



	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Reporting Y7		CfCs		BfL & LAL			BfL & LAL				BfL & LAL	
Year 7	- An Introduction to Personal Development - Getting to know each other and our school - Unit 1: Healthy living and responsible health choices; to include physical and mental health and the importance of sleep and exercise.		Unit 2 : Puberty, emotional health and wellbeing		Focus on Anti-Bullying Week What is body shaming? How do we protect our self-esteem? Self esteem , the importance of a healthy diet and the risks involved with caffeine and energy drinks		The dangers of illegal drugs and the risks of smoking and vaping, the risks involved with social media and FGM.		- Safety during the summer holidays - The importance of sunscreen and other methods to prevent skin cancer - Beach safety *Friendship what makes a good friend, what happens when things to wrong?		Curriculum Enrichment Week	
Reporting Y8		CfCs		BfL & LAL			BfL & LAL				BfL & LAL	
Year 8	Self esteem, reproduction including menopause and the birth of a baby. * Sex and the law * What is meant by consent?		Staying safe - First Aid, the condom as a method of staying safe, other forms of contraception, HIV and AIDs awareness. Body image and pornography.		Smoking and addiction . A focus on Cannabis and the links with poor mental health. Students will have a lesson with our community police officer.		Sexuality , toxic friendships, conflict and domestic conflict, running away, disability.				Curriculum Enrichment Week	
Reporting Y9		CfCs		BfL & LAL			BfL & LAL				BfL & LAL	
Year 9	Unit 1: Achieving good mental health what is anxiety and how can we manage it? Body Image, self-harm		Unit2: Living Responsibly rights and responsibilities, youth offending, human trafficking and exploitation.		Unit 3: Careers help with supporting the option process and the use of Career pilot to investigate job opportunities and progression, Information about the local labour market. The importance of the application of skill, new and emerging technologies.		Unit 4: Homelessness and child exploitation		Unit 5: Relationships and Diversity - Growing up gay. Domestic abuse.		Curriculum Enrichment Week	
Reporting Y10		CfCs		BfL & Grades		CfCs	BfL & Grades				BfL & Report	
Year 10	Unit 1: Mental Health and wellbeing		Unit2: Relationship education An exploration of the issues surrounding rape and sexual harassment.		Unit 3 what is revenge porn? Forced marriage, what is abuse and what forms can it take?		Alcohol and illegal drugs education, county lines, input from local police schools liaison officer.		Preparation for work experience , C.V writing, health and safety. Materials provided by careers coordinator and the school package, 'career pilot'.		Work Experience Week	
Reporting Y11		CfCs & Grades		Rep & Grades		CfCs & Grades	BfL & Grades					
Year 11	Unit 1: Mental Health and wellbeing - a focus on psychosis and suicide.		Unit2: Sex and Relationships planet earth or planet porn?		Unit 3: Staying safe on a night out , pre-ordering a taxi, minding your drinks, conflict resolution, how to get help, apps such as Hollie Guard. What to do if a friend is in trouble.		Unit 4: Finance and budgeting		Revision support and GCSE exams			