



# LUNCHTIME & AFTER SCHOOL CLUBS

January – March 2026

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*Give it a go...*

# PE CLUBS - Lunchtime

	Key Stage	Timings	Lunch arrangements	Activity/Facility	Changing & Meet	Staff Member
Monday	3	1.15pm	lunch @ 1pm	Boys Hockey/Astro	Meet in the changing rooms	NST
				Basketball/Sports hall - Year 8 only	No changing, meet in the sports hall	HAN
				Girls Games	No changing, meet in the Gym	LCK/NTO
				Wk A - Year 7 only Wk B - Year 8 & 9 only		
				HRF – Group 3 girls only	No changing, meet in the Gym	EHU
Tuesday	4	1.03pm – 1.45pm	lunch @ 1.45	Volleyball/Sports hall - Year 10 only	No changing, meet in the sports hall	RPR
				Mixed Hockey/Astro.	No changing, meet in the sports hall	NST
				HRF – Group 2&3 Boys & Girls only	No changing, meet in the HRF room	HAN
Wednesday	3	1.15pm	lunch @ 1pm	Basketball/Sports hall - Year 7 only	No changing, meet in the sports hall.	JWI
				HRF – Group 3 only	No changing, meet in the HRF room	LST
Thursday	3	1.15pm	lunch @ 1pm	Girls Active – Group 2 & 3 Girls only	No changing, meet in the Gym	LCK
				Girls Football/Astro	No changing, meet at the astro.	RPR
				Basketball/Sports hall - Year 9 only	No changing, meet in the sports hall.	NTO
Friday	4	1.03pm – 1.45pm	lunch @ 1.45	Girls Football/Astro.	No changing, meet at the astro.	RPR/EHU
				Indoor Games/Sports hall - Year 11 only	No changing, meet in the sportshall.	JWI
				Dodgeball/Gym - Year 10 only	No changing, meet in the Gym	NST

# PE CLUBS – After School

	Year group	Timings	Activity	Facility	Staff Member
<b>Monday</b>	Years 8 - 11	3.15pm – 4.15pm	Performance Netball	Sports hall	LST
	Years 7, 8 & 9	3.15pm – 4.15pm	Girls Football	Astro/Fields	RPR, HAN, THA
<b>Tuesday</b>	Years 7, 8, 9 & 10	3.15pm – 4.15pm	Football	Fields	RPR, JWI, NST, JBR, HNA
	Year 8 & 9	3.15pm – 4.15pm	Hockey	Astro	NTO/EHU
<b>Wednesday</b>	Years 7-11 (Competition only)	3.15pm – 4.15pm	Gymnastics	Gymnasium	EHU
	Year 7	3.15pm – 4.15pm	Hockey	Astro	LCK/LST
<b>Thursday</b>	Years 7-11	3.15pm – 6pm (Depending on venue and travel)	Football & Hockey Fixtures	Schools Fields/Courts	All PE staff
<b>Friday</b>	Years 7-9 (Invite only)	3.15pm – 4.15pm	Performance Netball	Sports hall/courts	NTO
	Years 7-11 (Competition only)	3.15pm – 4.15pm	Gymnastics	Gymnasium	EHU

# MUSIC CLUBS

Day	Room & Time	Teacher	Club	Information
Monday	126 1.20pm	Miss Jones	Selected Voices	An auditioned choir for Years 7-11.
Monday	Practice Rooms 3pm	Miss Jones	Rock Band Club	All rockers are welcome to come and form a band, or practice with one they have already set up! This is a club to enhance pre-existing instrumental and vocal skills
Wednesday	127 1.30pm	Mrs Munns	Y7 Club Choir	Year 7 choir is strictly for year 7s to help them settle into the RLS way of life.
Wednesday	126 1.20pm	Miss Jones	Orchestra	All instrumentalists welcome. Students from years 7 to 11 are welcome to join. Participation required for Harry Potter – The Musical and the Cornwall Music Festival.
Thursday	127 1.20pm	Miss Jones	Cornwall Music Festival Rehearsal	Students signed up for a solo, duet, rock band or composition rehearse and perform.
Thursday	126 1.30pm	Mrs Munns	Soul Band	An auditioned instrumental and vocal ensemble for Years 7-11.
Friday	Main Hall 1.30pm	Miss Jones	Whole School Choir	An open choir for Years 7-11.



# MONDAY LUNCHTIME

CLUB	TEACHER	WHEN	WHERE	WHO
LGBTQ+ Support Group	Mrs Thomas	1pm – 1.30pm	003	Years 7 - 9
LGBTQ+ Support Group	Mrs Thomas	1.30pm – 2pm	004	Years 10 & 11
Creative Writing Club	Mrs Power	1pm – 1.55pm	Library	All year groups
Eco Ambassadors	MS Churchill	1.15pm – 2pm	203	Years 7 – 9
Arts Award	Mrs Nortje	1.30pm – 2pm	129	See Mrs Nortje

# MONDAY AFTER SCHOOL

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CLUB	TEACHER	WHEN	WHERE	WHO
Maths Homework Club	Mr Shackley	3pm – 4pm	209	All Year Groups



# TUESDAY LUNCHTIME

CLUB	TEACHER	WHEN	WHERE	WHO
Dance Club	Miss Warren	1.15pm – 2pm	Dance Studio	Years 7 – 9
Book Club	Mrs Power	1pm – 1.55pm	Library	All year groups
Spanish Speaking Club	Mr Shine	1.00pm – 1.30pm	124	Year 10

# TUESDAY AFTER SCHOOL

CLUB	TEACHER	WHEN	WHERE	WHO
Lego League	Ms O'Connor & Mr Whitworth	3pm – 4pm	113	Years 7 - 9
Greenpower	Mr Lloyd-King	3pm – 5pm	111	Years 7 – 11 by application
Art Club	Ms Dalby	3pm – 4pm	229	Years 7 - 9
Literature Club	Mrs Haskins	3pm – 4pm	106	All year groups



# WEDNESDAY LUNCHTIME

CLUB	TEACHER	WHEN	WHERE	WHO
Drama E-Safety Tour	Miss Smith	1pm – 2pm	129/130/Dance Studio	Year 9

# WEDNESDAY AFTER SCHOOL

CLUB	TEACHER	WHEN	WHERE	WHO
Science Club	Miss Williams & Miss Brokenshire	3pm – 3.45pm	108	Year 7 & 8
Coding Club	Mr Griffiths	3pm – 4pm	119	All Year Groups
Fantasy Tabletop club	Mr Uren, Mr Weeks & Mr Whitworth	3pm – 4pm	120	All Year Groups
Young Enterprise	Mr Young	3pm - 4pm	118	Year 10
Eco Ambassadors	Ms Churchill	3pm – 4pm	203	All year groups



# THURSDAY LUNCHTIME

CLUB	TEACHER	WHEN	WHERE	WHO
Chess Club	Mr Shackley	1.15pm – 2pm	216	All year groups
Minecraft Club	Mr Griffiths	1pm – 2pm	119	Year 7
Drama Tech Club	Miss Smith	1.30pm – 2pm	130	All year groups
History Subject Leaders	Ms Rickatson	1.20pm – 2pm	205	Years 7 – 9
Christian Union Club	Ms Downing	1.15pm – 2pm	002	Years 7 – 9
Christian Union Club	Ms Downing	1.15pm – 2pm	004	Years 10 & 11

# THURSDAY AFTER SCHOOL

CLUB	TEACHER	WHEN	WHERE	WHO



# FRIDAY LUNCHTIME

CLUB	TEACHER	WHEN	WHERE	WHO
Debate Club	Mr Gell	1.15	208	All year groups
Minecraft Club	Mr Griffiths	1pm – 2pm	119	Year 8 & 9
Young Carers Group	Ms Churchill/Mrs Gutheridge	1.30pm – 2pm TBC	203	All year groups
Drama Club	Mrs Ambridge	1.30pm – 2pm	130	Year 7
Spanish Speaking Club	Mrs Shine	1.30pm – 2pm	124	Year 11

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# FRIDAY AFTER SCHOOL

CLUB	TEACHER	WHEN	WHERE	WHO



# POP-UP CLUBS

CLUB	TEACHER	WHEN	WHERE	WHO
DT Club	Mr Sidwell	Termly Pop-up	115	KS3

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