

Dates for your Diary OCTOBER

Tuesday 1st—Saturday 5th SCHOOL PRODUCTION

Les Misérables

Friday 4th

Year 7 Pasty Making Workshop Primary Badminton Festival

Tuesday 8th

U15 County Netball Tournament at Truro School

Year 10 GCSE Photography Trip to Geevor Tin Mine

Year 7 Parent Information Evening—Maths, English, Science

Wednesday 9th

Cornwall U16 Rugby 10s Tournament at Newquay Sports Centre

Netball Fixture - Years 7-11 –HOME

Thursday 10th

Peninsula Surf Competition at Gwithian Beach

ARB Swimming at Truro Leisure Centre

Year 11 Parents Evening

Saturday 12th - Monday 14th

Greenpower Final at Goodwood Saturday 12th

Netball - U16 Tournament at Penryn College

Monday 14th

Cross Country Schools Cup at Newton Abbott

Tuesday 15th

Sustainability Conference—Richard Lander School hosting 10 local secondary schools

U13 County Rugby Tournament at Penrice School

Wednesday 16th

STEM fest at Plymouth Aquarium

Year 11 GCSE Music Exam

School Nurse Drop In

Thursday 17th

U14 Hockey Tournament at Truro School

Year 11 GCSE Music Exam
U14 Hockey Tournament at Truro
School / Truro High School
Saturday 19th - Friday 25th

Barcelona Trip

Monday 21st

E-Safety Tour Dress Rehearsal

Tuesday 22nd

Drama Performance for Year 7 Drama Workshop for Y10/11 Drama students

Wednesday 23rd

GCSE Music Performance Exam

Thursday 24th

E-Safety Primary School Tour

GCSE Music Performance Exam Netball Fixture— HOME—Truro High School

Year 7 'Meet the Tutor' - Online

Friday 25th

E-Safety Primary School Tour

Monday 28th—Friday 1st

November

Half Term Break

NOVEMBER

Monday 4th—Friday 17th

Year 11 Mock Exams

Monday 4th—Friday 8th

National Green Careers Week

Friday 14th

Cornwall Schools Olympiad







Les Misérables: A West End-Worthy School Production!

Richard Lander School's recent production of Les Misérables can only be described as a theatrical triumph. From the opening note to the final curtain, the cast, crew, and orchestra delivered a performance that rivalled West End standards, leaving the audience captivated and deeply moved.

Leading the charge was Noah Sadka, who brought raw emotion and depth to the role of Jean Valjean. His powerful voice and nuanced portrayal of the troubled protagonist were a highlight of the night, particularly during his stirring renditions of "Bring Him Home" and "Who Am I?". Opposite him, Ozzy Wood's portrayal of Javert was nothing short of commanding. His intense stage presence and strong vocal delivery in numbers like "Stars" made him a force to be reckoned with, perfectly capturing the relentless nature of the character.

Kensa Freeman shone as Fantine, delivering an emotionally charged performance that resonated deeply with the audience. Her rendition of "I Dreamed a Dream" was heartwrenching, combining vulnerability and strength in equal measure. Millie Padmore's sweet portrayal of Cosette provided a delicate







contrast, especially in her duets with Daisy Hodgson, who portrayed Marius so powerfully. Their chemistry and incredible vocal performances brought tenderness and poignancy to the love story at the heart of the show. The rendition of "Empty Chairs and Empty Tables" delivered a compelling reminder of the hollowness of grief.

Ella Baker's portrayal of Éponine was another standout. Her haunting performance of "On My Own" was full of emotion, capturing the pain of unrequited love beautifully. Meanwhile, Charlie Sisson brought passion and energy to the role of Enjolras, leading the revolutionaries with conviction and a powerful stage presence.

Comic relief came in the form of the Thénardiers, played brilliantly by Luke Dunn, Molly Royle, and Neeve Roddis-Dunstan. Their timing was impeccable, and they balanced the humour of their characters















with just the right amount of menace. Reuben Henry as Gavroche and Immy Dash as Little Cosette added charm and innocence, rounding out an already stellar cast.

The ensemble cast also deserves tremendous praise for their versatility and commitment to their many varied roles. Whether portraying factory workers, students at the barricade, Parisian Inn customers or 'lovely ladies', the ensemble seamlessly shifted between characters, adding depth and energy to every scene. Their harmonies were impeccable,

particularly during powerful group numbers like "One Day More" and "Do You Hear the People Sing?". The chorus brought the streets of revolutionary France to life, creating a vibrant backdrop that elevated the entire production, further enhanced by amazing costumes, set and props. From the flamboyant outfits of the Thénardiers to the giant barricade, the costumes and set added a striking visual element that immersed the audience in the world of Les Misérables.

Left of stage, the orchestra was absolutely superb, adding richness to every scene with flawless performances of the iconic score which ran throughout the entire show. The tech team's provision of sound lighting only added to

the West End-caliber feel of the production, creating a world that was both immersive and visually stunning.

Overall, this production of *Les Misérables* was a testament to the immense talent of the students involved and to the vision and commitment of the Richard Lander School Drama and Music departments. It was a night of extraordinary vocal

performances, moving acting, and technical excellence that will not soon be forgotten.

Les Misérables was filmed and will be released on to Richard Lander School YouTube channel later this year.















RICHARD LANDER
SCHOOL AWARDED
ECO-SCHOOLS GREEN
FLAG!

Eco-Schools
Green Flag Award

We have loved reading about your journey and are incredibly impressed by all you have achieved. We have no hesitation in awarding you an Eco-Schools Green Flag with Distinction, congratulations!

Eco Schools Team

he Eco Team had a very effective year last year culminating in Richard Lander School being awarded Eco-Schools Green Flag Award in July!

This came after months of work compiling an environmental review and action plan which considered in depth positive change and future impacts.

The review highlighted curriculum lesson plans and schemes of work as well as extracurricular initiatives including Greenpower, the Marine and Sustainability Days and, of course, the work of the Eco Team itself.

Here are some photos of the Eco Team at work, taken last term when they took part in litter picking, lobbying to protect rivers and coastal waters in and around the Cornish coast, creating posters to encourage energy saving, biodiversity surveys and plant identification.

In tutor time, students were encouraged to apply for Green Blue Peter badges and over 150 applications were posted in the summer term. In return for taking an interest in conservation and sustainability, students can now enjoy free entry to lots of exciting UK attractions!

At the beginning of this term, to combat single use plastic waste, every KS3 student has been given a water bottle made from 100% recycled plastic, with a bamboo lid from a sustainable forest. The Eco Team have also been delivering assemblies this week to all learning communities.

Next on the Eco Team agenda is the Sustainability Conference which will take place next Tuesday 15th October. Student delegates from 10 local secondary schools will convene to take an active role in

sustainability in their schools.

We will also be updating the displays around school with more information about the Green Flag Award so keep your eyes peeled!











LANDER4UGANDA 2025



12 FUNDED PLACES AVAILABLE FOR UGANDA 2025

We are delighted to announce that Richard Lander School has, again, been successful in our Turing Fund bid and we have been awarded funds sufficient to provide 12 funded student places on our Lander4Uganda 2025 trip.

This year we have been awarded slight less funding than last year. If your child's application is successful we will be able to pay the lion's share of the current cost of the Uganda trip in July 2025 (current cost to paying students is £2850) but we will need to ask parents/carers to contribute £200 towards the cost of the trip unless your child is in receipt of Pupil Premium, in which case the school will pay the extra £200. In addition, we will be able to help all families with paying for Yellow Fever vaccination and anti-malarials, up to £175, as long as all receipts are supplied.

About the trip:

In a nutshell, this is Richard Lander School's flagship foreign visit: Since 2010, the school and its community have worked hard to raise money for development projects in our partner schools in Uganda. This fundraising culminates in the African adventure of a lifetime where for around 3 weeks we work in our partner schools, before exploring the cultural sites and markets of Kampala and heading off on a three-day Safari. The best way to find out more about the trip is to visit our blog.

The 2025 Uganda trip will take place throughout July 2025.

We invite applications from students in Years 10 & 11 for the Turing funded places

We hope your child will consider applying for this incredible trip!

Please visit the school website for more information.

Application form is here: https://forms.office.com/e/2MCRHwPFKK Students will be invited to interview in the week after half term.

Mrs Griffiths & Miss Wright // Lander4Uganda 2025 Team

Contact Sally Wright swright@richardlander.cornwall.sch.uk





RICHARD LANDER RACING - 3 CARS QUALIFY FOR GOODWOOD FINALS THIS WEEKEND!

Kichard Lander Racing, our Greenpower team, had an extremely successful qualifying weekend at Dunsfold in September, with RLR3 dominating comfortably to take 1st place in both races.

RLR5, our newest car, sponsored by MITIE, which was finished just in time for this weekend, also performed really well and finished 2nd in both races...

So, in short, Richard Lander Racing took first and second places, and both cars qualified for the finals this weekend at Goodwood!

We also had a 3rd car racing. Our very first kit car, once called RLR1, now named RLRK, raced brilliantly and allowed some younger drivers to gain experience. Our ever expanding Greenpower team is giving as many students as possible the chance to take part in these epic events! Amazingly, RLRK covered enough distance to also qualify for the Goodwood finals!

This is all down to amazing teamwork and superb students who have been brilliant, meaning students and staff all enjoyed a great weekend!

We wish all three teams the very best for this weekends finals and can't wait to hear all about it!!







NEWS FROM THE DT FOOD DEPARTMENT

KS3 TRIP TO CORNISH FOOD STORE

n Thursday 26th September students from Years 7-9 went to the Cornish Food Store to speak to suppliers and producers of goods sold in store.

They were able to sample Buttermilk Fudge and St Ewe Eggs and were able to speak to the fishmonger, butcher and deli counter staff before tasting Cornish Yarg, Cornish Blue and some freshly cooked fish goujons.

Outside, they were treated to freshly made local sausages that were cooked on the ProQ BBQ before being sent back to school with bags full of fresh vegetables from Riviera Produce.

What a fantastic day learning about career opportunities and sampling delicious foods!









YEAR 7 PASTY WORKSHOP

Last week, we were treated to a visit from Keren at The Cornish Food Store and Sue from Prima Bakeries who taught 12 of our Year 7 students the history and origins of the Cornish Pasty, before helping students to make their very own pasties.

All workshop participants turned out to be excellent crimpers giving Sue a run for her money, although none of them think they will ever be able to rival Sue's 450 pasties that she makes in a day!

Miss Filkins and Mrs Toms think our students did a wonderful job and so did members of our senior leadership team who were hand delivered, fresh out of the oven, pasties for their lunch.

Well done year 7 – we think we have some budding bakers in our midst



ARB UPDATE

ARK students had a brilliant time on board the Helen Mary boat as part of a sailing day organised by RCYC Trust.

Thank you to all the crew and team who organised such an amazing day.

Mr Tunstall

















NORTH CORNWALL BOOK FESTIVAL

On Friday 27th September, thirteen students from Years 8 and 9 attended the North Cornwall Book Festival in St.Endellion, where they furthered their love of reading by meeting some award-winning Young Adult fiction authors, and taking part in their writing workshops.

Students explored the theme of murder mystery (inside a church!), wrote exceptional story openings and invented exciting characters for writing of their own. They did such a fantastic job! They then received a free book of their choice from a wonderful selection of fiction work available, and some even parted with a few pennies and bought some more.

This is a wonderful English trip that we are lucky to receive an invite to each year, and luckily, the weather stayed dry to make it a really enjoyable day!







THE EUROPEAN DAY OF LANGUAGES

he European Day of Languages is celebrated on 26 September each year. The general aim is to draw attention to Europe's rich linguistic and cultural diversity, which has to be encouraged and maintained, but also to extend the range of languages that people learn throughout their lives in order to develop their plurilingual skills and reinforce intercultural understanding.

The staff and students celebrated this day with a range of fun and exciting activities. Staff were encouraged to greet their students in another language and students were asked to answer the register in a different language for the day. Year 9 students attended an online Futbol Lingo assembly with the aim of inspiring a generation of linguists through football. All Year 9s were asked to complete a booklet and a £10 Amazon voucher will be awarded to the best completed booklet.

The canteen held their first international day of the

year and served up a delicious Greek lunch, even decorating the canteen with Greek flags.

This week also saw the launch of the Polyglot Café, which is held on the last Friday of every month to encourage students who speak another language at home to get together and celebrate the diversity of our students. The café will be serving food from a different country each month, this week the students enjoyed French croissants, pains au chocolat and crêpes!

The Languages Department also launched their first competition of the year. Students from all year groups were invited to create a poster illustrating the theme of 'Languages for Peace'. This could use symbols, quotes and artwork to convey messages of unity and understanding across different languages, actively contributing to the use of languages as a vehicle for reaching across linguistic and cultural divides.

All entries will be awarded house points towards the Community Shield. The winning poster will receive a £10 Amazon voucher and be entered into a national





	Our price	Retail
<u>Prices</u>		
Rugby tops	£10	£30.99
Sports teeshirts	£5	£11.99
Sports shorts (boys)	£7	£16.49
Skorts (girls)	£7	£19.99
Sports socks	£2.50	£6.59
Hoodies	£10	£30.44
Polo Shirts	£4	£9.73 - £11.68
Skirts	£5	£16.22 - £22.06
Trousers (boys)	£5	£ 15.14 - £20.77
Trousers (girls)	£5	£15.14 - £20.76
Cardigan/Jumper	£7	£17.30—£20.77
Shorts (Unisex Bermuda)	£6	£18.39 -£22.71
88.23		

Prices are discretionary depending on condition.

All proceeds to Lander4Uganda.

All queries to Uniform@richardlander.cornwall.sch.uk

Donations of clean outgrown/unwanted uniform can be left at main reception.

Thank you







In late September, Richard Lander School opened its doors to students in Years 5 and 6 for an exciting glimpse into secondary school life!

The new recruits were welcomed with open arms by the school community, as they toured the facilities with the help of enthusiastic student tour guides. Each curriculum area offered a unique set of activities designed to showcase the wide range of learning opportunities available at the school.

In Maths, visitors were treated to a combination of brainpower and creativity as they played chess and learned the delicate art of origami. Over in the DT Food department, students became detectives, cracking a crime scene investigation centered around identifying hazards in the kitchen. Art was a hub of creativity, where students made clay ghosts and tried their hand at cartoon drawing, while Science offered an array of experiments that had everyone buzzing. Highlights included setting methane bubbles alight and testing the electrical charge in different types of fruit. The Modern Foreign Languages department transformed into the Polyglot Café, where students could practice their French or Spanish by ordering snacks. Meanwhile, at





Café Uganda, they enjoyed delicious smoothies while learning about our flagship school trip. The English department added a spine-chilling twist, hosting macabre creative writing sessions in the Gothic Horror room,



which encouraged budding writers to let their imaginations run wild.

The Humanities department provided a time-travel experience and geography-based investigations that had everyone exploring history and the world in exciting new ways. In PD, students were invited to test their balance and focus while wearing beer goggles, giving them a taste of the school's focus on health and wellbeing.

PE had something for everyone, offering team sports for those who love competition or a session in the HRF room to help students burn off some energy.

Throughout the evening, Richard Lander School students were exceptional in their roles as tour guides and activity facilitators. Special recognition goes to the talented students who performed in drama workshops, musical ensembles, and as soloists, showcasing their incredible skills and dedication.

It was an evening filled with learning, creativity, and community spirit. A huge well done to everyone involved in making the Open Evening a memorable success!















RLS PE & SCHOOL SPORT

EQUESTRIAN TEAM SUCCESS!

Well done to our Equestrian Team representatives who have had a very exciting start to the academic year...

8 students took part in a gymkhana at Goonbell earlier this month, they plaited their hired ponies, groomed, tacked and decorated them with ribbons and saddle cloths to represent our school in 6 fast and furious races!

Students and their four legged friends took part in the 'Egg & Spoon Walk & Trot' 'Cone & Band Race' 'Dressing Up', 'Riding & Leading' 'Stepping Stones' & 'Whip Relay'

Team 'Go Lander' included Jessica. Lottie, Perri and Olivia. They finished second with 66 points.



Team 'Go Richard' comprised of Freya, Marshall. Olivia, Lily and Iris finished 4th with 45 points.

Well done to all who took part!







EILEEN GOES FROM STRENGTH TO STRENGTH!

Kickboxing champion, Eileen in Year 9, represented Team England last month at the WMAC World Championships in Chomutov Czech Republic.

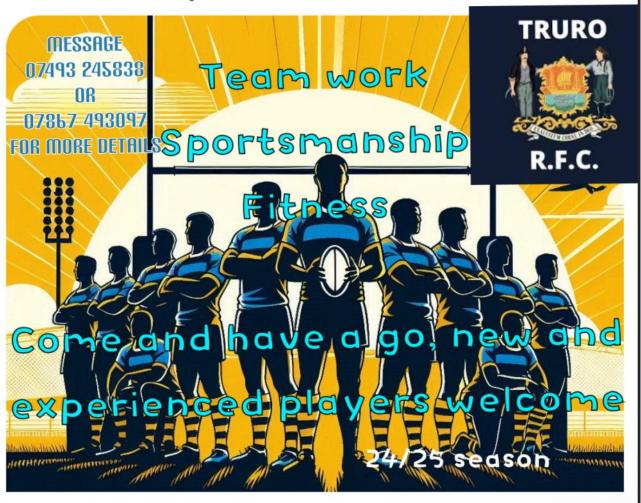
She fought in her own age category (Juniors 13-14), the one above (cadets 15-17) and also the women's category (Elite 18-34). She came away with 2 golds, 2 silvers, one bronze and a silver in the Tag Team event!

Once again Eileen's remarkable commitment, determination and talent shone through!!



Join our under 16s team

Training every Friday 6-7pm at Truro college







Rugby Fixture List Autumn term 2024					
VENUE	DATE	SCHOOL	YEARS PLAYING (to be confirmed)		
Septemb	er				
Н	Tuesday 24 th	Penair	Y7 Y8 Y9 Y10 Y11		
Н	Thursday 26 th	Helston	Y7 Y8 Y9 Y10 Y11		
October	_				
Н	Thursday 3 rd	Camborne	Y7 Y8 Y9 Y10 Y11		
Newquay	Wed 9 th	Under 16 10s tournament	Y11		
Α	Tuesday 8 th	Redruth	Y7 Y8 Y9 Y10 Y11		
Penrice	Tuesday 15 th	Yr 8 Festival	Y8		
Н	Thursday 17 th	Pool	Y7 Y8 Y9 Y10 Y11		
Α	Thursday 24 th	Penryn	Y7 Y8 Y9 Y10 Y11		
Novemb	er		70		
Truro College	Tues 5 th	Y7 West Cornwall Festival (B)	Y7B		
Н	Thursday 7 th	Falmouth	Y7 Y8 Y9 Y10 Y11		
Truro College	Tuesday 12 th	Yr 7 West Cornwall Festival (A)	Y7A		
Н	Thursday 14 th	Newquay Tretherras	Y7 Y8 Y9 Y10 Y11		
Α	Wednesday 20 th	Truro School	Y7 Y8 Y9 Y10 Y11		
Schools	7s Competition				
Venue	Date	Year Group			
Redruth	Wednesday 5 th March	Year 10			
Camborne	Wednesday 12 th March	Year 9			
Penair	Wednesday 19th March	Year 8			
Pool	Wednesday 26th March	Year 7			

<u>Training nights:</u> Years 7, 8, 9 and 11 will train on Tuesdays after school. 3pm - 4.25pm. Year 10 will train on Wednesday after school (some weeks we may have fixtures on these nights instead).

Years 9, 10 and 11 are also entered into the Cornwall Schools Knockout Cup competitions.

No player will be able to represent the school until we have received a **completed consent form** from parents/carers – these will be e-mailed home at the start of term.





GIRLS FIXTURES AUTUMN TERM 2024



Date	Activity	Year	School	Venue	Staff	Travel
Thurs 12 th Sept	Netball	7-11	Pool	AWAY	EHU, LCK, NTO, LST	Coach
Wed 18 th Sept	Netball	7-10	Camborne	HOME	EHU, LCK, NTO, LST	N/A
Thurs 26 th Sept	Netball	7-11	Redruth	HOME	EHU, LCK, NTO, LST	N/A
Thurs 3 rd Oct	Netball	7-11	Penryn	AWAY	EHU, LCK, NTO, LST	Coach
Tues 8 th Oct	U15 Netball Tournament	10	Various	Truro School	NTO, LST	Minibus
Wed 9 th Oct	Netball	7-11	Falmouth	HOME	EHU, LCK, NTO, LST	N/A
Sat 12 th Oct	U16 Netball Tournament	11	Various	Penryn College	LCK/NTO, LST	Own travel
Thurs 17 th Oct	U14 Hockey Tournament	9	Various	TS/THS	LCK	Minibus
Thurs 24 th Oct	Netball	7-11	Truro High	HOME	EHU, LCK, NTO, LST	N/A
		H	ALF TERM	*//		-01
Tues 5 th Nov	U13 Hockey Tournament	8	Various	TS/Penryn	EHU	Minibus
Thurs 7 th Nov	Netball	7-11	Mullion	AWAY	EHU, LCK, NTO, LST	Coach
Sat 9 th Nov	U14 Netball Tournament	9	Various	Penryn College	LCK, LST	Own Travel
Tues 12 th Nov	U16 Hockey Tournament	10/11	Various	TS/THS	EHU	Minibus
Thurs 14 th Nov	Netball	7-11	Penair	HOME	EHU, LCK, NTO, LST	N/A
Thurs 21st Nov	Netball	7-11	Truro School	AWAY	EHU, LCK, NTO, LST	Coach
Thurs 28 th Nov	Netball	7-11	Helston	AWAY	EHU, LCK, NTO, LST	Coach





Free parenting course for healthy relationships and communication

Wherever we happen to be on our parenting journey, most of us agree that there's always more we could learn.

If you're interested in learning more and giving your parenting, communication and relationship skills a healthy boost, try our free online training, or take part in one or more of our free face-to-face workshops:

Me, you and baby too

To help new and expecting parents navigate the changes that happen in their relationship when a baby arrives.

Arguing better

To help anyone looking to learn how to cope better with stress and deal with arguments in a healthy way.

Getting it right for children

To help separated or separating parents learn to manage conflict and minimise the impact it has on their children.

Understanding your child aged 1 to 11

An evidence-based workshop using the Solihull Approach. This transformative 10-week workshop offers a reflective space to think about your child's development, their behaviour and how they are communicating.

Find free parenting workshops





Brook Wellbeing Hub for Young People in Cornwall aged 11-25

Our Wellbeing Hub in Cornwall supports young people aged between 11-25 to improve their own mental health and wellbeing.

If you're 11-25 and live or study in Cornwall, our programmes can support you to boost your motivation and self-worth and make positive changes in your life.

You can take a look at the three different programmes that we offer and self-refer using the form below.

Brook are expanding their mental health support for Young People in Cornwall with the launch of their new Wellbeing Hub.

Open to 11-25 year olds, the Wellbeing Hub will offer a range of early intervention programmes led by trained specialists and counsellors. With non-judgemental, need-led support Young people will be guided towards making positive changed in their lives.

Programmes include:

Mental Health Literacy: group and one-to-one sessions aimed at enhancing young people's awareness of mental health, and the practical steps they can take to improve their wellbeing.

My Life: through a unique one-to-one support programme, young people are supported to set their own wellbeing goals, while also furthering their knowledge and understanding of sexual health and relationships.

Counselling: 8-12 50 minute counselling sessions aimed at supporting young people address the issues negatively affecting their mental health and wellbeing.

The Wellbeing Hub is now open and taking referrals, and all our programmes are free to 11-25 year olds living or studying in Cornwall.





Richard Lander School

CO-OPTED &
LOCAL AUTHORITY
GOVERNORS REQUIRED

Governors have 3 main roles:

•To ensure the clarity of vision, ethos and strategic direction for the school

•Offering support and challenge to the school's senior team

•To oversee the financial performance of the school and ensure its funding is appropriately spent

Could you help our school to be the best it can be?

Please visit richardlander.co.uk/whats-goingon/news/ for more information or contact: <u>Clerk@richardlander.cornwall.sch.uk</u>.



Richard Lander School

PARENT GOVERNORS REQUIRED

Could you be a part of shaping our school's future?

We are seeking to recruit 3 new parent governors to our Governing Body.

Please visit **richardlander.co.uk/whats-going-on/news/** for more information. If you would like an informal chat about the role, please contact: Clerk@richardlander.cornwall.sch.uk.

A number of Richard Lander School governor roles have become available. We are seeking 3 new parent governors and co-opted and Local Authority governors.

The role of the governing board is to:

- develop a vision and strategy for the school
- oversee financial performance and make sure money is well spent
- hold the headteacher to account for the educational performance of the school
- engage with pupils, staff, parents and the wider school community to understand their views

Every governing board needs a balance and diversity of knowledge, skills and experience, and the governing board welcome all applications.

To fulfil the role, you will need to:

- attend regular meetings. Meetings are held in school, usually on Wednesday evenings from 4:30

 7pm.
- visit the school occasionally
- do some background reading
- take part in induction training and ongoing development (which will be provided for you)

If this is something that interests you and you have any further questions please contact Clerk@richardlander.cornwall.sch.uk.

For more information and nomination forms for the parent governor election please visit https://www.richardlander.co.uk/2024/10/02/parent-governor-election/





