



	Autumn 1		Autumn 2			Spring 1			Spring 2			Summer 1		Summer 2	
Reporting Y10		CfCs		BfL & Grades			CfCs		BfL & Grades			BfL & Report			
Year 10	The current Yr 10 cohort will be the first to undertake the new OCR Cambridge National specification (J829). The course is similar to the existing course but units have been condensed from 4 units to 3 units. Therefore, students in the autumn term will start work on unit R185 ' Performance and Leadership in sports activities '. Task 1 'Key components of performance' will see students assessed on their performance in two practical sports. They will evidence this through a written log book and staff witness statement, used to support assessment mark given for each sport. Task 2 'Apply practical methods to support improvement in a sporting activity' will see students complete a written assignment where they are tasked with identifying two key weaknesses in their performance and then creating an action plan to improve those weaknesses.	In the spring term, students will move on to Task 3 on unit R185, ' Organising and Planning a sports activity session '. Here, students will learn how to plan a sports session and then complete a plan in preparation for leading their own session. They will also complete a risk assessment of their session. This task will be worked on in both practical and theory lessons throughout the term. After Easter, students will undertake Task 4 'Lead a sports activity' , where they will use the plan created in task 3 to lead a group of year 7 students. This session will be observed by staff and assessed on students leadership skills. The final task of the unit, Task 5 'Review of a sports session' , where they will complete a detailed evaluation of the session they led and the effectiveness of their plan when used to deliver the session. The unit R185 contributes 40% of the overall marks for the course. The unit will be externally moderated in either June 2023, or Jan 2024.												Work Experience Week	
Reporting Y11		CfCs & Grades		Rep & Grades				CfCs & Grades		BfL & Grades					
Year 11	In the first term of Year 11 Sports Studies students take part in the Developing Sports Skills Unit (R052). This is a practical based unit with students being assessed for 3/4 of the unit on their level of practical performance. Here students perform in their best individual sport, team sport and as an official in the sport they have the most knowledge about. For all 3 of these areas students are asked to practice these activities so they are as competent as possible. These 3 performance areas are assessed via a teacher witness statement who allocates a grade against assessment descriptors. Students choose any activities which are on the approved list produced by OCR. The other assessment task in this unit is a very detailed piece of coursework which requires students to produce an analysis of their performance in their best and favourite sport. This includes an identification of strengths and weaknesses, knowledge of types of skills and practices, ways to assess and monitor levels of performance, and strategies and plans which could bring about an improvement in their personal level of performance. Again this written assessment task is scaffolded with a great deal of guidance being given to the students. A step by step approach is adopted to help support the students in completing this task. Overall Assessment: The Developing Sports Skills unit is assessed during the Autumn term of Year 11. There is 1 written task, alongside 3 practical assessments. 60 marks are available for this unit, which equate to a unit grade, Distinction *, Distinction, Merit, Pass at both level 2 and 1. This accounts for 25% of the overall mark for the Sports Studies course. A work sample for this unit is sent off to the exam board in January of Year 11.	In the final term and a half on the course, students complete the final unit of the course. This is a thorough investigation into the relationship between sport and the media. This looks at the different types of media, such as TV, radio, social media and written press, the positives and negatives of the media's impact on sport and other aspects of the relationship, culminating in a comparative project on a high profile sporting news story/event. All of these areas are taught in detail with students then being set 5 pieces of coursework. Written assessment tasks are scaffolded with a great deal of guidance being given to students. A step by step approach is adopted to help support the students in completing this task. Overall Assessment: The Sport and the Media unit is assessed during the Spring and first part of the Summer term of Year 11. There are 5 written pieces of coursework, each varying in length and weighting. 60 marks are available for this unit, which equate to a unit grade, Distinction *, Distinction, Merit, Pass at both level 2 and 1. This accounts for 25% of the overall mark for the Sports Studies course. A work sample for this unit is sent off to the exam board in May of Year 11. Overall Sports Studies students gain a score out of 240 which gives them an overall grade for the course of Distinction *, Distinction, Merit, Pass at both Level 2 (the equivalent to a GCSE) or Level 1.													