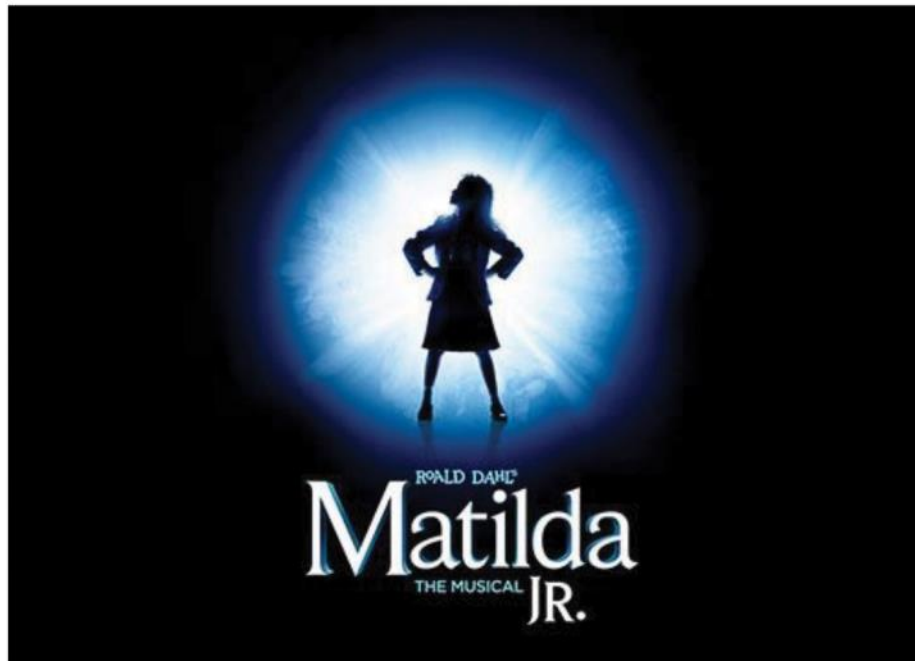
projects@musicforgood.uk
www.musicforgood.uk/ensemble



Karnon Kidz

(the youth section of the Carnon Downs Drama Group)

are pleased to announce that their next show will be:



Friday 5th, Saturday 6th & Sunday 7th July 2024

at The Perranwell Centre (TR3 7JU)

Are you between the ages of 7-18?

Would you like the opportunity to be part of the cast?

Maybe you would like to help behind the scenes?

Why not come to our workshop on Sunday 4th February 2024 (10:00am - 1:00pm)

Auditions are being held on Sunday 11th February 2024 (10:00am - 1:00pm)

(Both the workshop and the auditions will be held at The Perranwell Centre)

For more details, please contact Samantha Barker-

tinkerbellestar870@hotmail.com



Funded by
UK Government



ChatHealth
Cornwall and the Isles of Scilly

ChatHealth Young People 11-19

School Nursing messaging service for
young people 11-19 years in Cornwall and Isles of Scilly

TEXT 07312 263 096



Get
confidential
health and
wellbeing advice
and support



Together for Families



Council of the
ISLES OF SCILLY

www.cornwall.gov.uk/chathealth

To read our full privacy notice please visit www.cornwall.gov.uk/tffprivacynotice
We might inform someone if we were concerned about your safety but we would usually speak to you first. Messages are stored and can be seen by other health care staff who follow the same confidentiality rules. We aim to reply within 48 hours and you should get an immediate reply to confirm we have received your text. **Texts will not be seen outside working hours.** If you need help before you hear back from us contact your GP, nearest walk-in centre or dial 111. Our text number does not receive voice calls or MMS picture messages. We support messaging from UK mobile numbers only (not including messages from landlines, international numbers and some mobile apps). To prevent Chat Health from sending messages to you, text STOP to our number. Messages charged at your usual rates.



Together for Families

Early Help Parenting Newsletter – Spring 2024



Free information, support and guidance for parents and carers.

Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person’s safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116.

Parenting Support Workshops

We offer interactive parenting programmes both online and face to face. For more information about our parenting support on offer and to book onto a workshop please visit:

www.cornwall.gov.uk/parenting

The programmes currently available are:

Solihull: Understanding your Child – Supporting parents/carers of children aged 1 to 3, 4 to 8, or 9 to 11 (10 x 2-hour sessions)

Take 3 – Supporting parents/carers of teenagers aged 12-17 (10 x 2-hour sessions)

Living with Parents – a one day workshop for parents and their young person aged 12 to 17 years.

Supporting Healthy Relationships – (3 x 2-hour sessions)

- **Me, You and Baby Too** (for parents pre-birth – 12 months)
- **Arguing Better** (for parents of children aged 1 – 19)
- **Getting it Right for Children** (for separated/separating parents with children aged 0 – 19)

Understanding your Child with Additional Needs –

a self-guided course accessed through Solihull:

<https://inourplace.heiapply.com/online-learning/course/36>. To access the course, please

register for an account using the code TAMAR

- If accessing from a **computer**, please [click here](#)
- If accessing from a **mobile/tablet**, please [click here](#)

Bitesize Parenting

Bitesize parenting workshops are weekly 2-hour sessions (12:30 – 14:30) delivered by our parenting team to support on a wide range of topics. Please book on by visiting www.cornwall.gov.uk/parenting

Date	Bitesize Child (for parents/carers of children aged 4-11)
06.02.24	Remaining Calm
13.02.24	Praise and Rewards
20.02.24	Technology and Safety
27.02.24	Sibling Rivalry and Conflict
05.03.24	Bullying
12.03.24	Special time with your child
19.03.24	Supporting Education and School
26.03.24	Routines and Boundaries
Date	Bitesize Teen (for parents/carers of young people aged 12-19)
07.02.24	Sibling Rivalry and Conflict
14.02.24	Teenage Brain
21.02.24	Supporting Education and School
28.02.24	Mental Health and Wellbeing
06.03.24	Remaining Calm
13.03.24	Drugs and Alcohol
20.03.24	Technology and Safety
27.03.24	Body Image

“I found the agreements and I-statements to be valuable tool to tackle this week. You (the facilitator) have been amazing. Very clear messaging every week.”

– Parent of teenager attending Take 3



Positive Parenting Top Tip!

Special Time – Let’s Play

Parents need to juggle a lot of different roles in the family, and we can sometimes overlook playing with our children. Children need our attention, and they will gain that any way they can. Giving more positive attention to your child in positive situations, will reduce the need for them to gain attention through negative situations.

We challenge you to spend a minimum of 10 minutes a day of quality, child led play time with your child. This will help your child’s self-esteem, mental and emotional health, social skills, communication skills, relationships, and behaviour issues.

So put down your phones, leave the dishes until later and go and get involved in your child’s play, they will love you for it.

New Booking Platform

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshops using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub: <http://www.cornwall.gov.uk/earlyhelp>.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.



Parenting children aged 0 to 11

SELECT A SERVICE	
Virtual - Understanding your child (ages 1 to 3)	Understanding your child (ages 1 - 3) Bodmin Family Hub
<small>This is a Virtual course delivered on Moodle. Read more</small>	<small>This is a face-to-face course delivered on-site. Read more</small>
2 hours	2 hours
Understanding your child (ages 1 - 3) Truro Family Hub	Understanding your child (ages 1 to 3) The Park Family Hub
<small>This is a face-to-face course delivered on-site. Read more</small>	<small>This is a face-to-face course delivered on-site. Read more</small>

Service Spotlight

Parent Carers Cornwall is run by parents and carers and our aim is to support and offer guidance to families who have a child with SEND 0-25 years of age.

Our aim is to gather information from Parent Carers and using these unique shared experiences, we take part in consultations and participation work which helps us to shape the development and delivery of services to our children. We also pass on information to families via a newsletter and e-bulletin, arrange coffee and chat sessions and organise training and workshops for parents.

Support is offered to families to help complete DLA/PIP forms if required.

We are on all social media channels as Parent Carers Cornwall or for any information please contact us through our website

<https://parentcarerscornwall.org.uk/>



Further Parenting Support

For further parenting support, including self-help and support from our partner organisations please visit www.cornwall.gov.uk/parenting.

Contact us

Email: parenting@cornwall.gov.uk

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: 0300 1234 100





Together for Families Parenting

Parenting Workshops January – March 2024



Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards

Workshop Dates

Countywide – VIRTUAL		
Ages 1-3	Thursdays 12:30-14:30	18.01.24 – 28.03.24 Virtual MS Teams
Ages 1-3	Wednesdays 18:00-20:00	21.02.24 – 24.04.24 Virtual MS Teams
Ages 4-8	Wednesday 12:30-14:30	24.01.24 – 27.03.24 Virtual MS Teams
Ages 9-11	Wednesdays 9:30-11:30	24.01.24 – 27.03.24 Virtual MS Teams
Ages 9-11	Thursdays 18:00-20:00	22.02.24 – 25.04.24 Virtual MS Teams
Ages 9-11	Mondays 18:00-20:00	26.02.24 – 29.04.24 Virtual MS Teams
East		
Ages 1-3	Mondays 9:30-11:30	15.01.24 – 25.03.24 Bodmin Family Hub
Ages 4-8	Thursdays 9:30-11:30	18.01.24 – 28.03.24 Callington Family Hub
Mid		
Ages 1-3	Fridays 9:30-11:30	19.01.24 – 22.03.24 The Park Family Hub
Ages 4-8	Thursdays 9:30-11:30	18.01.24 – 28.03.24 Trelander Family Hub
West		
Ages 1-3	Mondays 9:30-11:30	15.01.24 – 25.03.24 Troon Family Hub
Ages 4-8	Thursdays 9:30-11:30	18.01.24 – 28.03.24 Hayle Family Hub





Take 3

Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- What's adolescence?
- Encouraging young people
- The power of listening
- Misbehaviour and listening
- The four styles of parenting
- Taking stock, "I" statements and boundaries
- Negotiating boundaries and consequences
- When adults disagree – more negotiation practice
- Saying goodbye and moving on

Living with Parents

Workshop Description

A one-day workshop delivered over 5-hours.

This is an evidence-based workshop for parents and carers to attend with their young person:

- Interactive/structured activities
- Guided discussion
- Group work
- Strategies and top tips
- Discussing effective communication
- Relationship building
- Boundary setting

Workshop Dates

Information Classification: PUBLIC

Countywide - VIRTUAL		
Ages 12-18	Fridays 9:30-12:30	12.01.24 – 22.03.24 Virtual MS Teams
Ages 12-18	Wednesdays 9:30-12:30	24.01.24 – 27.03.2024 Virtual MS Teams
Ages 12-18	Tuesdays 18:00-20:00	20.02.24 – 23.04.24 Virtual MS Teams
East		
Ages 12-18	Thursdays 12:30-14:30	18.01.24 – 28.03.24 Callington Family Hub
Mid		
Ages 12-18	Fridays 12:30-14:30	19.01.24 – 22.03.24 The Park Family Hub
Ages 12-18	Thursdays 12:30-14:30	18.01.24 – 28.03.24 Trelander Family Hub
West		
Ages 12-18	Thursdays 12:30-14:30	18.01.24 – 28.03.24 Hayle Family Hub

Workshop Dates

East		
Ages 12-18	Friday 9:30-14:30	09.02.24 Wadebridge Family Hub
Ages 12-18	Friday 9:30-14:30	15.03.24 Torpoint Family Hub
Mid		
Ages 12-18	Friday 9:30-14:30	22.03.24 Trelander Family Hub
West		
Ages 12-18	Friday TBD	TBD





Supporting Healthy Relationships

Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage them constructively

Arguing Better (AB) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

Getting it Right for Children (GIRFC) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

MYBT Workshop Dates

Countywide – VIRTUAL		
Ages pre-birth – 12months	Tuesdays 12:30-14:30	30.01.24 – 13.02.24 Virtual MS Teams
Mid		
Ages pre-birth – 12months	Tuesdays 12:30-14:30	20.02.24 – 05.03.24 St Austell Family Hub
West		
Ages pre-birth – 12months	Tuesdays 12:30-14:30	12.03.24 – 26.03.24 Penzance Family Hub

AB Workshop Dates

Countywide – VIRTUAL		
Ages 1-19	Tuesdays 12:30-14:30	30.01.24 – 13.02.24 Virtual MS Teams
East		
Ages 1-19	Tuesdays 12:30-14:30	20.02.24 – 05.03.24 Launceston Family Hub
West		
Ages 1-19	Tuesdays 12:30-14:30	20.02.24 – 05.03.24 Penzance Family Hub

GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Tuesdays 12:30-14:30	30.01.24 – 13.02.24 Virtual MS Teams
East		
Ages 0-19	Tuesdays 12:30-14:30	12.03.24 – 26.03.24 Launceston Family Hub
Mid		
Ages 0-19	Tuesdays 12:30-14:30	12.03.24 – 26.03.24 St Austell Family Hub





Positive Parenting Bitesize

Workshop Description

Bitesize parenting workshops are individual 2-hour sessions on a specific topic. These sessions are delivered by our Parenting Team and cover a variety of topics. Workshops are delivered through Microsoft Teams.

Bitesize Child (ages 4 to 11) Dates

'Bitesize Child' sessions are designed for parents/carers of a child aged 4 to 11 years.

Countywide – Virtual MS Teams		
Date	Time	Topic
Tuesday 06.02.23	12:30 –14:30	Remaining Calm
Tuesday 13.02.23	12:30 –14:30	Praise and Rewards
Tuesday 20.02.23	12:30 –14:30	Technology and Safety
Tuesday 27.02.23	12:30 –14:30	Sibling Rivalry and Conflict
Tuesday 05.03.23	12:30 –14:30	Bullying
Tuesday 12.03.23	12:30 –14:30	Special time with your child
Tuesday 19.03.23	12:30 –14:30	Supporting Education and School
Tuesday 26.03.23	12:30 –14:30	Routines and Boundaries

Bitesize Teen (ages 12 to 19) Dates

'Bitesize Teen' sessions are designed for parents/carers of a young person aged 12 to 19 years.

Countywide – Virtual MS Teams		
Date	Time	Topic
Wednesday 07.02.23	12:30 –14:30	Sibling Rivalry and Conflict
Wednesday 14.02.23	12:30 –14:30	Teenage Brain
Wednesday 21.02.23	12:30 –14:30	Supporting Education and School
Wednesday 28.02.23	12:30 –14:30	Mental Health and Wellbeing
Wednesday 06.03.23	12:30 –14:30	Remaining Calm
Wednesday 13.03.23	12:30 –14:30	Drugs and Alcohol
Wednesday 20.03.23	12:30 –14:30	Technology and Safety
Wednesday 27.03.23	12:30 –14:30	Body Image





How to access

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the [Early Help Hub](#).

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.

Parenting Young People aged 12 - 18

SELECT A SERVICE

- Take 3 - Virtual
 - This is a 10-week series delivered virtually... [Read more](#)
 - Free - 2 hours
- Take 3 - Bodmin Family Hub
 - This is a Face-to-Face course delivered over... [Read more](#)
 - Free - 2 hours
- Take 3 - Callington Family Hub
 - This is a Face-to-Face course delivered over... [Read more](#)
 - Free - 2 hours
- Take 3 - Hayle Family Hub
 - This is a Face-to-Face course delivered over... [Read more](#)
 - Free - 2 hours

Supporting Healthy Relationships Workshops

SELECT A SERVICE

- Me, You and Baby Too - Virtual - (30 Jan, 6 and 13Feb)
 - This is a virtual series of 3 sessions running... [Read more](#)
 - 2 hours
- Me, You and Baby Too - St Austell Family Hub (20, 27 Feb and 5...)
 - This is a Face-to-Face series of 3 sessions... [Read more](#)
 - 2 hours
- Me, You and Baby Too - Penzance Family Hub (12, 19, and 26...)
 - This is a Face-to-Face series of 3 sessions... [Read more](#)
 - 2 hours
- Arguing Better - Virtual - (30 Jan, 6 and 13Feb)
 - This is a virtual series of 3 sessions running... [Read more](#)
 - 2 hours

Parenting children aged 0 to 11

SELECT A SERVICE

- Virtual - Understanding your child (ages 1 to 3)
 - This is a Virtual course delivered on Micros... [Read more](#)
 - 2 hours
- Understanding your child (ages 1 - 3) Bodmin Family Hub
 - This is a Face-to-Face course delivered over... [Read more](#)
 - 2 hours
- Understanding your child (ages 1 - 3) Troon Family Hub
 - This is a Face-to-Face course delivered over... [Read more](#)
- Understanding your child (ages 1 to 3) The Park Family Hub
 - This is a Face-to-Face course delivered over... [Read more](#)

ADD YOUR DETAILS

First and last name *

Email *

Address *

Phone number *

Notes

Contact us

Email: parenting@cornwall.gov.uk

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: 0300 1234 100

