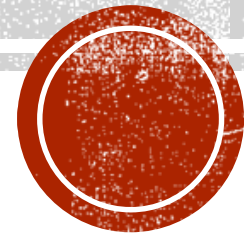


# LAST MESSAGES



# Leaving Day drop off

Because we are leaving in the middle of the night, **HAND LUGGAGE**, spending money and medication should be dropped off at school on **Monday 1<sup>st</sup> July for weighing/'banking'/recording. Luggage will be loaded into the van during Monday.**

Drop off students at school between 00:00 and 00:30 - go to main reception of the building where staff will be based.

We aim to leave at 1am - parents of course are welcome to wave us off; travel time will be around 5 hours and we will stop once. Please could students bring either food for the journey, or money to buy some.

We hope to arrive at Heathrow Airport around 6am. Our Turkish Airlines flight (TK1980) leaves Heathrow at 11:25.

We arrive in Istanbul at 1705. Flight TK612 leaves Istanbul at 18:50 to arrive in Entebbe at 0315 😊.



# Health & Safety Key Messages

- Always carry a small pot of sun cream
- Keep hydrated, keep your water bottle clean
- Wear appropriate clothing and don't spend too long out in the sun
- Hand sanitise/wash hands frequently (beware of toilet handles / bank notes etc)
- Use only filtered or bottled water for brushing your teeth
- Mosquitos: anti-malarial tablets/spray and long sleeves especially in the evenings
- Avoid walking in long grass unless you have boots on (snakes/jiggers)
- Avoid picking up things from the ground/bush
- Don't touch the animals
- Safari – there are wild animals around, even around the hotel grounds
- Swimming pools have no life guard
- Limited working seat belts, be sensible when travelling
- Keep elbows / arms / heads inside the vehicle
- **No standing up while safari vehicle is moving**
- Keep valuables and money hidden (this is also cultural, it is considered rude to flash the cash!)
- Giving things out / being asked for things – always be aware that Ugandans have very little and you may have to be practiced at saying no.
- Take care around topics of conversation: religion, LGBTQ, politics
- Be a bit guarded talking to strangers, although Ugandans are super friendly

