



RICHARD LANDER SCHOOL BULLETIN

6th February 2026

Dates for your Diary

FEBRUARY

Sunday 8th—Thursday 12th

Geography Trip to Iceland

Tuesday 10th

Take Your Child to Work Day

National Literacy Trust Reading

Champions Competition

Thursday 12th

Youth Council Elections

Monday 16th February - Friday

20th February

HALF TERM BREAK

Monday 23rd February - Friday 6th
March

Year 11 Mock Exams

Monday 23rd February - Friday

27th February

Year 8 and 9 Paris Trip

Thursday 26th

Year 7-11 Virtual Meet the Tutor

Friday 27th

Year 8 Marine and Sustainability

Sign Up Assembly

MARCH

Monday 2nd—Friday 6th March

National Careers and Green

Careers Week

Wednesday 4th

Oxford University Visit

Year 10 Schools Rugby 7s

Competition at Redruth School

Thursday 5th

World Book Day

Friday 6th

Music for Youth—Truro Methodist
Church

Tuesday 10th / Wednesday 11th

Marine and Sustainability Day

Wednesday 11th

Year 9 Schools Rugby 7s at CSIA

Thursday 12th

International Lego League

Regional Final at RNAS Culdrose

Friday 13th

RLS Science Fair



Sunday 15th

Milano South West Floor and
Vault Gymnastics Competition

Monday 16th—Friday 20th

Cornwall Music Festival at Truro

Methodist Church—Programme

tbc

Monday 16th—Friday 20th

Cornwall Music Festival

Tuesday 17th / Wednesday 18th

Year 10 Mock Interviews

Tuesday 17th

GCSE Dance Exam—Real

School Nurse Drop In—Alcohol

Wednesday 18th

Year 8 School Rugby 7s

Competition at Penair School

Monday 23rd—Sunday 29th

French Exchange—French Visit

Monday 23rd—Thursday 2nd April

Year 7 Progress Reviews

Tuesday 24th

Immunisations—Year 9—
Meningitis

Year 11 Whole Year Photo

Wednesday 25th

Year 7 School Rugby 7s

Competition at Pool School

Friday 27th

INSET Day - No Students in School

Monday 30th

ARB Visit to the Eden Project

Tuesday 31st

Year 10 A Level Maths Taster Day

Locality Meeting

APRIL

Wednesday 1st

ARB Easter Coffee Morning

Thursday 2nd

Year 11 Mocks Results Day

Last Day of Term

Friday 3rd - Friday 17th April

EASTER BREAK



Year 9 Rugby Team - County Cup Champions!

Congratulations to the RLS U14 Rugby Team — County Champions after beating Truro School in the final last week!

The team came out meaning business, using the wind to their advantage and looking determined to capitalise early. The pressure paid off with a dominant try from Joe Royle down the left wing, converted by Arthur Appleby. Truro School responded strongly, but another try from Ned Dart, again converted by Arthur, meant Lander finished the first half full of confidence.

With the wind against us, the second half could have been tougher, but an early try from Max Hutton-Bills, converted by Arthur, extended Lander's advantage. Truro then fought back with a well-worked try and conversion, quickly followed by another unconverted try — game on!

A final try from Ned Knight sealed the victory, with the game ending 26–12 to Lander on a sunny afternoon, with parents cheering from the side-lines. A fantastic game and huge well done to everyone involved!





Kernow Rising - Original Drama and Dance from Cornwall's Brightest Young Stars!

On Thursday 29th January, Richard Lander School drama and dance students performed in Kernow Rising, Hall for Cornwall's Secondary School Creative Arts Showcase 2026.



Kernow Rising delivered two evenings of uplifting performances from some of Cornwall's brightest young stars, celebrating wonderful new and original dance and drama pieces, made by young creatives and nurturing teachers from 19 secondary schools across the duchy.

Richard Lander School drama students performed the first act of 'Richard Lander and Friends'. This is a delightful, pacey, humorous play tells the tale of the birth and life of the eponymous inspiration for our school. We are delighted to tell you that this play will be performed in its entirety at the Hall for Cornwall later in the year — watch this space!

Our dance students worked with choreographer, contemporary dancer, yoga teacher and RLS alumna, Chrissy Warren, on a beautiful, evocative, piece which portrayed the ocean at midnight. Their performance dazzled the audience with its fluidity, emotion and dynamic moves.

Thank you so much to Hugh Hastings for these fabulous photos which will be gracing the walls of our school soon!

'... congratulations to the young performers who brought the stories of Kernow to life with real heart and heaps of teamwork. They filled the stage with energy, character, and celebration, showcasing the voices and ideas shaping Cornwall's future.'

'A huge meur ras / thank you to the directors, choreographers, writers, technicians, teachers, minibus drivers, parents, and chaperones who helped make it all happen. Community, creativity, and togetherness - this is Cornwall rising.'

Hall for Cornwall









Year 7 Medieval Castles Competition

Our Year 7 students have absolutely amazed us with their entries for the Medieval Castle Competition!

Students designed either concentric medieval castles or motte and bailey castles, and the creativity and effort on display has been incredible. Students produced annotated posters explaining the historical features or models —all of which showed fantastic understanding and research.

The castles you see above have all been selected during class lessons as 'finalists.' As well as these spectacular examples, there are many more Year 7 castles that are worthy of admiration and praise! The range of materials and ideas this year was outstanding and included reused and recycled materials, cocktail sticks and intricate detailed frameworks, paper mâché structures, castles with moving parts including drawbridges and hidden sections, electric lights, interior furniture, farm animals and peasant outbuildings, beautiful details like knitted flags and even a “pack-in-a-box” castle. Well done to you all!

The level of detail and historical accuracy made judging extremely difficult. In fact, Ms Rickatson was so impressed she spontaneously increased the number of prizes from 3 to 5!

Overall Winners

Seb, Arlan and Iris – chosen for historical accuracy, incredible attention to detail, and creative use of materials (knitted flags!) To truly appreciate these castles, you need to get up close — even the furniture was labelled authentically!

Special Awards

Dylan – Best papier-mâché work

Stan – Castle in a Box – a brilliant design idea never before seen at Richard Lander School!





Learning Community Staff Charity Netball



Behold! Our Staff Community Charity Netball teams who all took part in good, friendly, competitive fun for Pentreath at the end of last month.

Pentreath is an award winning charity, based in Cornwall, which supports recovery from mental ill health and helps people to meet their potential for happy and productive lives. Offering outreach, one-to-one coaching, community connections and with 96% saying they would recommend Pentreath to their friends, they are an excellent charity to support.

Supporting Pentreath tied in with our work for Children's Mental Health Week, and the match was a fabulous occasion, full of good-natured competition, with some staff learning the rules 'on the go'...

We had over 150 spectators at the Community Netball Match, all paying 50p, so we raised £80, which is excellent. Thank you to our door staff students who made sure everyone paid up!

Huge respect and gratitude to the student officials who refereed the match. It wasn't an easy task but you managed around 50 VERY competitive staff with authority and composure! Well done!! Thank you to Mrs Doherty for organising and to everyone who supported. And congratulations to the winners - the mighty PENTIRE!



GODREVY
RLS STAFF COMMUNITY
CHARITY NETBALL



PENTIRE
RLS STAFF COMMUNITY
CHARITY NETBALL



RAME
RLS STAFF COMMUNITY
CHARITY NETBALL



TOWAN
RLS STAFF COMMUNITY
CHARITY NETBALL



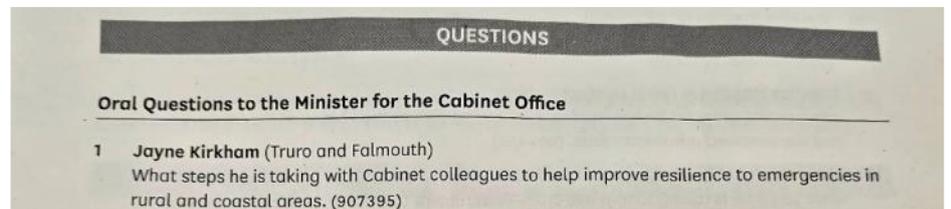
A Memorable Visit to Parliament and IWM

On Friday 23rd January, students enjoyed an incredible trip to the Palace of Westminster. The day began with an immersive Parliament 360 film, bringing British history and democracy to life.

We then toured the House of Commons, seeing exactly where the Prime Minister and the Leader of the Opposition, Kemi Badenoch, sit during debates. In the House of Lords, we observed a live debate on the Assisted Dying Bill and were fortunate to see Baroness Lawrence and Lord Gove in attendance.

Some students met Lord Cashman, who spoke powerfully about his career as an actor on *EastEnders* and his work founding Stonewall alongside Sir Ian McKellen, sharing important insights into the progress of LGBTQ+ rights.

Our guide led thoughtful discussions on current issues, including the proposal to ban social media for under-16s, and we visited the historic spot where Queen Elizabeth II lay in state, as well as the oldest part of the Palace of Westminster.





Whilst we didn't get to meet our MP Jayne Kirkham this time, it was great to open the Order Paper from the previous day and see that she had asked the very first question to the Cabinet Office about improvement in resilience to emergencies in rural and coastal areas!

Following our tour of Parliament, we walked across the Thames and into South London, taking in the sights before arriving at the Imperial War Museum. After lunch, students enjoyed free time to explore the museum, café and shop — and there was certainly something for everyone.

Some students made a beeline for the impressive vehicles, aircraft and torpedoes, while others were captivated by propaganda posters and the powerful personal stories from the World Wars.

After one final photo opportunity, we boarded the coach and headed home to Truro, grateful for a beautifully clear, calm and crisp day in London — and pleased to have avoided the stormy weather back in Cornwall!

It was an inspiring and unforgettable day of learning, discussion and history in the heart of UK democracy and defence.

A huge thank you to our fantastic students, who represented the school impeccably throughout the trip, and to our wonderful coach drivers from Williams Coach Company for getting us there and back safely.

Thank you to Parliament for subsidising our transport to London!





Harry Potter and the Cursed Child Let the Magic Begin!

The Drama department have, unsurprisingly, hit the ground running with our upcoming school production of Harry Potter and the Cursed Child!

Just before audition call backs, in the last week of January, Miss Smith and Mrs Nortje travelled to London see the Palace theatre production of HPCC and to get a special message or 2 from the actors for our students!! Head over to RLS socials to see what Joshua Sullivan—Albus, Tamia-Renée Alexandra - Rose and David Nairne shared with all of our amazing, auditioning students...

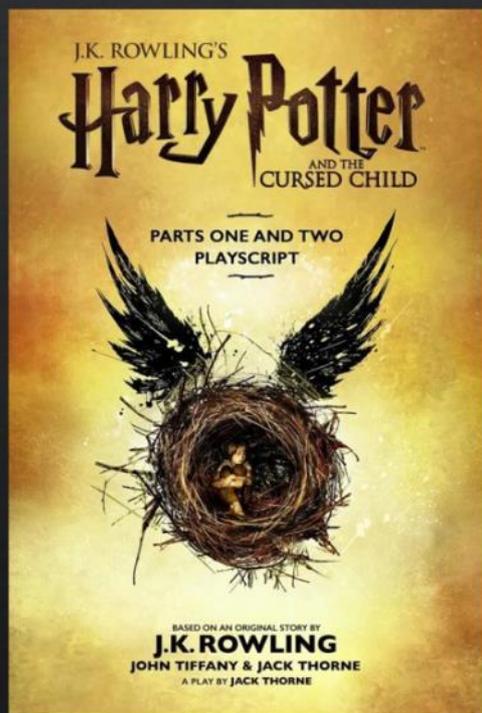
Miss Smith and Mrs Nortje also came away with pages and pages of notes and ideas for Richard Lander’s Harry Potter and the Cursed Child—to quote David Nairne, it’s going to be magic!

After over 200 auditions, the day of the final cast announcement came around on Wednesday 4th February. Students were given roles as Assistant Directors, Principals, Wand Dancers, Ensemble Cast, Tech Team, Production Assistants in what will be an epic RLS production - Congratulations to every single one of you! Parents, please watch school socials in the next few weeks for cast announcements...

The show will run from October 12th-16th, with rehearsals taking place during KS3 Tutor every Monday, Wednesday, Thursday (tech), along with Wednesday after-school rehearsals from 3pm –4/5pm.



A message for Miss Smith and Mrs Nortje



We wanted to say a huge well done to every student who sent in audition tapes, rehearsed with friends and family, applied for backstage roles, created and learnt movement routines, performed (sometimes multiple times) at call backs and gave up your time in the audition process of *Harry Potter and the Cursed Child*. The talent and dedication in this school to the performing arts is incredible and we feel so lucky to be able to work with you all.

We would love for every single person to get the role that they want, however, much like in the industry it is just not possible. We hope no matter the outcome today, you will continue to be an amazing part of what makes drama at Richard Lander so special. Please be supportive of each other as you always are, every single one of you is just as important as the other, no matter what your role!

If you have received a main part or an ensemble role, you are committing to being a part of the show, not just in the incredible show week, but through all the hard work and dedication of rehearsals. The call backs and auditions were so competitive so we expect professionalism from ALL of our cast members! Please make sure you are ready to do so before accepting the role.

Well done – we love you all – Good Luck!!!



Bonjour! Hola! Year 6 MFL Taster Day

On Friday 23rd January, we had the great pleasure of welcoming 100 Year 6 pupils from 5 local primary schools.

Students attended 3 different workshops where they learned and practised how to talk about the weather in French, how to order food and drink at a restaurant in French and how to introduce themselves and say how they are feeling in Spanish.

Accompanied by our Year 9 Languages Ambassadors, the morning was filled with activities and even a giant game of Splat! in the Main Hall!

Year 6, thank you for being such enthusiastic, excellent students!





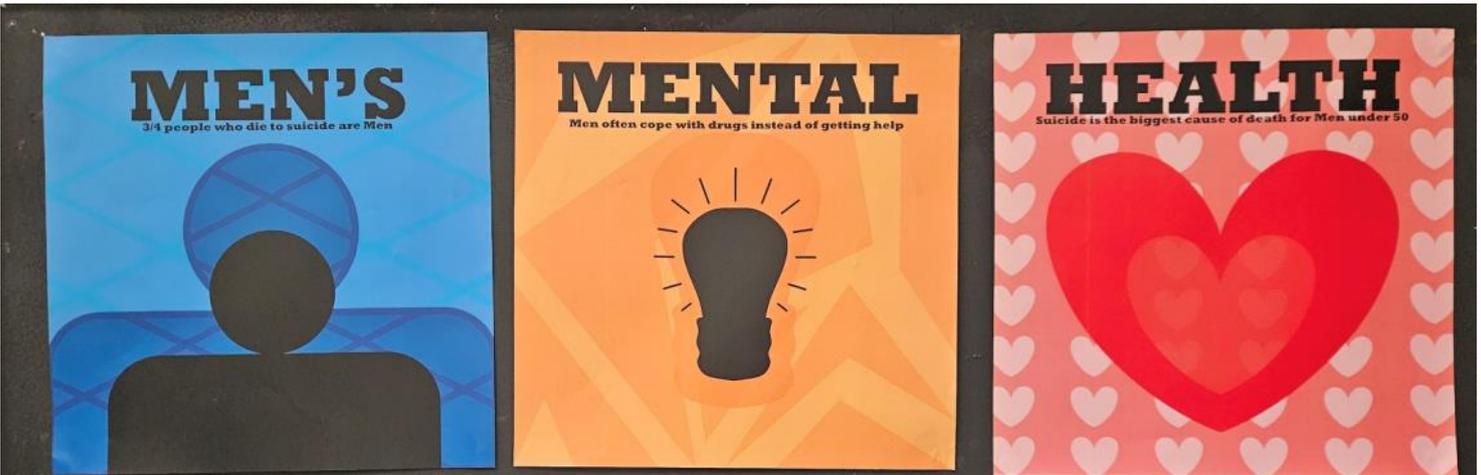
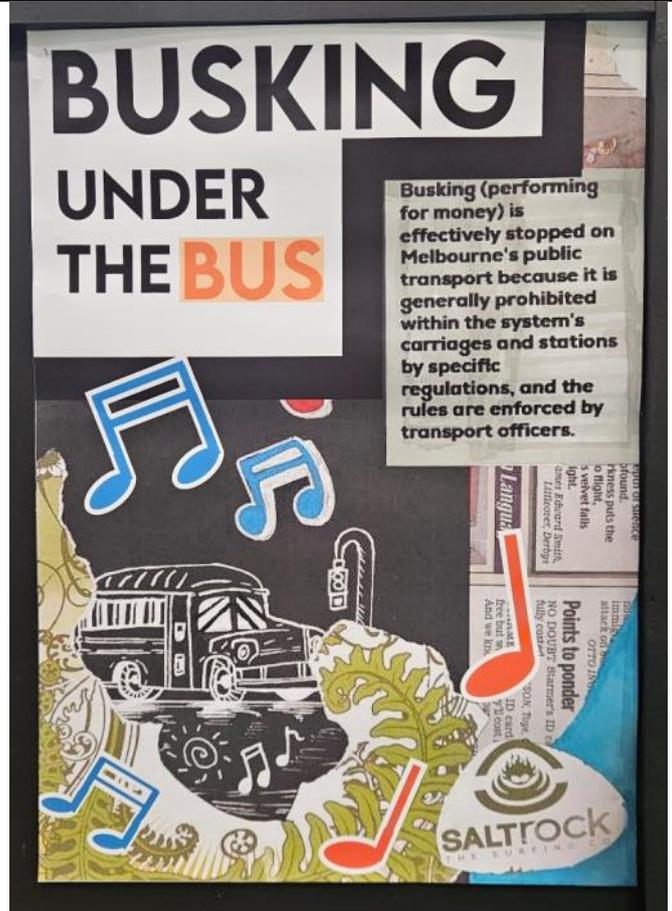
GCSE Graphics - In The News

Before Christmas, our incredibly talented Graphic Design students held their 'In the News' exhibition.

They had spent the term exploring issues 'in the news' - from the effects of the cost of living crisis, to the mental health epidemic, to BLM, to Roe Vs. Wade and beyond.

They created very moving graphics communicating these topics in powerful, accessible ways.

Here are some of the pieces which were on display. We love the variety of materials used, the design ideas and the undeniable impact of the message.

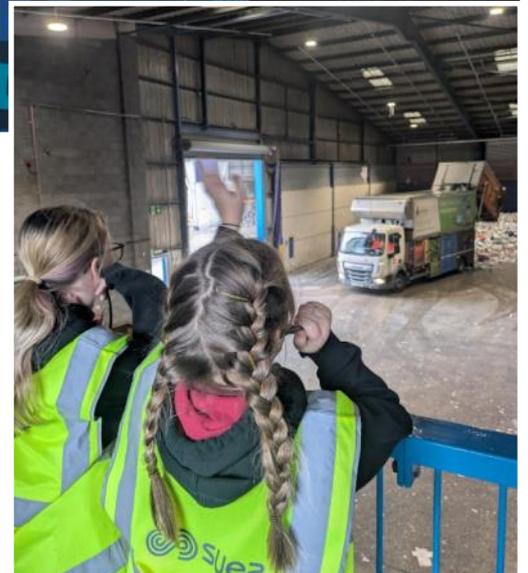




Eco Team visit SUEZ Recycling Centre

Last week, our Eco Team students visited the SUEZ Recycling Visitors Centre to learn all about the journey of waste here in Cornwall. They had a fantastic time touring the recycling facilities and seeing first-hand how waste is sorted and processed. The interactive displays were a big hit — especially The Reduce Show news desk, where students got the chance to step into the spotlight and become newsreaders for the day!

A huge thank you to the team at SUEZ for such an engaging and informative visit, helping our students better understand the importance of reducing, reusing and recycling.



Holocaust Memorial Day - Remembering and Reflecting

On 27th January, students are took part in Holocaust Memorial Day in tutor time, using resources from the Holocaust Memorial Day Trust to learn why this day matters and how we can carry its lessons forward.

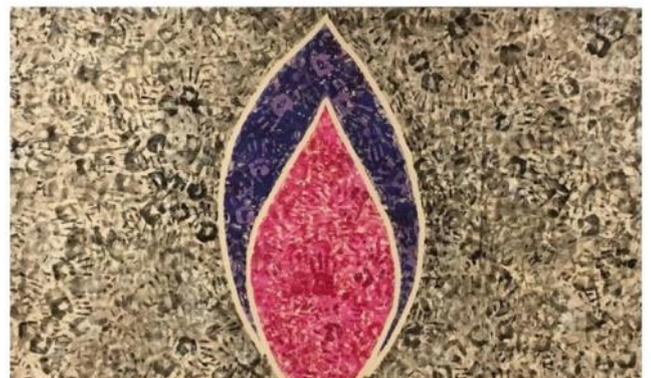
“We remember the six million Jewish men, women and children who were murdered in the Holocaust, and the millions more murdered under Nazi persecution. We learn and commemorate where persecution led in Cambodia, Rwanda, Bosnia and Darfur. This day encourages us to stand against prejudice and hatred, challenge discrimination wherever we see it, and work together for a more compassionate and tolerant future.”

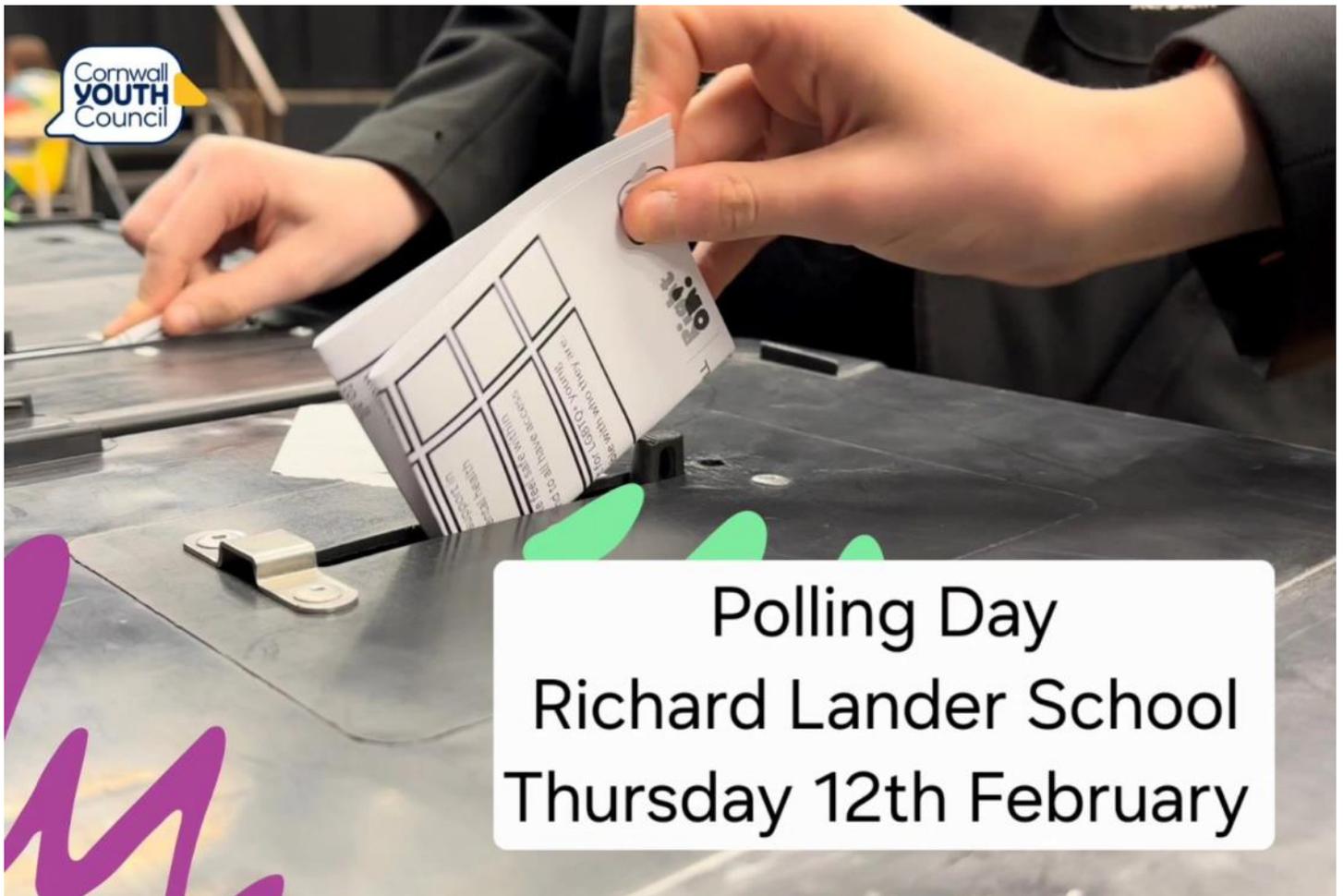
Thank you to all students for taking the time to reflect respectfully.

More information about Holocaust Memorial <https://hmd.org.uk/what-is-holocaust-memorial-day/>

WHAT IS HOLOCAUST MEMORIAL DAY?

We promote and support Holocaust Memorial Day - the international day on 27 January - which marks the anniversary of the liberation of Auschwitz-Birkenau, the largest Nazi death camp.





Polling Day Richard Lander School Thursday 12th February

Next Thursday all students will be taken to the school hall to vote for in the Cornwall Youth Council election.

Voting is anonymous and students are asked to select the campaign they think is most important or relevant to them. Campaigns include a wide range of areas including improved sports facilities, wellbeing services and student voice. Students will vote for a pledge/statement rather than an individual.

From Cornwall Youth Council

Cornwall Youth Council is a group of young people age 11+ who make sure the views of children and young people are heard by decision makers. We are holding voting at our school to elect the next group of members! There are 18 elected members in total, three from each parliamentary constituency area.

Taking part gives students valuable experience voting, making choices, and sharing their views on what matters most to them. It also helps them become more informed about the role of elections and the democratic process, so they are ready to exercise their vote in general and local elections. The results will be shared with students in April.

3 Richard Lander School students are standing as Cornwall Youth Council candidates but, in the spirit of the election process, we can't tell you what their statements are. We do, however, wish them all the best and hope that they are successful!



Students Learn to Talk The Talk

Richard Lander School was delighted to welcome a series of engaging public speaking workshops designed to help students develop confidence, communication skills, and the ability to speak clearly in front of others.

The workshops, delivered by Talk The Talk, provided students with valuable opportunities to practise speaking in a supportive and structured environment. Following specialist staff training, the programme was introduced in school to strengthen students' oracy and presentation skills.

Throughout the sessions, students worked in small groups to develop ideas, prepare short presentations, and build their confidence step by step. They then had the chance to present their work in front of a larger audience, demonstrating impressive progress in both delivery and self-belief. The workshops encouraged teamwork, creativity, and resilience, with students learning how to express themselves effectively and speak with clarity and confidence.

We are extremely proud of how well our students embraced these workshops. Developing communication skills is essential for their future success, and this has been a fantastic start.

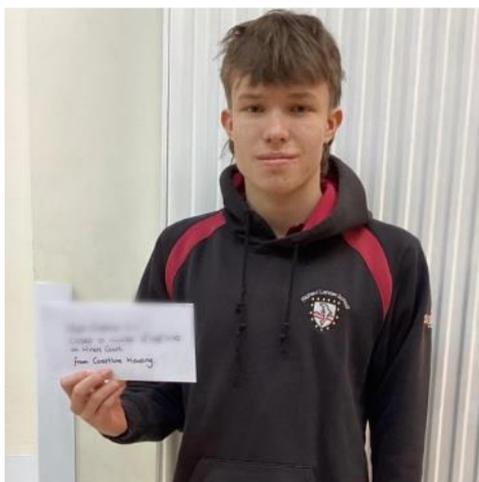
The school is committed to continuing this work, and more opportunities to use Talk The Talk strategies will be built into everyday lessons. This will ensure that all young people can develop as confident, capable public speakers who are ready to share their ideas and succeed both in school and beyond.



Careers Fair Competition Winners!

Congratulations to these students who were winners in the Coastline Housing competitions, at our annual Careers Fair!

- Freya and Holly – completed the Fish Game in under 1 minute — an amazing achievement!
 - Noah – came closest when guessing the number of roof tiles on the Miners Court building. This was a tricky challenge, made even more complicated by the addition of solar tiles and the size and shape of the building.
- A huge well done to you all — enjoy spending your £15 Amazon voucher prizes





ARB Bird Watchers

Well done to our ARB students who took part in the RSPB Big Garden Birdwatch in January. This activity involved spending an hour counting the birds you see in your garden or local park.

Our students walked to Halbullock Moor Nature Reserve to spot, listen to and identify birds using their knowledge, the free RSPB guide and a birdsong app!

They also put their design technology skills to good use and made bird feeders.



UKMT Challenge Day!

Well done to the four Year 9 & Year 10 classes and one Year 11 who took on the UKMT Intermediate Mathematical Challenge this year.

The event took place on 28th January and consisted of a 60 minute, 25 multiple-choice question challenge designed to stretch mathematical reasoning, precision of thought, and problem-solving skills with questions that are accessible and seriously thought-provoking.

The Intermediate Maths Challenge rewards careful thinking, logical reasoning, and mathematical fluency. We look forward to receiving the results.



**United Kingdom
Mathematics Trust**



Congratulations to every single student who earned merits in the last month — your hard work, positive choices and commitment to your studies will pay off, well done!

Remember — every merit you earn contributes to Tree planting in Uganda through our annual donation, delivered by the Lander4Uganda team. Student also receive reward certificates, bronze, silver, gold, platinum... and entries into prize lotteries each term to win sweets for their tutor groups and electronics or vouchers for themselves.

Keep working hard, stay focused, and continue showing the best version of yourselves. All those merits really do add up!

Richard Lander School
Merits: Top Performing Tutor Groups
Week Ending 23/01/2026

Congratulations to the following tutor groups who lead the merits table with the highest average merits per student last week!

GODREVY - GAMr - 13.72
PENTIRE - PRSe - 14.04
RAME - RANr - 17.04
TOWAN - TTWi - 16.00
YEAR 10 - 10TTCo - 13.81
YEAR 11 - 11RHMa - 13.78

Richard Lander School
Merits: Top Performing Students
Week Ending 23/01/2026

Last week, our top 2 performing students in each community were..

Leah M-C (GIWi) **Will B (GAMr)**
Alexa N (PCHi) **Oliver M (PSMn)**
Amelie S (RRUr) **Paige H (RAGe)**
SJ R-J (TAWa)
Sophie W (TAWa)
Connor C (10LDo)
Joshua O'S (10PLWi)
Cameron M (11REHy)
Isaac J (11GTSh)

Richard Lander School
Merits: Top Performing Learning Community – Week Ending 23/01/2026

Last week, our top performing Learning Community with the highest merits per student was..

Towan
14.87!!

..with an average merits per student of...

Richard Lander School
Merits: Top Performing Tutor Groups
Week Ending 30/01/2026

Congratulations to the following tutor groups who lead the merits table with the highest average merits per student last week!

GODREVY - GLWy - 17.63
PENTIRE - PSMn - 17.38
RAME - RANr - 17.38
TOWAN - TACo 18.41
YEAR 10 - 10TTCo - 33.96
YEAR 11 - 11RHMa - 35.74

Richard Lander School
Merits: Top Performing Students
Week Ending 30/01/2026

Last week, our top 2 performing students in each community were..

Leah M-C (GIWi) **Eve D (GJHk)**
Alexa N (PCHi) **Eliza H (PRJe)**
Rupert S (RRRo) **Hasan U (RANr)**
Maisie A (TACo)
Aurora McC (TCAb)
Albert M (10PJHt)
Ellie L (10PBLk)
Cameron M (11REHy)
Daisy B (11PJAm)

Richard Lander School
Merits: Top Performing Learning Community – Week Ending 30/01/2026

Last week, our top performing Learning Community with the highest merits per student was..

Year 11
32.20!!

..with an average merits per student of...

Richard Lander School
Merits: Top Performing Tutor Groups
Week Ending 02/02/2026

Congratulations to the following tutor groups who lead the merits table with the highest average merits per student last week!

GODREVY - GJHk - 41.20
PENTIRE - PCHi - 41.35
RAME - RFHa - 44.46
TOWAN - TPCo 44.27
YEAR 10 - 10GRWi - 14.04
YEAR 11 - 11GJDi - 14.83

Richard Lander School
Merits: Top Performing Students
Week Ending 02/02/2026

Last week, our top 2 performing students in each community were..

Leah M-C (GIWi) **Sophie B (GHSt)**
Alexa N (PCHi) **Oliver M (PSMn)**
Imogen T (RTWw) **Paige H (RAGe)**
Kerys W (TEBa)
Oliver H (TTWi)
Albert M (10PJHt)
Nicola C (10PJHt)
Arlo B (11GBLe)
Sorcha K (11GBLe)

Richard Lander School
Merits: Top Performing Learning Community – Week Ending 02/02/2026

Last week, our top performing Learning Community with the highest merits per student was..

TOWAN
41.68!!

..with an average merits per student of...



RLS PE & SCHOOL SPORT

Very well done to our Year 10 & 11 Girls Hockey team, pictured above, who played Truro High School in January and came away with a rather pleasing win!

South West Milano Gymnastics Competition – Regional Results!

Huge congratulations to our talented students who competed at the South West Milano Gymnastics Competition held at Kingsley School, Devon at the end of January!

All 3 teams have qualified for Nationals! What an incredible achievement for everyone involved. There were also excellent individual results:

- * Delilah – 3rd place in South West Under 13s
- * Mawgan – Under 16 Boys Champion
- * Laila – 2nd place in Under 16s
- * Sophie – 3rd place in Under 16s

In addition, Mawgan got highest floor score of the day, he was just 0.05 ahead of Laila who got the 2nd highest! Mawgan also assisted with judging in the morning.





Cross Country Success

On a sunny, early Spring morning 16 of our students gave up their Saturday morning to take part in the Cornwall Schools Cross Country Championships held at Truro School. In near perfect conditions our students gave everything in an extremely high level competition, showing great resilience and determination to complete the tough distances, against some of the best young runners in the County.



These were the individual highlights from the day;

Year 7 Girls - Anna – 10th, Iris – 17th

Year 7 Boys - Seb – 2nd, Jack - 10th, Archie – 15th, Henry – 17th

Year 8/9 Boys Oli – 1st.

Year 10/11 Girls Sophie – 15th

The team highlight was a 2nd place finish for our Year 7 boys team, who were, Seb, Jack, Archie, Henry, Oliver and Aadi.

Huge congratulations to Seb in Year 7 who achieved a silver medallist place and to Oli in Year 9 who went one better, winning Gold in the Year 8 and 9 Boys race. Oli and Seb are shown in the photo's attached.

It's pleasing to report that following this race Seb, Anna, Oli and Sophie have all gained selection to run for Cornwall at the South-West in Exeter in early February, and we wish them all the best for this race.

Many thanks to all those students who represented RLS in this competition and we look forward to them featuring in future Cross Country events and as we move into the Athletics season in the summer term.





RLS PE & SCHOOL

RLS U16—SOUTH WEST REGIONAL SCHOOLS NETBALL FINALISTS

This weekend, our Under-16 girls Netball Team travelled to Bournemouth for the South West Regional Schools Netball Final. In their final opportunity to represent Richard Lander School, they made us incredibly proud, facing tough opposition and securing a brilliant win against Cheltenham Ladies' College.

An outstanding achievement to qualify for this event, and a pleasure to watch the girls develop and play such excellent netball over the years — what a special way to end their RLS netball journey!

Miss Tonkin

RLS WEST CORNWALL FOOTBALLERS THROUGH TO NATIONAL CUP QUARTER FINAL

Congratulations to Thea, Suzy, Izzy, Daisy & Emily (right) who, as well as being RLS football legends, also are all in the West Cornwall U12 team, and, with West Cornwall, they have made it into the Quarter Final of the National Cup!

They play Brighton on Saturday 7th Feb and we wish them the very best of luck.





PE and School Sport



Key Stage 3

Key Stage 4

Lunchtime Clubs – Spring Term 2026

	Key Stage	Timings	Lunch arrangements	Activity/Facility	Changing & Meet	Staff Member
Monday	3	1.15-1.57	Students should have lunch at 1pm	Boys Hockey/Astro.	Meet in the changing rooms.	NST
				Basketball/Sports hall Year 8 only	No changing, meet in the sports hall.	HAN
				Girls Games Wk A – Year 7 Only Wk B – Year 8&9 Only	No changing, meet in the Gymnasium	LCK/NTO
				HRF – Group 3 Girls only	No changing, meet in the HRF room	EHU
Tuesday	4	1.03 – 1.45	Students should have lunch at 1.45	Volleyball/Sports hall Year 10 only	No changing, meet in the sports hall.	RPR
				Mixed Hockey/Astro.	No changing, meet at the sports hall cupboard.	NST
				HRF – Group 3 Boys & Girls only	No changing, meet in the HRF room	HAN
Wednesday	3	1.15-1.57	Students should have lunch at 1pm	Basketball/Sports hall Year 7 only	No changing, meet in the sports hall.	JWI
				HRF – Group 3 only	No changing, meet in the HRF room	LST
Thursday	3	1.15-1.57	Students should have lunch at 1pm	Girls Football/Astro.	No changing, meet at the astro.	RPR
				Girls Active – Group 2 & 3 Girls only	No changing, meet in the Gym	LCK
				Basketball/Sports hall Year 9 only	No changing, meet in the sports hall.	NTO
Friday	4	1.03 – 1.45	Students should have lunch at 1.45	Indoor Games/Sports hall Year 11 only	No changing, meet in the sports hall.	JWI
				Dodgeball/Gym Year 10 only	No changing, meet in the Gym	NST
				Girls Football/Astro.	No changing, meet at the astro.	RPR/EHU

Clubs are open to both boys and girls unless otherwise stated. Students must be on the register for the club should they wish to attend.

PE and School Sport



Key Stage 3

Key Stage 4

Key Stage 3&4

After-school Clubs – Spring Term 2026

	Year group	Timings	Activity	Facility	Staff Member
Monday	Years 8 - 11	3.15 – 4.15	Performance Netball	Sports hall	LST
	Years 7, 8 & 9	3.15 – 4.15	Girls Football	Astro./Fields	RPR, HAN, THA
Tuesday	Years 7, 8, 9 and 10	3.15 – 4.15	Football	Fields	RPR, JWI, NST, JBR, HNA
	Year 8 & 9	3.15 – 4.15	Hockey	Astro.	NTO/EHU
Wednesday	Years 7-11 (Competition only)	3.15 – 4.15	Gymnastics	Gymnasium	EHU
	Year 7	3.15 – 4.15	Hockey	Astro.	LCK/LST
Thursday	Years 7-11	3.15 – 6 (Depending on venue and travel)	Football & Hockey Fixtures	Schools Fields/Courts	All PE staff
Friday	Years 7-9 (Invite only)	3.15 – 4.15	Performance Netball	Sports hall/courts	NTO
	Years 7-11 (Competition only)	3.15 – 4.15	Gymnastics	Gymnasium	EHU

Clubs are open to both boys and girls unless otherwise stated. Students must be on the register for the club should they wish to attend.



Creative Arts - Artist of the Week

Every week the Art department choose an Artist of the Week. Their work is shared on the digital signage around school, here in the bulletin and on school social media. Thank you for brightening our day with your marvellous work.

W/E 23rd January 2026 - Thommy S

Well done to Thommy S in Year 9 for her accurate technical portrait drawing. This shows excellent understanding of shape, layout and proportion to capture realism and likeness.

W/E 30th January 2026 - Bobbie W

Well done to Bobbie in Y9 who responded creatively to the work of the graphic artist Michael Craig-Martin to interpret her own still life of random objects. Bobbie explored the visual elements of line, shape, scale and colour to compose her paintings. A super interpretation!



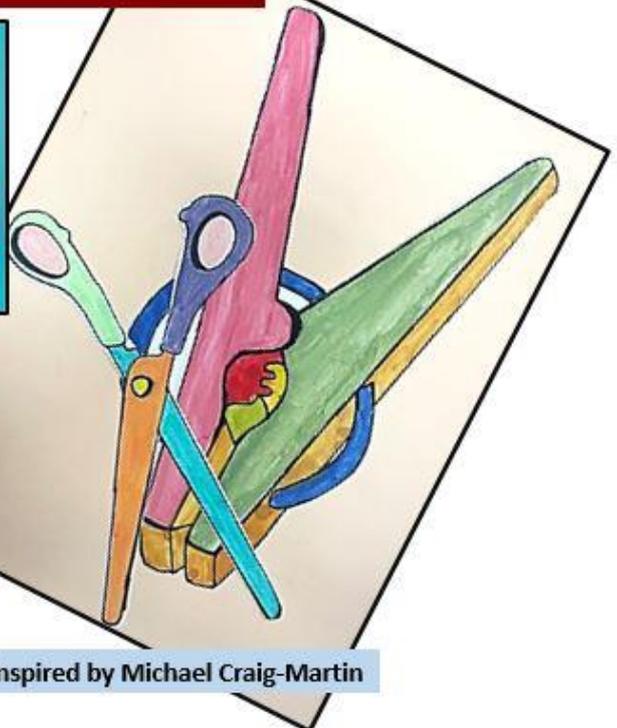
Richard Lander School
'ARTIST OF THE WEEK'
THOMMY S - YEAR 9



Self – Portrait?



Richard Lander School
'Artist of the Week' – Bobbie W. Year 8



Still life paintings inspired by Michael Craig-Martin



How long should my child be off school?



Richard Lander School

High (38+) Temperature Return when temperature has returned to normal	Tonsillitis No need to stay off but school should be informed	Hand, foot & mouth No need to stay off but school should be informed	Glandular Fever No need to stay off but school should be informed	Cough, Cold Sore Throat No need to stay off school	Impetigo Until lesions are crusted & healed or 48 Hours after commencing antibiotics
Measles or German Measles 4 days from onset of rash	Mumps 5 days from onset of swelling	Scabies Until after first treatment	Scarlet Fever 24 hours after commencing antibiotics	Diarrhoea or Vomiting If a single incident, next day if recovered.	Conjunctivitis No need to stay off but school should be informed
	Chicken Pox Until all spots have crusted over	Head Lice No need to stay off but school should be informed	Threadworms No need to stay off but school should be informed	Sickness Bug 48 hours from last episode of diarrhoea or vomiting	

LANDER4UGANDA FUNDRAISER!

The Driftwood Spars



DRIFTWOODSPARS, ST AGNES



Coastal Influences Wine Tasting

Raising money for Lander For Uganda



FRIDAY 8TH MAY

6:30PM - 9PM

Experience stunning wines from around the world influenced by our oceans.

Book online now: <https://driftwoodspars.co.uk/events/>



Do you know the law?

ELECTRIC SCOOTERS

An Electric Scooter (E-Scooter) falls under the category of a powered transporter and is classed as a motor vehicle under the Road Traffic Act 1988. This means the same rules that apply to motor vehicles also apply to E-Scooters. This includes licencing, MOT, Tax and insurance.

OWNING AND USING AN E-SCOOTER

It is not currently possible to get insurance for privately owned E-Scooters. This means it is illegal to use them on any public land including roads, pavements, cycle lanes, bridleways, beach fronts, or any other public areas such as parks and carparks.

OFFENCES YOU MAY BE COMMITTING

Driving without insurance, driving without a licence, driving on a pavement, using a handheld mobile device whilst driving, driving whilst under the influence

WHERE CAN A PRIVATE E-SCOOTER BE USED

Currently E-Scooters can only be used on private land with the landowner's permission. It is effectively illegal to use them on any public road, pavements or any other public land.

If you use a privately owned E-Scooter on public land, you risk it being seized under section 165 of the Road Traffic Act or Section 59 of the Police Reform Act. If serious injury is caused to a person whilst using an E- Scooter, the incident will be investigated in the same way it would be if you were driving a motorcycle or motor vehicle.

RENTAL E-SCOOTERS

You can rent E-scooters in certain parts of the UK through rental trials. Where there is a rental scheme in place, rental E-scooters can be used on public roads, some cycle lanes and other public places. Relevant road traffic Laws must still be followed. There are currently no rental trials in Cornwall.



Threemilestone Amateur Dramatics Society Presents

it's behind

YOU!

A funny, funky, spooky PANTO with soul



*choreography by
Ruby-Mae Pirie*

*written & directed by
Gary Smith*

February 5-7 @ 7:30pm

February 7 @ 2:30pm

Featuring RLS Students!





LANDER4UGANDA

VALENTINE'S ROSES

**FOR SALE OUTSIDE
STUDENT RECEPTION**



- ♥ **BUY A PAPER ROSE
OR LOVE HEARTS**
- ♥ **COMPOSE A MESSAGE**
- ♥ **YOUR VALENTINE'S GIFT
WILL BE DELIVERED TO
YOUR LOVED ONE**



£1

ROSE/LOVE HEARTS £1

£2 FOR BOTH

*Your
message
here*

Make your special someone's day!



Richard Lander School
Staff and Student



Valentine's Bake Off



50p to enter with
all proceeds going
to charity



Bring your bake to Room 219
in the morning for judging at
lunch time. Prizes for the
winner





RICHARD LANDER SCHOOL

second-hand uniform shop



	OUR PRICE	RETAIL
HOODIE	£10	£30.44
POLO SHIRT	£5	£9.73 - £11.68
SKIRT	£5	£16.22 - £22.06
TROUSERS (BOYS)	£5	£15.14 - £20.77
TROUSERS (GIRLS)	£5	£15.14 - £20.76
SHORTS (UNISEX)	£5	£18.39 - £22.71

Prices are discretionary depending on condition.

All proceeds to Lander4Uganda.

All queries to

uniform@richardlander.cornwall.sch.uk

